

Save the Date NIGHT UNDER THE STARS

Kalannie Winter Sports Windup

8 AUGUST 2026 / 6:30PM

KALANNIE SPORTING AND RECREATION CLUB

RSVP TO YOUR CLUB PRESIDENT BY 31ST JULY

TICKETS \$50

PAYABLE TO KALANNIE FC BSB 633 000 ACC:210382891 (USE NAME AS
REFERENCE)



INSIDE THIS ISSUE...

CBH M&T UPDATES, STUDENT SUPPORT PAYMENT, DALLY CRC - SHED TALK NIGHT, JOB VACANCIES,
YOUTH WEEK AMBASSADOR, NATIONAL TREE DAY, CONSUMER WATCH - AUTOMATIC TIPPING, KOORDA
DRIVE IN & CONSTITUTION WORKSHOP SPORT - KALANNIE VS BENCUBBIN FOOTY REPORT, NETBALL &
HOCKEY REPORT, ALL ROUND II RESULTS HEALTH - COMMUNITY WELLBEING PROGRAM.....AND MORE

The Kapers is produced by the Kalannie Community Resource Centre

Phone: 96662194

Email: kalanniecrc@kalannie.com.au

Opening Hours

Mon - 9.30am - 4.30pm

Tues - 9.30am - 4.00pm

Wed - 9.30am - 4.00pm

Thur - 9.30am - 4.00pm

Fri - 9.30am - 4.00pm

The Kapers is a free electronic weekly newsletter and runs for 50 weeks.

Submission deadline for advertising is Monday 1.00pm

Email submissions to: kapers@kalannie.com.au

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The Kapers is supported by the



Department of
Primary Industries and
Regional Development

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available

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KALANNIE

M&T update

Join the CBH Marketing & Trading team to catch up on grain and fertiliser markets

Dinner and drinks provided

Thursday 23 July
6 – 9pm

(after footy training)

The Kennel
Sanderson Terrace, Kalannie

RSVP by 16 July
Darcie.Jolly@cbh.com.au
0427 083 887



Wheatbelt Community Calendar

July

Sun	Mon	Tue	Wed	Thur	Fri	Sat
			1 Wheatbelt Community Legal Centre @CRC 11am	2 Scoot to School	3 Wheelie Bin Sticker Design Session @ CRC 3.30pm	4 Kalannie BYE School Holidays
5	6	7	8	9	10	11 CWFL Country Week BYE
12	13	14	15	16	17 CWA Meeting 10.00am 	18 Kalannie v Bencubbin
19	20 Schools Back 	21	22	23 CBH M&T Update @ The Kennel 6pm	24	25 Beacon v Kalannie
26	27	28 Shire Council Meeting @ Dalwallinu Shire 5.00pm	29	30	31	

Disclaimer: The views expressed in articles published in this newsletter are not necessarily the views of the Kalannie CRC or any volunteer who may work to produce this publication. The Editor has the right to withhold, edit or abbreviate any items as considered necessary. No responsibility is accepted for the accuracy of the information presented. No liability is accepted. Thank you

Wheatbelt Community Calendar

August

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thur</i>	<i>Fri</i>	<i>Sat</i>
30	31					1 Kalannie v Mukinbudin
2	3	4	5	6	7	8 Koorda v Kalannie Winter Sports Windup
9	10	11	12	13	14	15 Kalannie BYE
16	17	18	19	20	21 CWA Meeting 10am 	22 Semi-Finals in Kalannie
23	24	25 Shire Council Meeting @ Dalwallinu Shire 5.00pm	26	27	28	29 Preliminary Finals in Koorda

kapers@kalannie.com.au
Phone: 9666 2194

Submissions to be received prior to
1pm Mondays

\$2.00 PRINTED
online version Free to subscribers
Click [HERE](#) to Subscribe

Shire Notices

Place of wheat and wattle....

