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CYBER SECURITY FOR
BUSINESSES

OFFICE OF THE
PUBLIC ADVOCATE
INFORMATION

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The Kapers is produced by the Kalannie Community Resource Centre

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Opening Hours

Mon - 9.30am - 4.30pm

Tues - 9.30am - 4.00pm

Wed - 9.30am - 4.00pm

Thur - 9.30am - 4.00pm

Fri - 9.30am - 4.00pm

The Kapers is a free electronic weekly newsletter and runs for 50 weeks.

Submission deadline for advertising is Monday 1.00pm

Email submissions to: kapers@kalannie.com.au

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The Kapers is supported by the



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KALANNIE

M&T update

Join the CBH Marketing & Trading team to catch up on grain and fertiliser markets

Dinner and drinks provided

Thursday 23 July
6 – 9pm

(after footy training)

The Kennel
Sanderson Terrace, Kalannie

RSVP by 16 July
Darcie.Jolly@cbh.com.au
0427 083 887



Paper Application Forms Available at the CRC

If you are unable to, or do not wish to use the ServiceWA app to claim your Fuel Support Payment, there is an alternative manual claim option available.

Claims made through the alternative channel will take up to 8 weeks to process. You will receive an email update from the Fuel Support Payment program team to your nominated email address, with relevant status updates.



Wheatbelt Community Calendar

July

Sun	Mon	Tue	Wed	Thur	Fri	Sat
			1 Wheatbelt Community Legal Centre @CRC 11am	2 Scoot to School	3 Wheelie Bin Sticker Design Session @ CRC 3.30pm	4 Kalannie BYE School Holidays
5	6	7	8	9	10	11 CWFL Country Week BYE
12	13	14	15	16	17 CWA Meeting 10.00am 	18 Kalannie v Bencubbin
19	20 Schools Back 	21	22	23 CBH M&T Update @ The Kennel 6pm	24	25 Beacon v Kalannie
26	27	28 Shire Council Meeting @ Dalwallinu Shire 5.00pm	29	30	31	

Disclaimer: The views expressed in articles published in this newsletter are not necessarily the views of the Kalannie CRC or any volunteer who may work to produce this publication. The Editor has the right to withhold, edit or abbreviate any items as considered necessary. No responsibility is accepted for the accuracy of the information presented. No liability is accepted. Thank you

Wheatbelt Community Calendar

August

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thur</i>	<i>Fri</i>	<i>Sat</i>
30	31					1 Kalannie v Mukinbudin
2	3	4	5	6	7	8 Koorda v Kalannie
9	10	11	12	13	14	15 Kalannie BYE
16	17	18	19	20	21 CWA Meeting 10am 	22 Semi-Finals in Kalannie
23	24	25 Shire Council Meeting @ Dalwallinu Shire 5.00pm	26	27	28	29 Preliminary Finals in Koorda

kapers@kalannie.com.au
Phone: 9666 2194

Submissions to be received prior to
1pm Mondays

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Shire Notices

Place of wheat and wattle....

Avon Waste 2026-2027 Recycle Calendar

July 2026

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
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August 2026

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30	31					

September 2026

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October 2026

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November 2026

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29	30					

December 2026

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January 2027

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31						

February 2027

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28						

March 2027

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28	29	30	31			

April 2027

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25	26	27	28	29	30	

May 2027

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23	24	25	26	27	28	29
30	31					

June 2027

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13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

Wubin, Buntine & Kalannie

Dalwallinu & Pithara



WHAT CAN GO INTO YOUR RECYCLE BIN

- Glass - All glass and ceramics, whole and broken
- Plastic - All plastic containers and plastic wraps (empty with lids off)
- Paper - All paper, junk mail and glossy magazines
- Cardboard - All cardboard products
- Aluminium & Steel - All metals, steel & aluminium excluding aerosol cans
- Liquid Paperboard - Milk, juice and laundry detergent cartons.

There will be NO changes to the service over the Christmas Period.



Planning For The Future

In June we hosted an online information session run by the Office of the Public Advocate on planning for the future. This session was about informing people on who would have the legal power to make decisions on their behalf.

We now have some brochures with more information available at the CRC as well as power of attorney information kits. So if you would like to learn more about it or know someone who could benefit from this information. Please call in to the CRC and pick one up.

You can read more information about what is involved in the process on pages 24 - 27 of this issue of the Kapers.



Staff at the Office of the Public Advocate (OPA) provide help and support to adults who have a disability that affects their capacity to make decisions in their own best interests.




Who appoints guardians and administrators
 The State Administrative Tribunal appoints guardians and administrators. To apply for a guardian or administrator to be appointed for a person, you need to complete an application online via the eCourts portal: ecourts.justice.wa.gov.au
 If you need assistance to complete an application, please contact the State Administrative Tribunal.

State Administrative Tribunal
 Telephone: (08) 9219 3111 or 1300 306 017
 eCourts portal: ecourts.justice.wa.gov.au
 Website: www.sat.justice.wa.gov.au

Planning for your future
 You can choose who would have the legal power to make decisions on your behalf if you lost capacity by completing an Enduring Power of Attorney form (for property and financial decisions) and an Enduring Power of Guardianship form (for personal, lifestyle and treatment decisions).
 For more information visit the website: www.publicadvocate.wa.gov.au

For more information:
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Introducing AusAlert™