Avon Waste 2026-2027 Recycle Calendar

July 2026

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

August 2026

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23	24	25	26	27	28	29
30	31					

September 2026

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20	21	22	23	24	25	26
27	28	29	30			

October 2026

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25	26	27	28	29	31	31

November 2026

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29	30					

December 2026

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27	28	29	30	31		

January 2027

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24	25	26	27	28	29	30
31						

February 2027

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14	15	16	17	18	19	20
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28						

March 2027

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7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

April 2027

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				1	2	3
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11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

May 2027

S	M	T	W	T	F	S
						1
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23	24	25	26	27	28	29
30	31					

June 2027

S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

Wubin, Buntine & Kalannie

Dalwallinu & Pithara



WHAT CAN GO INTO YOUR RECYCLE BIN

- Glass - All glass and ceramics, whole and broken
- Plastic - All plastic containers and plastic wraps (empty with lids off)
- Paper - All paper, junk mail and glossy magazines
- Cardboard - All cardboard products
- Aluminium & Steel - All metals, steel & aluminium excluding aerosol cans
- Liquid Paperboard - Milk, juice and laundry detergent cartons.

There will be NO changes to the service over the Christmas Period.



2026 WA Student Assistance Payment

The State Government is offering a third round of the WA Student Assistance Payment (WASAP). WASAP is a cost-of-living measure to support eligible families with school-related costs such as books, uniforms, excursions and other everyday expenses.

Parents and carers of eligible students can claim \$250 for each secondary student and \$150 for each primary school or Kindergarten student.

Claims are open from 20 July to 25 September 2026. The fastest and most convenient way to receive the payment is through the ServiceWA app. Alternative claim options including a paper and an online form will also be available for people who are unable or do not wish to use the app. For more information, visit education.wa.edu.au/wasap

Printed paper forms are available at the CRC, so call in and get one.

Department of Education

The WA Student Assistance Payment

Helping you get the things you need for your kids.

\$150

For each Kindergarten and primary school student

\$250

For each secondary school student

Claims close 25 September 2026

Claim on the ServiceWA app

Department of Education

WA STUDENT ASSISTANCE PAYMENT – CLAIM FORM

PLEASE NOTE:

The ServiceWA app is a much faster, easier and more secure way to access the WA Student Assistance Payment. Claims made through this claim form will take up to 30 days for a payment to be received. For more information on claiming through ServiceWA, visit: www.education.wa.edu.au/wasap

Use this form to claim the WA Student Assistance Payment for eligible students in your care.

All Western Australian school students in Kindergarten to Year 12, with a valid WA student number, are eligible for the cost-of-living payment. You can claim \$150 for each primary school student and \$250 for each secondary student.

TO COMPLETE THIS FORM, YOU WILL NEED:

- The WA student number (WASN) for each student. This 8-digit number is sometimes called a SCSA or student number. This number can be found on school reports, including previous NAPLAN results. It may also be on a secondary student's SmartRider.
- The name at time of enrolment, date of birth, school name and year level of each student you are claiming for.
- Proof of identity for the claimant based on a 100-point identity check.
- The bank account details where the payment will be deposited.

PAYMENTS

Amounts are stated and paid in Australian dollars to an Australian bank account.

You authorise the WA Government (or the entity making the payment) to pay the amount by electronic fund transfer into the bank account nominated by you in your claim.

Payment is made when the WA Government (or the entity making the payment) has instructed its bank to credit your nominated bank account.

The WA Government is not liable for any delays in payment. You are solely responsible for ensuring that your nominated bank account details are correct. The WA Government is under no obligation to check those details, or remedy any mistakes in them.

If the payment is incorrectly paid to your nominated bank account, you must repay the amount to the WA Government. Call 13 33 92 for any queries about eligibility or how to claim.

Complete and post this form, along with copies of 100-points of identification for the person making the claim to Department of Education, Reply Paid 85719, Locked Bag 10, EAST PERTH, WA 6849. Claims must be received by Friday 25 September 2026.

Before submitting, check:

- ☐ all fields have been completed
- ☐ 100-points of identification for the claimant is attached or the school exception claim section is complete
- ☐ all forms of identification are valid and match the claimant name and date of birth
- ☐ claimant declaration has been signed and dated.