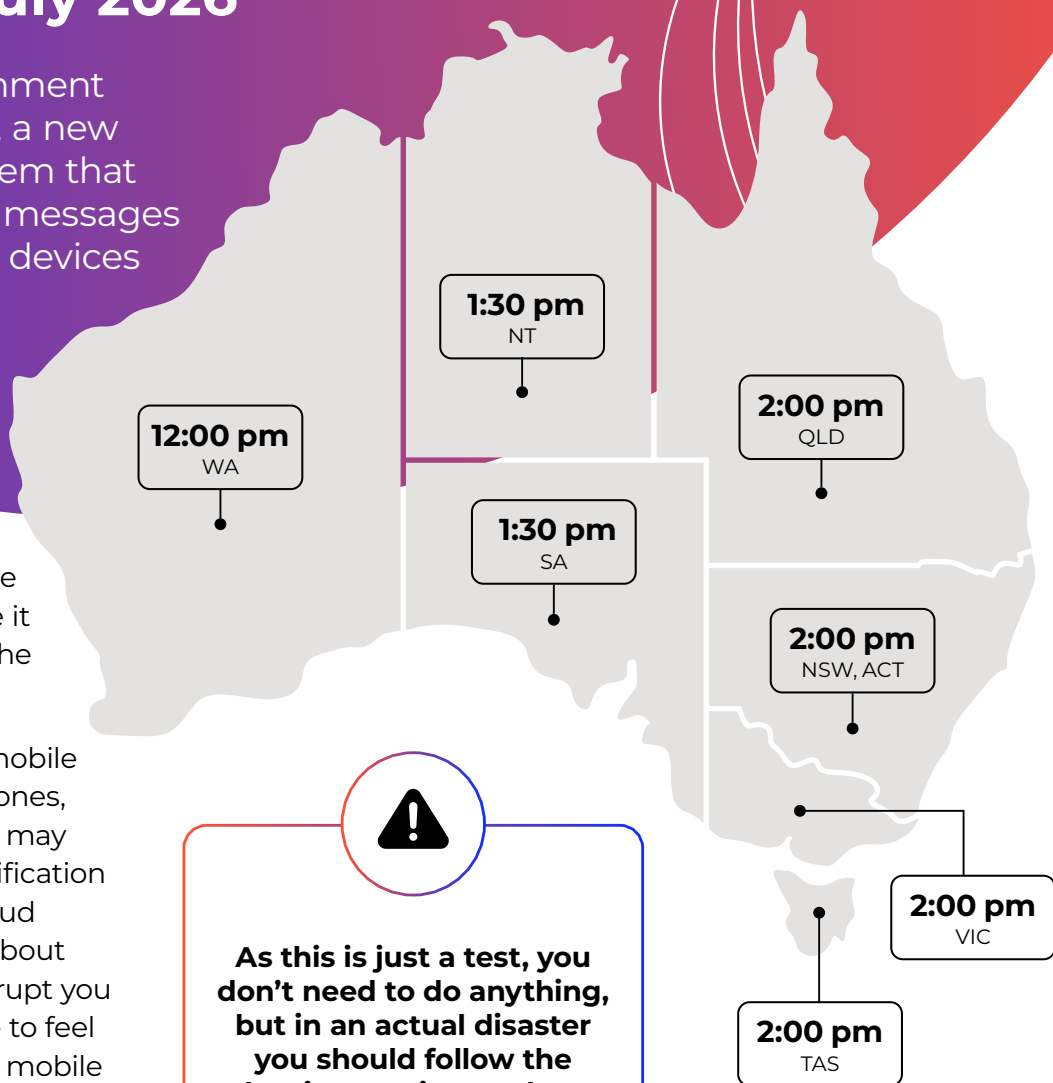
and the AusAlert national test

Monday 27 July 2026

The Australian Government is launching AusAlert, a new national warning system that can send emergency messages to compatible mobile devices in times of disaster.

AusAlert will be ready to use in October 2026, but before it launches, we need to test the system across Australia.

On **Monday 27 July**, your mobile devices, such as mobile phones, tablets and smart watches, may receive a test alert. The notification will vibrate and include a loud siren-like sound that lasts about 10 seconds. If this could disrupt you or cause you or a loved one to feel unsafe, please turn off your mobile devices or switch them to aeroplane mode before the scheduled test time in your location, and leave them off for at least one hour.



As this is just a test, you don't need to do anything, but in an actual disaster you should follow the alert instructions to keep yourself and others safe.

Introducing AusAlert™

In October 2026, the Australian Government is launching AusAlert – a new national warning system that uses the latest technology to send emergency messages to compatible mobile devices.



What is AusAlert?

AusAlert is a fast and reliable way to help communities be informed and better prepared during local and national emergencies.

What is AusAlert for?

AusAlert gives the Australian Government and state and territory emergency services organisations the ability to send national or local alerts about disasters. These could be natural hazards such as bushfires, floods, cyclones and tsunamis, or events like public health emergencies, security threats or biosecurity incidents. It's just one of the many ways we're helping to keep Australians safer in times of disaster.

How does AusAlert work?

AusAlert uses the latest technology to send near-instant emergency messages to compatible mobile devices during disasters.

What are the different types of AusAlert?

There are 2 main types of AusAlert:

- **Critical Alerts** are used for the most serious emergencies. They can't be opted out of.
- **Priority Alerts** are used for emergencies where there is a heightened level of threat because conditions are changing. They can be opted out of.

What will be included in an AusAlert?

An AusAlert will be written in English and will let you know the type of emergency, where it's located, how serious it is and how to respond. It will also tell you the name of the emergency organisation that has sent the AusAlert and where to find more information about the emergency.

What does an AusAlert look like?

Depending on your device type and operating system, an AusAlert message will look something like this:



The AusAlert messages shown on screen are examples only and not real AusAlerts.

What does an AusAlert sound like?

A **Critical Alert** will cause your mobile device to vibrate and will be delivered with a loud siren-like warning sound that lasts about 10 seconds. It will make this noise even if you've set your device to 'silent' or 'do not disturb' mode.

A **Priority Alert** may vibrate and include a siren-like warning sound, but exactly how it is delivered will depend on your settings, device type and operating system.

Is an AusAlert a text message?

No, an AusAlert isn't an SMS or text message – it's an 'alert'. It will appear as a notification on your mobile device's screen and will show up during phone calls, app use, and on lock screens. You'll need to close the notification once you've seen the message, otherwise it will remain on your screen.

What do I do if I receive an AusAlert?

You should read and understand the AusAlert and follow the instructions to keep yourself and others safe.

Should I wait until I receive an AusAlert to act in an emergency?

It's important you don't wait to receive an AusAlert before acting in a disaster. You must still prepare yourself, have an action plan and be proactive. AusAlert is just one way to stay safe. Turn on local or national TV or radio, check emergency services apps, or search online for more information about the emergency.

Will my mobile be able to receive an AusAlert?

Mobile devices such as compatible mobile phones and some tablets and smart watches will be able to receive an AusAlert message. AusAlerts are expected to work on iPhones 11 and up running iOS 26.4 or later and Android phones and tablets running Android 12 or later. Always install the latest software updates on your device when asked so you're ready to receive AusAlerts.

What if I don't want to receive an AusAlert?

AusAlerts contain important information and should be turned on to help keep you safe. You can't opt out of a Critical Alert. The only way to not receive a Critical Alert is to turn your mobile device off or switch it to aeroplane mode. You can opt out of an AusAlert Priority Alert. For more information, visit ausalert.gov.au

What if I receive an AusAlert while driving?

If you receive an AusAlert while driving or riding, stay calm and don't touch your phone. Mobile phone laws remain active – don't read or respond to the alert while moving. The AusAlert may make a siren-like sound for about 10 seconds. Only check the message when it is safe and legal to do so.

For more information, visit ausalert.gov.au

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To find out more about our offerings and to purchase Eucalyptus Oil products go to fasera.com



fasera



Job Vacancies



Kalannie PS is seeking an experienced, motivated, and highly organised individual to fill the position of Manager Corporate Services.

This is a 3 month fixed term, part-time position commencing Term 4, 2026 with possible extension and/or permanency.

To view the advertisement, please click on the link:

[Manager Corporate Services - Wheatbelt Region, Western Australia, Australia](#)

Applications must be submitted online by **August 7th 2026**.

Emailed, hardcopy, faxed and late applications will not be accepted.

For more information about this opportunity, please contact

Kate McCreery, Principal on (08) 9666 2400 or

Kate.McCreery@education.wa.edu.au.



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Consumer Watch



Department of Local Government,
Industry Regulation and Safety



Regional Column

Consumer Protection 140 William Street Perth Western Australia 6000
Email: cpmedia@lgirs.wa.gov.au | www.consumerprotection.wa.gov.au | www.wa.gov.au

9 July 2026

Looking after your vehicle starts with a licensed mechanic

For most people a motor vehicle will be one of the most expensive purchases they will make. In terms of maintenance, it will likely be the most expensive.

Whether you bought brand new or second hand, maintaining your car with regular services and repairs will help keep it in good working order. In fact, a regularly serviced car will need less expensive repairs less often.

Always check the manufacturer's recommendations for the exact service schedule for your car.

When it comes to finding a mechanic you trust, 'shop around' until you find the best repairer for your budget and needs.

You can do this by asking the business to provide quotes on specific jobs such as a vehicle service, or brake replacement and an hourly rate for labour. Then you can compare with other repairers to choose the one right for you. If possible, get a referral from a friend or family member – nothing beats word of mouth!

In Western Australia, the repair business must be licensed with Consumer Protection. That business must also employ a licensed mechanic who has completed the necessary training and has been declared fit and proper. This also means they are backed by consumer law guarantees. For example, your mechanic should do any repairs with due care and skill.

Remember, you don't need to take your car back to the dealership for servicing. An independent licensed mechanic can do the work without voiding the manufacturer's warranty if the repairs and parts used meet the manufacturer's standards.

Consumer Watch



Department of Local Government,
Industry Regulation and Safety



When it comes to paying for repairs, don't just hand over a 'blank cheque'. Servicing will usually have a set price but any work beyond the service will need to be discussed with you before it can be done.

If it is an unknown issue with the car you may need to pay for the initial review into what is causing the problem. Make sure you request a cost estimate for this. Once the repairer has checked your car and found the problem, then discuss the options and costs to fix it.

It can be hard for a mechanic to give a fixed quote because of the complexity of some jobs, but where possible get a written quote. The repairer must act with care when providing a price and not deliberately underestimate the cost to get the job.

You do not have to pay for repairs you did not ask for or did not authorise. However, unless other arrangements have been agreed to, a repairer is entitled to be paid in full for the repairs before releasing the vehicle.

To check if a mechanic is licensed, visit the free [licence and registration search](#) page. The licence number which should be displayed on the premises or 'van' if using a mobile mechanic.

Maintaining your car with regular services and repairs by a licensed mechanic will help keep it in good working order and protected by warranty, if one applies.

If you are not happy with a repair or maintenance service, talk to the repairer first. If you are not happy with their response, contact the Consumer Protection on 1300 30 40 54.



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CASE IH

Media Release

Accomplished women appointed to Wheatbelt Development Commission Board

Regional Development Minister Stephen Dawson today announced the appointment of two new members to the Wheatbelt Development Commission Board, strengthening its expertise across Aboriginal economic development, local government and community engagement.

- Gail Beck appointed Deputy Chair of the Wheatbelt Development Commission Board
- Melanie Brown appointed as Local Government Representative
- Shane Kay and Tony O'Gorman reappointed to existing roles

Regional Development Minister Stephen Dawson today announced the appointment of two new members to the Wheatbelt Development Commission Board, strengthening its expertise across Aboriginal economic development, local government and community engagement.

Gail Beck has been appointed Deputy Chair. A Bibbulmun Noongar woman, Ms Beck is executive manager cultural integration at Ruah Community Services and has held a range of governance roles across Aboriginal organisations and advisory bodies in WA.

Melanie Brown has been appointed as a Local Government Representative. President of the Shire of Trayning, Ms Brown brings extensive experience in local government and regional collaboration, as well as strong ties to the Wheatbelt through her work and family farming enterprise.

Shane Kay has been reappointed as a Community Representative for a second term. Based in Jurien Bay, Mr Kay offers significant expertise in agribusiness, regional industry development and business management.

Tony O'Gorman has been reappointed as a Local Government Representative for a second term. As president of the Shire of Dandaragan, he provides valuable experience in local government, regional advocacy and community leadership.

Minister Dawson acknowledges the contribution of outgoing Board members Oral McGuire and Rosemary Madacsi and thanks them for their service to the Wheatbelt region.

Mr McGuire served on the board for six years, including as Deputy Chair, while Ms Madacsi served for two years as the Local Government Representative.

Comments attributed to Regional Development Minister Stephen Dawson:

"The Wheatbelt Development Commission Board plays an important role in providing strategic direction and oversight to support the region's long-term economic development.

"The Board brings together a diverse range of perspectives to help identify opportunities, address challenges and support strong outcomes for Wheatbelt communities.

"I congratulate the new and returning Board members on their appointments and acknowledge the contribution of those who are concluding their terms."

Comments attributed to Wheatbelt Minister Sabine Winton:

"I congratulate Gail Beck and Melanie Brown on their appointments to the Wheatbelt Development Commission Board and welcome the skills, experience and perspectives they will bring to the role.

"I also thank outgoing Board members Oral McGuire and Rosemary Madacsi for their service and contribution to the Commission and the Wheatbelt region.

"I look forward to working with the Board as they continue to support opportunities for growth, investment and strong communities across the Wheatbelt."

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MELISSA PRICE

FEDERAL MEMBER FOR **DURACK**



Media Release

09/07/2026

Select Committee on Cyber Security for Small to Medium Enterprises

Recently elected Deputy Chair of the House of Representatives Select Committee on Cyber Security for Small to Medium Enterprises the Hon. Melissa Price is calling on business owners across Durack to make a submission to its inquiry.

The committee is made up of representatives from both the Coalition, Labor and the crossbench to examine the cyber security risks and barriers facing small and medium-sized businesses.

As the former Shadow Minister for Cyber Security Ms Price understands the importance of secure cyber networks.

“Running a small business is hard enough without having to worry about hackers, scams and cyber-attacks. Many small business owners don't have an IT department or the time and money to keep up with constantly changing online threats.

“That’s why this inquiry is so important,” Ms Price said.

“This is the first federal inquiry focused specifically on the cyber security challenges facing small and medium businesses. We want to hear directly from business owners about the problems they're facing, what's working, what's not and what support they need to stay safe online.”

“As one of the biggest supporters of small businesses in the Federal Parliament I invite all small businesses and enterprises within Durack to contact me directly to share what risks they are facing and what support they need to deal with these cyber security risks.”

The inquiry will consider the cyber maturity of Australian small to medium sized businesses and organisations, including not-for-profit organisations; the adequacy, appropriateness and accessibility of guidance provided to small to medium sized businesses and organisations by Government in relation to cyber security; whether there are appropriate standards for small to medium sized businesses and organisations in relation to cyber security; the ease for small to medium sized businesses and organisations to procure appropriate cyber security services in Australia; the importance of training for employees on good cyber security practices to the overall cyber security of small to medium sized businesses and organisations and the impact of cyber

Geraldton Office

2B/209 Foreshore Drive, Geraldton WA 6530 08 9964 2195

Broome Office

4/34 Frederick Street, Broome WA 6725 08 9192 7216

melissapricemp.com.au [MelissaPriceDurack](https://www.facebook.com/MelissaPriceDurack) melissa.price.mp@aph.gov.au



MELISSA PRICE

FEDERAL MEMBER FOR **DURACK**



security maturity on the feasibility for small to medium businesses and organisations to participate in Government and large corporate supply chains.

Written submissions can be made until August 28.

For more information, visit aph.gov.au and search for the Select Committee on Cyber Security for Small to Medium Sized Businesses and Organisations.

Ends.

Geraldton Office

 2B/209 Foreshore Drive, Geraldton WA 6530  08 9964 2195

Broome Office

 4/34 Frederick Street, Broome WA 6725  08 9192 7216

 melissapricemp.com.au  [MelissaPriceDurack](https://www.facebook.com/MelissaPriceDurack)  melissa.price.mp@aph.gov.au

If you can't make your own decisions, who will make them for you?

You can decide:

- What medical treatment you have by making an **advance health directive**.
- Who will make your lifestyle and medical treatment decisions by making an **enduring power of guardianship**.
- Who will help you and make decisions about your money by making an **enduring power of attorney**.