SHED TALK NIGHT: NO ONE PLANS A

A Men's Mental Health Event

STRONG BLOKES | SAFE ROADS | REAL CONVERSATIONS

- **Men's only event promoting stronger minds & safer roads**
- **Guest speakers sharing real life stories and experiences**
- **Targeted information for men living & working in regional areas**
- **Free BBQ and Refreshments**
- **Entertainment to follow**

5.30PM | 31 JULY '26
MILLSY'S MENS SHED

**FOR MORE INFORMATION
& TO RSVP EMAIL**
coordinator@dalwallinucrc.net.au



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COMMISSION**



Introducing AusAlert™

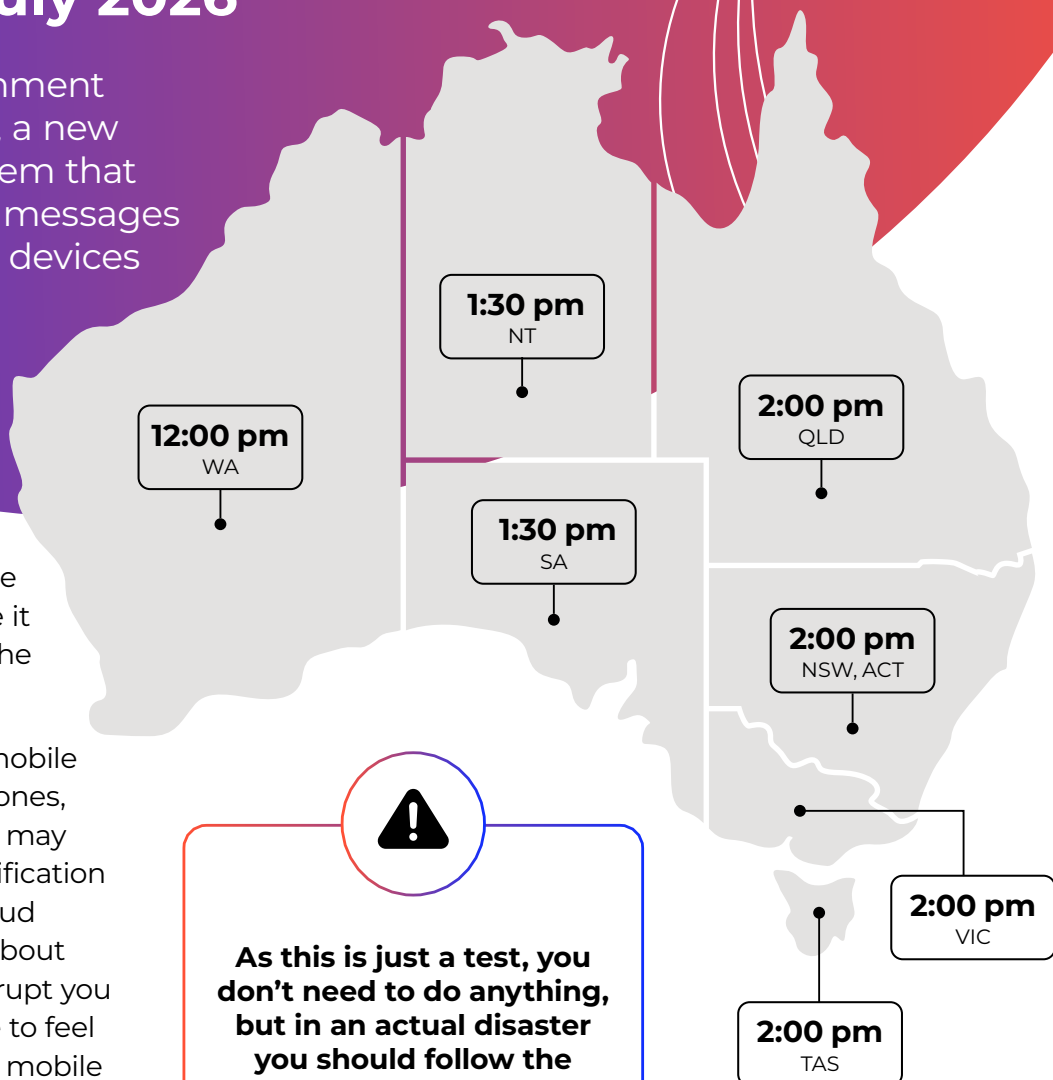
and the AusAlert national test

Monday 27 July 2026

The Australian Government is launching AusAlert, a new national warning system that can send emergency messages to compatible mobile devices in times of disaster.

AusAlert will be ready to use in October 2026, but before it launches, we need to test the system across Australia.

On **Monday 27 July**, your mobile devices, such as mobile phones, tablets and smart watches, may receive a test alert. The notification will vibrate and include a loud siren-like sound that lasts about 10 seconds. If this could disrupt you or cause you or a loved one to feel unsafe, please turn off your mobile devices or switch them to aeroplane mode before the scheduled test time in your location, and leave them off for at least one hour.



As this is just a test, you don't need to do anything, but in an actual disaster you should follow the alert instructions to keep yourself and others safe.



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GYM**

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- 12 Month Membership \$150.00
- 6 Month Membership \$100.00
- 3 Month Membership \$50.00

**50% DISCOUNT
FOR SENIORS AND
CONCESSION CARD HOLDERS**



Thanks to a grant from Bendigo Bank we have new exercise bikes, weights and floor mats

Call in to the Kalannie CRC to pick up a membership form
Monday to Friday 9.30am - 4.00pm



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Department of
Primary Industries and
Regional Development



Department of
Education

The WA Student Assistance Payment

Money to get things
for your kids.

\$150

For each Kindergarten
and primary school student

\$250

For each secondary
school student

If you're a parent or carer of
school-aged kids, you can claim
the third round of the WA Student
Assistance Payment.

**This is money to help you get
things for your kids.**

This can include:

- new school shoes
- backpacks
- sports gear
- uniforms
- food

All WA school kids from
Kindergarten to Year 12 can get
it if they are enrolled at school.

You will need your kid's 8-digit WA
Student Number to claim. Go to
your kid's school if you need help
to find the number.

Claim now

You can claim through the
ServiceWA app, online at
www.education.wa.edu.au/wasap
or by sending in a claim form.

Claims close

Friday 25 September 2026

WIZ'S MAINTENANCE SERVICE

ABN 77 833 158 049

- Gardening
- Mowing
- Handyman
- General repairs

Steve Wasmann

0429 662 003

Kalannie and surrounds



\$100 Fuel Support Payment

For all valid WA driver's licence holders



Claim on the
ServiceWA app



wa.gov.au/fuelpayment



For more information about the WA Student Assistance Payment
and how to claim, go to education.wa.edu.au/wasap

Claim on the
ServiceWA app





~ Specialising in Transport ~



*Extendable and Deck Widening Low Loader
Grain Tippers, Side Tippers
Fertilizer, Lime, Gypsum
Wool, Hay and General Freight
Water Carting
Spraying*



Chris - 0427 088 173 / Steve - 0429 662 033



Job Vacancies



Kalannie PS is seeking an experienced, motivated, and highly organised individual to fill the position of Manager Corporate Services.

This is a 3 month fixed term, part-time position commencing Term 4, 2026 with possible extension and/or permanency.

To view the advertisement, please click on the link:

[Manager Corporate Services - Wheatbelt Region, Western Australia, Australia](#)

Applications must be submitted online by **August 7th 2026**.

Emailed, hardcopy, faxed and late applications will not be accepted.

For more information about this opportunity, please contact

Kate McCreery, Principal on (08) 9666 2400 or

Kate.McCreery@education.wa.edu.au.

Apply Now



**APPLY
HERE**



Kalannie Kapers

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Government of Western Australia
Department of Communities

YOUTH WEEK WA 2027



Youth Week WA Ambassador

Applications for 2027

now open

Calling all Young Western Australians
aged 18-25 years old

We want YOU as ambassadors for the largest celebration of young people in the State

Do you like trying new things and getting involved in your community?

Want to talk about the issues that matter most to you?

Are you passionate about amplifying the voices of young people in Western Australia?

As a Youth Week WA Ambassador, you will support the planning and delivery of Youth Week WA.

You will contribute to youth events and strategies, and be a public spokesperson through socials and in the media.

To find out more and to apply, scan the QR code!

Applications close 3 August 2025.





National Tree Day is 30!

**HELP CELEBRATE
BY PLANTING A TREE**



**NATIONAL
TREE DAY
JULY 26**

**SCHOOLS
TREE DAY
JULY 24**

**National
Tree Day**
PLANET ARK
in partnership with coles



About National Tree Day

GETTING OUR HANDS DIRTY SINCE 1996

Established by Planet Ark in 1996, National Tree Day has grown into Australia's largest community tree planting and nature care initiative.

Each year, thousands of volunteers across the country give their time to make a positive impact on the environment and their local communities. To date, more than **5 million volunteers** have planted over **28 million native trees, shrubs, and grasses** - and the impact continues to grow every year!