These are ways that you can plan for your future.

Why do I need to plan ahead?

Everyone hopes that they will stay healthy and well and will not need any help.

When you are well – mentally and physically – you make your own decisions and look after yourself. When you can do this you have full capacity.

But sometimes something can happen to your brain – you could have an accident or get sick and not be able to make your own decisions.

If this happens, you have lost capacity and someone else might need to make decisions for you.

If you plan ahead you can choose the person who will make decisions for you if, for any reason, you are not able to make them for yourself in the future.

How could I lose capacity?

There are many reasons why you could lose capacity to make decisions for yourself, including:

- dementia (a disease of the brain)
- acquired brain injury (a result of a fall or car accident)
- substance related brain damage (a result of using too many drugs or drinking too much alcohol)
- mental illness (an illness of the brain like depression or schizophrenia)
- intellectual disability (usually from birth, for example Down's Syndrome or foetal alcohol syndrome).

If you lose capacity, you may be told you have a decision-making disability.

What does it mean to have a decision-making disability?

Having a decision-making disability means that you can't understand what the doctor or health worker or others are telling you about your situation and the different choices that you could make.

I want to plan ahead – what can I do?

There are three ways that you can plan ahead, and choose how your decisions will be made if you lose capacity to make decisions for yourself in the future.



1. An advance health directive

In this document you can write down your decisions about treatment and other health care. You can decide now what medical treatment you do or do not want to be given if you lose capacity.

Talk to your doctor or health worker about your views and wishes. Your doctor or health worker can help you write down what treatment you do or do not want to be given in the future.

These instructions in your advance health directive will be followed by the doctor or health worker if you can't make the decision for yourself – so this is a way to make sure your wishes about treatment are followed.

2. An enduring power of guardianship

In this document you can name the person who you choose to make decisions about your lifestyle and medical treatment if you lose capacity.

The person you choose to appoint as your decision-maker is called an **enduring guardian**. They are only allowed to make decisions if you lose capacity.

Your enduring guardian can make decisions about:

- where you live, and who you live with



- medical, dental and other health treatment



- services



- contact with others.



3. An enduring power of attorney

In this document you can name the person who you choose to make decisions about your finances. The person you choose to appoint as your decision-maker is called an **attorney**.

It is up to you to decide when your attorney can help you with your finances and money matters. You can give them the authority to start helping you immediately, or only to make financial decisions for you if you ever lose capacity.

If they start helping you while you still have capacity, you will tell them what to do. This can be useful if you find it hard to go to the bank to pay bills.

Your attorney can make decisions about:

- pension



- everyday expenses and bills



- sale or lease of property.



What are the rules for making these documents?

When you complete these documents to plan for the future you must:

- be at least 18 years of age
- have full capacity when the document is signed by you
- use the right form – the forms are available from the websites listed at the end of this brochure
- sign the form, and two people must witness your signature.

One of the people who watches you sign the form must be an authorised witness, such as your doctor or bank manager. There is a list of people authorised to witness your signature on the Office of the Public Advocate's website: www.publicadvocate.wa.gov.au

Who do I tell about the plans I have made?

If you decide to make any of these documents to plan for the future it is up to you who you tell.

It may be a good idea to talk to your family and friends about your plans.

This will mean everyone knows about your choices and understands what you want to happen if you lose capacity and can't make your own decisions in the future.

Do I have to fill in these documents?

No – it is up to you to decide if you want to use any of them to help plan for the future.

No one can force you to fill them in.

If you are worried because someone is forcing you to fill them in when you do not want to, you should talk to someone you trust who can help you say 'no' to that person.

If I don't want to make these documents, how will decisions about my health and medical treatment be made if I can't make them for myself?

If you are not able to make decisions for yourself and you need treatment, the doctor will ask someone on the list of decision-makers to make the decision about your treatment. This list is set out opposite.

The doctor will get the decision from the first person on the list who is at least 18 years old, has full capacity and who is willing and available to make the decision. This list is called the 'Hierarchy of decision makers'.

What happens if I need urgent treatment and no one is around to talk to the doctor?

If you need urgent treatment to save your life or prevent you being in pain, the doctor can treat you without speaking to family or friends.

After this the doctor will need to find someone who can make a decision about any non-urgent treatment that you need. The doctor will get the decision from the first person on the list below.

Hierarchy of decision makers

Advance Health Directive

Decisions must be made in accordance with the AHD unless circumstances have changed or could not have been foreseen by the maker.



Enduring Guardian with authority



Guardian with authority



Spouse or de facto partner



Adult son or daughter



Parent



Sibling (a brother or sister)



Primary unpaid caregiver



Other person with close personal relationship

Where an Advance Health Directive (AHD) does not exist or does not cover the treatment decision required, the health professional must obtain a decision for non-urgent treatment from the first person in the hierarchy who is 18 years of age or older, has full legal capacity and is willing and available to make a decision.

What happens if I have looked at the list and I do not think that the person the doctor or health worker should contact is the person I want to make treatment decisions for me? What can I do?

It is possible that the person the doctor or health worker should contact is not the person you want to make treatment decisions for you. This could be for different reasons such as:

It is not the way it works in your culture or family

– For example, the person the doctor should contact as stated on the list is your daughter, but culturally your brother should make decisions for you if you are not able to make them for yourself.

Someone else knows more about you – For example, the person the doctor should contact as stated on the list is your daughter, but you have not seen her for a long time and your friends know you better.

The person on the list does not have the same views and opinions as you do about medical treatment – For example, the person the doctor should contact as stated on the list does not agree with doctors giving a blood transfusion, but you know you would want this if it was needed.

If you think the list (called the 'Hierarchy of decision makers') means the doctor will not talk to the right person, this is a good reason for you to think about making an **enduring power of guardianship** because you can:

- Choose who you want to make decisions about your lifestyle and medical treatment – and give them legal authority to be your decision-maker.
- Make sure that person is the right person to talk to in your family or culture.
- Make sure your family and your doctors know who you have chosen to make decisions about your lifestyle and treatment for your health.

Where can I get help and more information about these three ways to plan for the future?

The Department of Health

The Department of Health can provide information and a booklet on the advance health directive.

The booklet and form can also be downloaded from the website:

www.healthywa.wa.gov.au/advancecareplanning

T: 9222 2300

E: acp@health.wa.gov.au

The Office of the Public Advocate

The Office of the Public Advocate can provide information on the enduring power of guardianship and enduring power of attorney.

The enduring power of guardianship and the enduring power of attorney booklets and forms can be downloaded from the website:

www.publicadvocate.wa.gov.au

T: 1300 858 455

E: opa@justice.wa.gov.au

This document can be made available in alternative formats on request.