While every or any day can be Tree Day, Schools Tree Day and National Tree Day are typically held on the last Friday and Sunday of July, respectively. In northern parts of Australia, Tropical Tree Day is celebrated on the first Sunday in December to align with the optimal planting season.

National Tree Day is an opportunity to strengthen community connections, support local biodiversity, and encourage environmental stewardship - all while creating a fun, inclusive and hands-on experience for participants of all ages.

HELP US REACH 30 MILLION TREES

2026 marks 30 years of National Tree Day. In that time, passionate volunteers have helped plant over 28 million trees, shrubs and grasses across Australia.

Help us reach 30 million trees planted, to mark 30 years of National Tree Day!

Be a part of the milestone:

[REGISTER NOW](#)

30
YEARS



National Tree Day | Community Guide 3



WHY PLANT A TREE?

Trees produce oxygen, absorb carbon dioxide, regulate climate, prevent soil erosion, maintain soil quality, and provide habitats for wildlife. They also add beauty to our environment, enhance landscapes, and reduce noise pollution. Planting trees combats deforestation, a major global concern, and creates a better future for ourselves and future generations. It's a simple yet effective way to contribute to a healthier and more sustainable environment for everyone.

BIODIVERSITY

Biodiversity refers to the variety of living things. A single tree can provide a home to many mammals, reptiles, birds and smaller organisms such as insects, fungi and other plants. By planting native seedlings, we can improve the quality of existing habitats and connect patches of habitat with wildlife corridors.

TACKLE CLIMATE CHANGE

Trees, shrubs and grasses help cool the planet by absorbing and storing harmful greenhouse gases, like carbon dioxide, into their trunks and branches. This is important as it keeps carbon out of the atmosphere, which reduces the "greenhouse effect" and the impacts of climate change.

HEALTH

Humans are biophilic creatures, meaning we love to be in nature and connect with other lifeforms, such as plants and animals. Connection with nature provides many health benefits, particularly for our mental health. Trees help make us feel calm, reduce stress and their shade protects us from the sun's harmful rays in summer.

IMPROVE WATER QUALITY

Trees clean our water by slowing down its absorption process into the ground. Through their root systems, trees act as natural cleansers, filtering out pollutants and preventing widespread erosion and negative impacts on aquatic ecosystems and wildlife.

CLEAN THE AIR

Trees release oxygen, and clean the air we breathe through their leaves and bark. They absorb carbon dioxide, nitrogen oxide and other chemicals that pollute the air we breathe.

PREVENT SOIL EROSION

The intricate root systems in trees hold the soil around them in place, acting as a filter and encouraging water to soak into soil rather than running off into nearby water sources.





Create habitat right outside your door

Plant at home for National Tree Day, register your planting in minutes and join thousands of Australians creating habitat for wildlife.

You don't need to be an expert. A few native plants can provide food and shelter for birds, bees and other wildlife.




SCAN TO REGISTER



TREE FRIENDS

Many plants and animals have a reciprocal relationship, which means that they both benefit from each other (and even need each other to survive!). Read about some of our native Australian 'Tree Friends' and then complete the activity at the end to test your knowledge.

HONEY POSSUM THE SWEETEST LITTLE POLLINATOR

Key facts

Scientific name: *Tarsipes rostratus*
Conservation status: Protected
Lives in: Western Australia

Which trees are they friends with?

Honey Possums rely on nectar from native plants for food (including Banksias, Bottlebrushes, Grass Trees and Kangaroo Paws).

How do the trees benefit?

When Honey Possums feed on the nectar from native flowers, they collect pollen on their head and body from the flowers which allows them to pollinate the next flowers they feed on.

Threats

Habitat loss. Honey Possums are now extinct across most of WA's Central Wheatbelt, due to clearing of their preferred habitat.



The Honey Possum's name is a bit misleading - they're only distantly related to a possum, and they do not eat honey (they eat nectar)!

TREE FRIENDS

ANTS & ACACIAS YOU LOOK AFTER ME, I'LL LOOK AFTER YOU!

Key facts

Scientific name: (various)
Conservation status: (various)
Lives: Australia-wide

Which trees are they friends with?

Acacias (Wattles). When wattle seeds drop to the ground, they're collected by local ants who take them into their nest. The ants feast on the fleshy part of the seed (called the aril) and leave the harder seed.

How do the trees benefit?

In the ants' nest after feeding on the fleshy part, the wattle seed is protected and waits safely until the environmental conditions are right to start growing.