Government of Western Australia
Department of Justice





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- Agri-business
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Insurance



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\$35



Community Sport Notices



CWFL CENTRAL WHEATBELT FOOTBALL LEAGUE

KALANNIE FC FIXTURES

18 APR	OPENING ROUND/DELTA AG ROUND - KALANNIE VS BENCUBBIN (AWAY KOORDA)	
25 APR	ANZAC ROUND - KOORDA VS KALANNIE	
2 MAY	BEACON VS KALANNIE	
9 MAY	KALANNIE VS MUKINBUDIN	
23 MAY	BENCUBBIN VS KALANNIE	
6 JUN	10 YEAR REUNION 2016 PREMIERSHIP KALANNIE VS KOORDA	
13 JUN	THINK MENTAL - KALANNIE VS BEACON	
27 JUN	MUKINBUDIN VS KALANNIE	
18 JULY	KALANNIE VS BENCUBBIN	
25 JULY	BENDIGO ROUND - BEACON VS KALANNIE	
1ST AUG	SPONSORS DAY - KALANNIE VS MUKINBUDIN	
8 AUG	CLUB WIND UP - KOORDA VS KALANNIE	
22 AUG	LEAGUE WIND UP - SEMI FINALS - KALANNIE	
29 AUG	PRELIM FINAL - KOORDA	
5 SEPT	GRAND FINAL - BENCUBBIN	
HOME	AWAY	

2026 SPONSORS



CENTRAL WHEATBELT 2026 WINTER SPORTS FIXTURES



ROUND ONE

18th April 2026 ALL SPORTS TO BE PLAYED IN KOORDA Mukinbudin v Beacon Kalannie v Bencubbin Koorda BYE	25th April 2026 Koorda v Kalannie Bencubbin v Beacon Mukinbudin BYE	2nd May 2026 Beacon v Kalannie Mukinbudin v Koorda Bencubbin BYE	9th May 2026 Koorda v Bencubbin Kalannie v Mukinbudin Beacon BYE	16th May 2026 Beacon v Koorda Bencubbin v Mukinbudin Kalannie BYE
DELTA AG ROUND	ANZAC ROUND			BELT UP ROUND

ROUND TWO

23rd May 2026 Mukinbudin v Beacon Bencubbin v Kalannie Koorda BYE	30th May 2026 CWNA Country Week BYE	6th June 2026 Kalannie v Koorda Beacon v Bencubbin Mukinbudin BYE	13th June 2026 Kalannie v Beacon Koorda v Mukinbudin Bencubbin BYE	20th June 2026 CWLHA Country Week BYE	27th June 2026 Bencubbin v Koorda Mukinbudin v Kalannie Beacon BYE	4th July 2026 Koorda v Beacon Bencubbin v Mukinbudin Kalannie BYE
			THINK MENTAL			

ROUND THREE

11th July 2026 CWFL Country Week BYE	18th July 2026 Beacon v Mukinbudin Kalannie v Bencubbin Koorda BYE	25th July 2026 Beacon v Kalannie Mukinbudin v Koorda Bencubbin BYE	1st August 2026 Koorda v Bencubbin Kalannie v Mukinbudin Beacon BYE	8th August 2026 Koorda v Kalannie Bencubbin v Beacon Mukinbudin BYE	16th August 2026 Beacon v Koorda Mukinbudin v Bencubbin Kalannie BYE
		BENDIGO ROUND			

Community Bank
Mukinbudin

BENDIGO BANK
Finals Series

22nd August 2026
Semi-Finals - Kalannie

29th August 2026
Preliminary Final - Koorda

5th September 2026
Grand final - Bencubbin



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Phone: 9671 1655

Mobile: 0428 415 089

Email: eion@what.net.au

Website: www.what.net.au



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Clare
0447 500 525

Monique
0456 161 063

(08) 9661 2000
dalwallinu@elders.com.au

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RSM

Moora

Reagan Manns
T 0437 165 489

13 Dandaragan Street, Moora

rsm.com.au/moora

Northam

Keiran Sullivan
T 0419 965 015

210 Fitzgerald Street, Northam

rsm.com.au/northam

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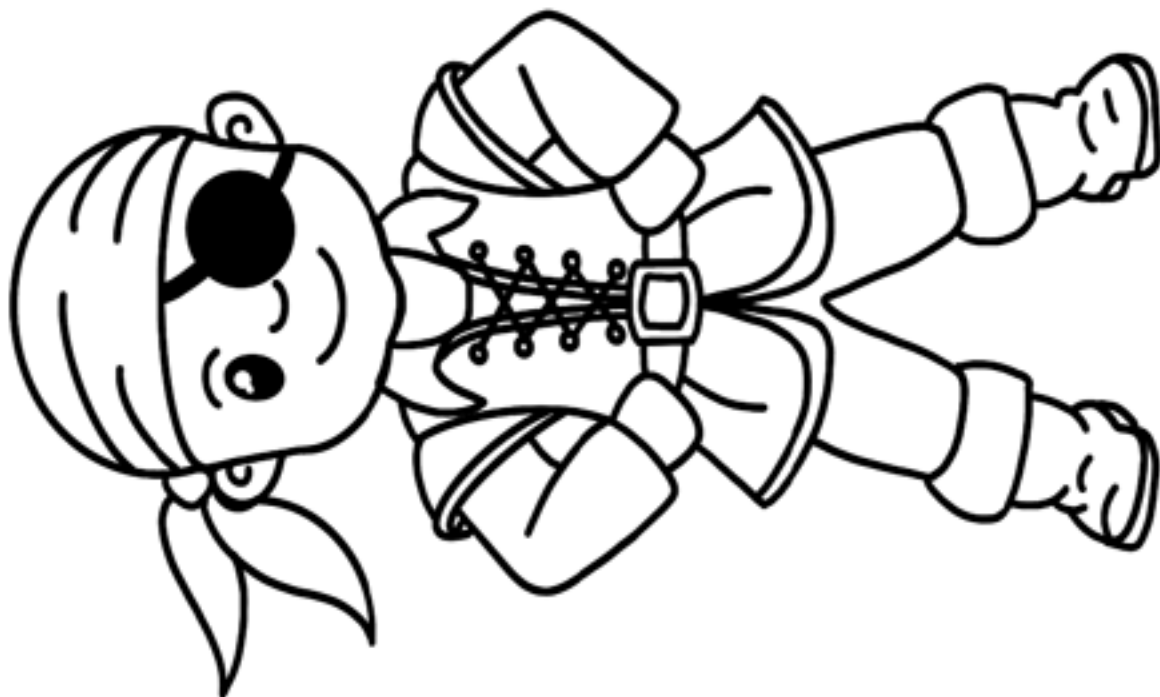
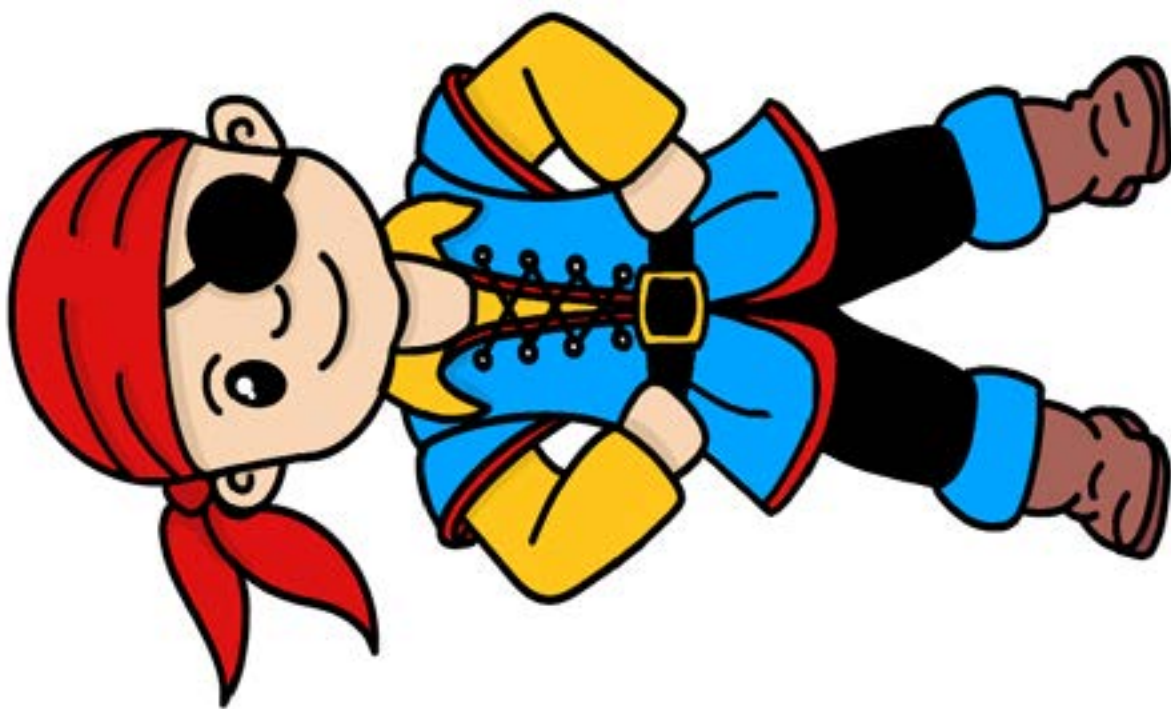
**Outside these hours we will still come to your
rescue! Don't hesitate to call 9661 2222.**