Australia hosts 1,275 species of ants!

AMAZING ADAPTATIONS

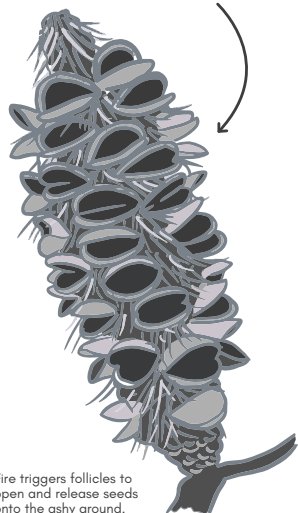
THRIVING THROUGH FIRE: OLD MAN BANKSIA

The seeds of Old Man Banksia plants (*Banksia serrata*) need fire to germinate!

Seeds are stored in woody fruit on adult plants (follicles). The heat and/or smoke from fire triggers seed release - a mechanism known as **serotiny**.

After fire, the new seedlings enjoy optimal conditions for survival, with more sunlight, less competition and nutrient-rich ashy soil.

Fire doesn't always kill adult plants, either: thick, gnarled bark means mature trees can often survive moderate fires.



Fire triggers follicles to open and release seeds onto the ashy ground.



AMAZING ADAPTATIONS

SEED DISPERSAL

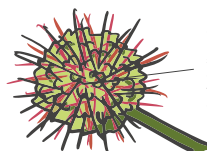
Australian plants have developed ingenious ways of spreading to new locations: via **wind, water** or hitching a ride on (or through!) **animals**.



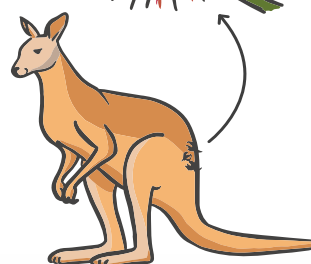
Hakea seeds have 'wings', so they can be carried by the wind.



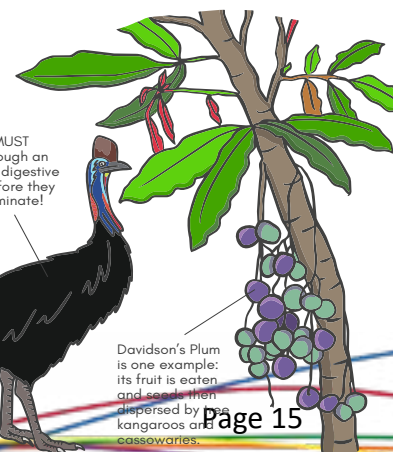
Mangrove seeds float, so waterways take them to new places



Some seeds have hooks or burrs that stick to the fur of animals, who then drop them elsewhere.



Others **MUST** pass through an animal's digestive tract before they can germinate!



Davidson's Plum is one example: its fruit is eaten and seeds then dispersed by kangaroos and cassowaries.

Consumer Watch



Department of Local Government,
Industry Regulation and Safety



Regional Column

Consumer Protection 140 William Street Perth Western Australia 6000

Email: cpmedia@lgirs.wa.gov.au | www.consumerprotection.wa.gov.au | www.wa.gov.au

16 July 2026

Automatic tipping – is it allowed?

Have you noticed some restaurants and bars adding an automatic tip or a pre-selected gratuity appearing to your bill?

While tipping is common in some countries, Australia has traditionally operated on a wage-based system where tipping is voluntary but recently, we've been seeing in a dark pattern of automatic tipping which can sometimes also be disguised in 'hidden fees' or 'drip pricing'.

Businesses can ask for a tip, and in some circumstances, they may add a service charge, but they must be transparent about it and not mislead you as the consumer, about the true price you will pay.

Under Australian Consumer Law, businesses must clearly communicate the total price, including any unavoidable or pre-selected fees, before you commit to an order.

Automatic tipping commonly happens in hospitality when people pay in-person through eftpos, use QR code ordering or ride-sharing or food delivery apps.

Sometimes an online ordering platform can offer a pre-selected tip, provided you can clearly see and adjust or remove it before completing the transaction, but when you're dining in, this may not always be clear.

That's why it's important to always ask for an itemised bill so you can check the total amount and see if a compulsory tip" or "gratuity" has been included.

Many people may not be aware that if a tip/gratuity/or service fee has been automatically added to your bill without the venue disclosing it to you upfront, the fee can be removed on request.

Another way a business can add on costs is when extra charges are hidden or only revealed at the final stage of a transaction. This is known as "drip pricing", where consumers are attracted by one price only to discover additional mandatory charges later in the purchase process.

Businesses must be upfront and clearly disclose to consumers at the start of a purchasing process the types of fees that will apply and when.

A "tip" or "gratuity" is different from a surcharge which is commonly added during public holidays or weekends and is allowed - provided they are properly disclosed. Consumers must be able to see this information before ordering, for example a note on the menu.

The bottom line for service charges or automatic gratuities is transparency.

Consumer Watch



Department of **Local Government,
Industry Regulation and Safety**



When dining-out or ordering food through a QR code or online platform, take your time to review the itemised bill or checkout screen and remember:

- Any mandatory service charges must be clearly communicated well in advance
- Optional service charges must never be automatically added to a bill

If you're unsure, ask staff to explain any additional charges you do not understand.

For further information or advice, contact Consumer Protection on 1300 30 40 54 or email consumer@lgirs.wa.gov.au



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DRIVEN BY
Community

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of the people who make it all happen.

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DALWALLINU

Branch Hours 2026

OPENING HOURS
From 2nd June
MONDAY - FRIDAY
8:00am – 5:00pm

Branch Phone: (08) 9661 1002

After Hours **Parts**: 0427 084 216

After Hours **Service**: 0427 084 214

After Hours **Sales**: 0427 084 210

Branch Manager Johan Calitz – 0427 084 210

Service Manager Paul Tanner – 0427 084 214

Service Foreman Steve Eaton - 9661 1002

Parts Manager Kirsty Booth – 0427 084 216

Sales Consultant Dominic Sheehy – 0459 214 350

Sales Consultant Matthew Joyner – 0437 611 725

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WWW.BOEKEMANS.COM.AU

CASE IH



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Contact

MARK: 0407 640 614

SHOP: 9666 2179

admin@kalannieagquip.com.au



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- When should it be reviewed
- Model rules V Customised rules
- Committee roles
- AGM requirements
- Dispute processes
- How to update details through Associations Online

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CENTRAL WHEATBELT 2026 WINTER SPORTS FIXTURES



ROUND ONE

18th April 2026 ALL SPORTS TO BE PLAYED IN KOORDA Mukinbudin v Beacon Kalannie v Bencubbin Koorda BYE  DELTA AG ROUND	25th April 2026 Koorda v Kalannie Bencubbin v Beacon Mukinbudin BYE ANZAC ROUND	2nd May 2026 Beacon v Kalannie Mukinbudin v Koorda Bencubbin BYE	9th May 2026 Koorda v Bencubbin Kalannie v Mukinbudin Beacon BYE	16th May 2026 Beacon v Koorda Bencubbin v Mukinbudin Kalannie BYE BELT UP ROUND
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ROUND TWO

23rd May 2026 Mukinbudin v Beacon Bencubbin v Kalannie Koorda BYE	30th May 2026 CWNA Country Week BYE	6th June 2026 Kalannie v Koorda Beacon v Bencubbin Mukinbudin BYE	13th June 2026 Kalannie v Beacon Koorda v Mukinbudin Bencubbin BYE THINK MENTAL	20th June 2026 CWLHA Country Week BYE	27th June 2026 Bencubbin v Koorda Mukinbudin v Kalannie Beacon BYE	4th July 2026 Koorda v Beacon Bencubbin v Mukinbudin Kalannie BYE
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ROUND THREE

11th July 2026 CWFL Country Week BYE	18th July 2026 Beacon v Mukinbudin Kalannie v Bencubbin Koorda BYE	25th July 2026 Beacon v Kalannie Mukinbudin v Koorda Bencubbin BYE  BENDIGO ROUND	1st August 2026 Koorda v Bencubbin Kalannie v Mukinbudin Beacon BYE	8th August 2026 Koorda v Kalannie Bencubbin v Beacon Mukinbudin BYE	16th August 2026 Beacon v Koorda Mukinbudin v Bencubbin Kalannie BYE
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Community Bank
Mukinbudin
 Bendigo Bank