Now that's "a gripping service"



Pirate Colour Copy

Colour the pirate to match the one on the left

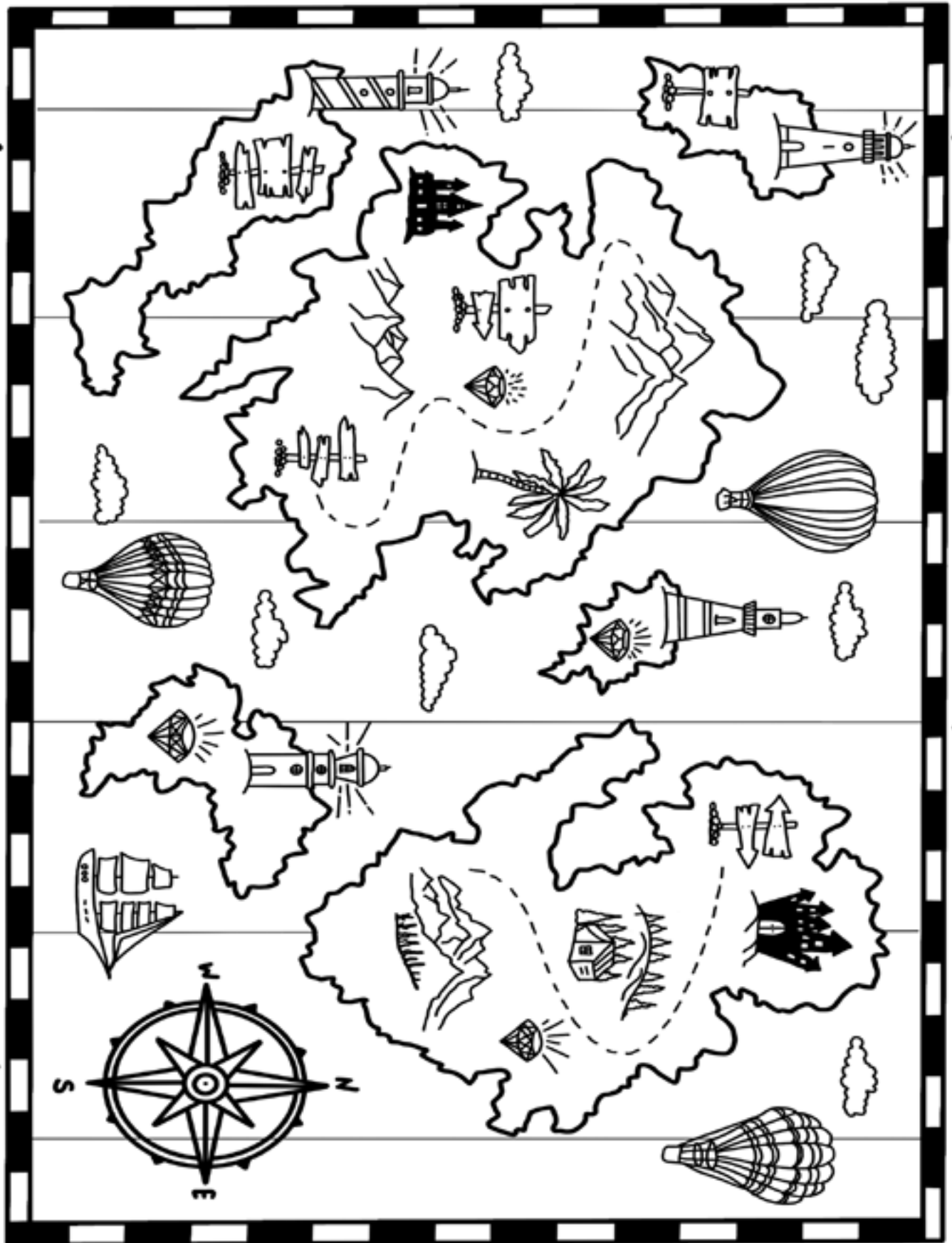




KIDS PUZZLES



TREASURE MAP COLOURING PAGE



Community Notices



**DONATE THE CASH
THAT'S IN YOUR
CONTAINERS TO
KALANNIE P&C**

Just use our scheme ID number:

C10350369

Bring your eligible containers to:

KALANNIE IGA CARPARK

Look for the shuttle. Free bags located inside the store. Please place our ID number inside the bag.

PLEASE NOTE:

All bags placed in the shuttles will be considered a donation to Kalannie P&C.

Collection points for personal drop offs are located in Dalwallinu and Wongan Hills.

ELIGIBLE CONTAINERS



Most glass, plastic, aluminium, steel and paper-based cartons between 150mL and 3L .



DALWALLINU

H A U L A G E

Contact: Shannon Dawson

Ph: 0429 922 592 Email: Shannon@dallyhaulage.com.au

GENERAL FREIGHT & LOGISTICS



Dalwallinu Haulage has been an integral part of the Dalwallinu and surrounding Wheatbelt for over 20 years.

We are a family owned and run transport company who provide varying services from Perth to the Wheatbelt and the Northwest of WA.

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We pride ourselves on great service and our 'can do' attitude.

We are proud of the way we contribute to our community by sponsoring the local sporting clubs and supporting local businesses.



LIQUID FERTILISER



We have the ability to load liquid & granulated fertiliser from Kwinana to your farm. Our 47ft elevator means we are able to deliver to any granulated fertiliser shed.

Health and Wellness

HELP US GROW HEALTHY WHEATBELT KIDS

We're developing a local campaign to support healthy alcohol-free pregnancies and raise awareness of FASD.

- ✓ SHARE YOUR THOUGHTS
- ✓ HELP SHAPE LOCAL MESSAGES
- ✓ SUPPORT HEALTHIER FUTURES FOR WHEATBELT CHILDREN

The survey takes about 5 minutes to complete.
Open until 26th of June.



An initiative of the Wheatbelt FASD Prevention Committee,
funded by the Mental Health Commission.

Health and Wellness

Women's Health GP Visits- Dalwallinu Medical Centre- July to December 2026

Dr Irene Dolan Price

30th and 31st July 2026

27th and 28th August 2026

22nd and 23rd October 2026

19th and 20th November 2026

17th and 18th December 2026

Please book your appointment with Dalwallinu Medical Centre receptionist on
(08) 9661 1203

Appointments are for Women's Health and Mental Health issues



*The Outreach programs are delivered by
Rural Health West on behalf of the Australian
Government Department of Health.*

PESTO CHICKEN AND CHICKPEA PASTA



4 SERVES



15 MINS



15 MINS

INGREDIENTS

170g wholemeal pasta spirals

2 teaspoons olive oil

400g chicken breast fillets, cut into 2cm pieces

400g can no added salt chickpeas, drained

80g sundried tomato strips (see tip)

1 clove garlic, crushed

2 teaspoons cornflour

1 cup reduced salt chicken stock

340ml can creamy evaporated milk

1 tablespoon basil pesto

2 teaspoons Dijon mustard

100g baby spinach leaves

METHOD

Cook pasta in a large saucepan of boiling water until just tender (al dente). Drain. Cover to keep warm.

Meanwhile, heat oil in a large non-stick frying pan over a medium-high heat. Add chicken. Cook, turning occasionally, for 3-4 minutes, until lightly browned.

Add chickpeas, tomato strips and garlic to pan. Cook, stirring, for a further 2 minutes.

Mix cornflour with stock in a small jug until combined. Add to pan with evaporated milk, pesto and mustard. Stir until mixture comes to the boil. Reduce heat. Simmer, stirring occasionally, for 3 minutes or until chicken is cooked and sauce is thickened.

Stir in spinach until wilted. Season with pepper. Serve with pasta.

TIPS: Increase your veggie intake by adding extra green vegetables in step 4. Throw in whatever you have on hand. Sliced zucchini, sliced green beans, broccoli florets or frozen peas all work well.

Purchase packaged sundried tomato strips (not in oil) from the condiment aisle in major supermarkets.

Health and Wellness

*Throw in any
veggies you
have in the
fridge*



Health and Wellness

THE BENEFITS OF A DRY JULY



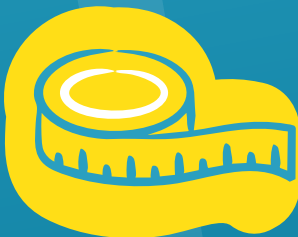
A clear head



Better sleep



Healthier skin



Weight loss



More energy



A great sense of
achievement



Build resilience



Stimulate creative
thinking



Ability to give back &
support your community

Health and Wellness



When talking to the dogs
doesn't cut it...



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someone who is experiencing stress from drought,
fires, floods, agri-stress, relationships, farm life in
general or any other hardship impacting on your/their
wellbeing, contact us for confidential support.



For further information email | mhwb@ruralaid.org.au

1300 17 55 94 | Monday to Friday | 9am-4pm

After hours calls will be returned the next working day | If you or someone else needs immediate help,
call 000 or Lifeline on 13 11 14 | If calling on behalf of someone else, make sure they're ok with it.

Health and Wellness

MENTAL HEALTH AND WELLBEING TIPS:



GET ENOUGH SLEEP AND REST

Sleep affects our physical and mental health and can be the first thing we trade in when we get busy or stressed.



SCHEDULE TIME FOR THINGS YOU ENJOY

Balance in life is important, so taking time out for things you enjoy can make a difference to how you think and feel.



BE ACTIVE AND EAT WELL

Our physical and mental health are closely linked, so ensure that you are exercising and eating nutritious food.



NURTURE RELATIONSHIPS AND CONNECT WITH OTHERS

Our connection to others is what keeps us strong, especially during challenging times. Ensure you have people to connect with (face-to-face, over the phone or virtually).



ENSURE YOU ARE ADOPTING STRATEGIES TO MANAGE YOUR STRESS LEVELS

If you are having trouble relaxing or managing intrusive thoughts, the websites below provide an array of tips and tools that can assist you.



MAKE A 'TASKS LIST'

Break large tasks into smaller, more manageable tasks which can be prioritised in order of importance.



FOCUS ON WHAT YOU CAN CONTROL

Direct your time, energy, and resources towards things you have direct influence over, rather than things outside of your control (weather/climate, government regulations, commodity markets).



BRING OTHERS TO THE TABLE

Another set of ears and a logical brain can help with processing and retaining information.



KEEP THE LINES OF COMMUNICATION OPEN

Schedule regular farm business meetings and don't avoid making decisions.



KEEP IN REGULAR CONTACT WITH INDUSTRY PEERS, GROWER GROUPS AND CONSULTANTS

They are sources of trusted and valuable information and can also be a good social connection.



PREPARE AND PLAN FOR THE UNEXPECTED

Contingency planning can avoid further stress.



BE AWARE OF THE RISKS ASSOCIATED WITH BEHAVIOURS OR COPING STRATEGIES THAT ARE UNSAFE AND PUT YOURSELF AND OTHERS AT RISK

Unsafe alcohol consumption, misuse of prescription medication and use of illicit drugs.



TAKE TIME TO PAUSE, BREATHE AND REFLECT

A simple moment of reflection helps us connect our minds with our feelings. It enables us to connect what's happening around us with what's going on in our heads and hearts. Taking the time to ask the right questions of ourselves, and time to get a thoughtful answer, gives us perspective, direction and clarity. By taking time to pause and slow down our breathing (deep circular breaths), we slow down a racing heart, reducing the symptoms of stress headaches and muscle tension.



PARTAKE IN HELP SEEKING BEHAVIOURS

Please see below for information on Support Services and Helplines available.



ORGANISE AN INFORMATION SESSION OR WORKSHOP:

Increasing your own and others understanding of the risks, protective factors, unsafe/risky behaviours, coping strategies, wellbeing, and community resilience is a powerful tool in improving empathy, connections and the overall safety within a community. Please contact Holyoake's Prevention Team if you would like to organise an information session or workshop for your community. Email JDrayton@holyoake.org.au or Jordyn.Drayton@holyoake.org.au

Health and Wellness

Support Services

Phone & Web-based

HOLYOAKE

000 (emergency)

Rural Link: 1800 552 002

Mental Health Emergency Response Line:
1300 555 788

Suicide Call Back Service: 1300 659 467

Lifeline: 13 11 14

Lifeline Text Service:

0477 13 11 14 (only available 6:00 pm to 10:00 pm AEST)

Lifeline WA Grief, Loss & Separation free counselling:
9261 4444

Beyond Blue: 1300 224 636

Kids Helpline: 1800 551 800

headspace (9am till 1am EST): 1800 650 890

Samaritans Crisis Line: 135 247

The Salvation Army: 1300 363 622

Crisis Care (Child Protection & Family Support):
1800 199 008

Reachout: www.reachout.com

Mensline: 1300 789 978

13YARN: 13 92 76

Here For You: 1800 437 348

Road Trauma Support: 1300 004 814

Grief Line (midday to 3am AEST): 1300 845 745

Alcohol & Drug Support Line: 1800 198 024 or 9442 5000

Parent and Family Drug Support Line:
1800 653 203 or 9442 5050

Narrogin & Upper Great Southern Domestic Violence Helpline: 1800 007 570

Wheatbelt Domestic Violence Helpline: 1800 353 122

Women's Domestic Violence Helpline: 1800 007 339

Men's Domestic Violence Helpline: 1800 000 599

1800 RESPECT: 1800 737 732

Elder Abuse Helpline WA: 1300 724 679

Sexual Assault Referral Centre: 1800 199 888

HealthDirect: 1800 022 222

Holyoake

Northam: 9621 1055

Narrogin: 9881 1999

Merredin: 9081 3396

Victoria Park: 9416 4444

Midland: 9274 7055

Freecall: 1800 447 172

Northam Medicare Mental Health Centre:
1800 595 212

WACHS Wheatbelt Mental Health Service:
96210999

For more information
Scan the barcode
or CALL 9416 4444

Find us on social media @holyoake





We're closer than you think

Use the free self service facilities at our Access Points to connect with Centrelink, Medicare and other government programs and services.

At our Access Points you can:

- use our computer to access my.gov.au and other government programs and services and to search for jobs
- use the telephone to access our self service options or to speak to us
- access free Wi-Fi 24/7 to connect to government services—no password required
- scan, print, fax and photocopy documents
- have your identity documents certified
- pick up brochures.

Your local access point is:

Kalannie Community Resource Centre
67 Roche Street
Kalannie WA 6468



Australian Government
Services Australia



servicesaustralia.gov.au

Access Point

At a Services Australia Access Point you can:



use our computer to access **my.gov.au** and other government programs and services and to search for jobs



use the telephone to access our self service options or speak to us



access free Wi-Fi 24/7 to connect to government services. No password required



scan, print, fax and photocopy documents



have your confirmation of identity documents certified

There are no Services Australia staff at Access Points. If you need more help, use the telephone provided to call us directly.

Your local Access Point is:

Kalannie Community Resource Centre

Address: 67 Roche Street

Hours of business:

Monday 9.30am - 4.30pm, Tuesday 9.30am-3.30pm,
Wednesday 9.30am - 3.30pm, Thursday 9.30am - 4.00pm,
Friday 9.30am - 3.30pm

To find other Access Point locations go to **servicesaustralia.gov.au**

Self service

You can use your myGov account to access your Centrelink, Medicare and Child Support online accounts. Go to **my.gov.au**

You can also access our services through the Express Plus mobile apps.

For more information go to **servicesaustralia.gov.au/selfservice**

Centrelink phone self service

Phone self service	136 240
To report your income and changes to your circumstances	133 276

How to contact us

Go to **servicesaustralia.gov.au** for more information about payments and services or call the listed '13' or '1800' number most relevant to your situation.

ABSTUDY	Freecall™ 1800 132 317
Assistance for Isolated Children	132 318
BasicsCard balance enquiry	Freecall™ 1800 057 111
Centrelink debt repayment	Freecall™ 1800 076 072
Child Support	131 272
Disability, Sickness and Carers	132 717
Families	136 150
Farmers and their partners	132 316
Financial Information Service	132 300

For information in other languages:

- Centrelink **131 202**
- Medicare and Child Support **131 450**

Grandparent Advisers	Freecall™ 1800 245 965
Income Management and BasicsCard	Freecall™ 1800 132 594
Indigenous Call Centre	Freecall™ 1800 136 380
Indigenous debt repayment	Freecall™ 1800 138 193
Job seekers	132 850
Low Income Health Care Card	132 490
Medicare	132 011
Medicare Aboriginal and Torres Strait Islander Access Line	Freecall™ 1800 556 955
National Redress Scheme	Freecall™ 1800 737 377
Older Australians	132 300
Students and trainees	132 490
TTY* enquiries	Freecall™ 1800 810 586
Complaints and feedback	Freecall™ 1800 132 468

Call costs from your home phone to a:

- **13 number** from anywhere in Australia may vary depending on the call plan you have chosen from your telephone service provider—mobiles may incur a higher charge.
- **1800 number (Freecall™)** are free—calls from a public phone and mobiles may be timed and charged at a higher rate.

* TTY is only for people who are deaf or have a hearing or speech

impairment. A TTY phone is required for this service.



Australian Government
Services Australia



servicesaustralia.gov.au



Kalannie Community Directory

COMMUNITY GROUP	CONTACT PERSON	EMAIL
Isolated Children & Parents Ass	Jane Lang	bresland.farming@gmail.com
Kalannie Bowling Club	Andrew Moore	andrew.tracy@westnet.com.au
Kalannie Community Ass	Catherine Hudson	kca@kalannie.com.au
Kalannie Community Church	Helen Nixon	rnixon7@bigpond.com
Kalannie CRC	Catherine Hudson	kalanniecrc@kalannie.com.au
Kalannie Cricket Club - Jnr	Kate McCreery	jkmccreery.family@outlook.com
Kalannie CWA	Jodie Lyndon-James	kalanniecwa@gmail.com
Kalannie Fire Brigade	Paul Burrige	cropit2@yahoo.com.au
Kalannie Football Club	Ashley Sanderson	kalanniefc@gmail.com
Kalannie Golf Club - Men	Grant Hudson	ghuddo22@gmail.com
Kalannie Ladies Hockey Club	Ricki Fulwood	kalanniehockeyclub@gmail.com
Kalannie Netball Club	Ashley Gartrell	kalannienetballclub@gmail.com
Kalannie P&C	Gabrielle Severin	kalanniepandc@gmail.com
Kalannie Playgroup	Ashleigh Haggerty	kalannielittleones@gmail.com
Kalannie Sporting & Recreation Club	Melissa Harms	ksrc@live.com.au
Kalannie St John Ambulance	Stewart Benton	stewartbenton@bigpond.com
Kalannie Tennis Club	Stacey Hudson	shudson@activ8.net.au
Kalannie Young Farmers	Libby Osborne	wildaizy@hotmail.com



Kalannie Business Directory

BUSINESS	PHONE	EMAIL
Central Wheatbelt Physiotherapy	0413 901 057	centralwheatbeltphysio@gmail.com
Gypsum Supplies	0429 662 004	daniel@gypsumsupplies.com.au
Hathway Farm Equipment	9666 2034	admin@hathwayfarm.com.au
Hazlett Corner Store	9666 2040	admin@hazlettcornestore.com.au
Kalannie Agquip	9666 2179	admin@kalannieagquip.com.au
Kalannie Caravan Park	9666 2040	admin@hazlettcornestore.com.au
Kalannie CRC	9666 2194	kalanniecrc@kalannie.com.au
Kalannie Contractors	0427 088 173	admin@kalanniecontractors.com
Kochii Oil	9667 1021	hello@fasera.com
Kalannie Post Office	9666 2040	admin@hazlettcornestore.com.au
Kalannie Seed Cleaners	9666 2075	info@seedcleaners.com.au
Kalannie Sporting & Recreation Club	9666 2032	ksrc@live.com.au
Wheatbelt Photography	0429 017 004	wheatbeltphotography@gmail.com
Wheatbelt Vet Service	Dalwallinu - 9661 1290 Wongan Hills - 9671 1108 After Hours - 0428 671 022 (emergencies only)	info@wheatbeltvet.com.au
Wheatbelt Podiatry	0459 580 005	wheatbeltpod@outlook.com

*Don't see your community group or business listed here? Please submit info (inc phone and email details) to kapers@kalannie.com.au so we can include it in the next edition.

Media Release

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