BENDIGO BANK
Finals Series

22nd August 2026
Semi-Finals – Kalannie

29th August 2026
Preliminary Final - Koorda

5th September 2026
Grand final - Bencubbin



Community Sport Notices



CENTRAL WHEATBELT FOOTBALL LEAGUE

KALANNIE FC FIXTURES

18 APR	OPENING ROUND/DELTA AG ROUND - KALANNIE VS BENCUBBIN (AWAY KOORDA)	
25 APR	ANZAC ROUND - KOORDA VS KALANNIE	
2 MAY	BEACON VS KALANNIE	
9 MAY	KALANNIE VS MUKINBUDIN	
23 MAY	BENCUBBIN VS KALANNIE	
6 JUN	10 YEAR REUNION 2016 PREMIERSHIP KALANNIE VS KOORDA	
13 JUN	THINK MENTAL - KALANNIE VS BEACON	
27 JUN	MUKINBUDIN VS KALANNIE	
18 JULY	KALANNIE VS BENCUBBIN	
25 JULY	BENDIGO ROUND - BEACON VS KALANNIE	
1ST AUG	SPONSORS DAY - KALANNIE VS MUKINBUDIN	
8 AUG	CLUB WIND UP - KOORDA VS KALANNIE	
22 AUG	LEAGUE WIND UP - SEMI FINALS - KALANNIE	
29 AUG	PRELIM FINAL - KOORDA	
5 SEPT	GRAND FINAL - BENCUBBIN	

HOME AWAY

2026 SPONSORS



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Kalannie Winter Sports Windup

8 AUGUST 2026 / 6:30PM

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KALANNIE KOMETS
NETBALL CLUB



Kalannie
Hockey Club

Community Sport Notices



KALANNIE VS BENCUBBIN



Kalannie Football Club Match Report – Round 11

Kalannie welcomed undefeated ladder leaders Bencubbin to Kalannie Football Oval on Saturday and produced one of its most complete performances of the season. From the opening bounce, it was clear the home side had brought a competitive and hungry outfit, matching Bencubbin's intensity around the contest and showing they were more than capable of competing with the competition benchmark. Despite trailing by two goals at half-time, Kalannie produced a superb third quarter to reduce the margin to just one point at the final change. Unfortunately the home side couldn't resume their ascendancy they had build in the 3rd and conceded 3 goals to one in the final quarter with the final result being an 11-point victory to Bencubbin

One of the biggest highlights of the afternoon was Trent Giles, who made the move into the midfield and delivered a best-on-ground performance.

The return of captain Reuben Cail after 10 weeks on the sidelines was another major positive. Cail didn't miss a beat and immediately had an impact in the midfield.

Vice-captain Cam Stedman continued his outstanding season with another strong performance. One of Kalannie's most consistent players all year, Stedman is yet to miss a game this season.

Out on the wing, Liam McCreery played his role superbly, Up forward, Tom MacDonald (2) Cam Foster (1), Jamie Spinner-mainstone kicked goals. Backline unit was very solid as usual.

There were also encouraging signs from the two debuts in Kye Ramsey and Callum lang. Ramsey providing some well needed Foward pressure and roving. Lang after growing up playing for the club played his first of hopefully many games for the senior side. Callum played well on the wing and forward line being exceptionally clean and composed for a first gamer.

While the result didn't fall Kalannie's way, the performance showed exactly what this group is capable of. Matching the ladder leaders for much of the afternoon should give the side plenty of confidence heading into the remaining fixtures.



Community Sport Notices

Kalannie Women's Winter Sports

Hockey Wrap Up

What an absolute ripper game by the hockey ladies on Saturday afternoon. With the last of the rain in the morning the field had thankfully soaked it all up, leaving it nice and smooth for a solid, non-sloppy entertaining game. A whole team effort led to Bella Reeves scoring 2 and Mirrante Ryder scoring 3 goals. The set ups were perfect and an all in solid win for the girls, not only celebrating the win, there was much celebrating to do having Sally Ellis' 50 Games milestone. Congratulations ladies on a well-deserved win and well done Sally for giving Kalannie your 50 Saturdays, we hope you have many more to give and well done to our Coach's Award winner Bella Reeves & Player's Choice winner Elissa Cale.



Kalannie Komets

It was a cold and rainy warm up session, but the rain had thankfully eased off by the time the game started before lunch. The Komets had a steady start leading by only a few goals by half time. The defenders worked effortlessly in the D, with our mid courters bringing it back down to Komets' end to feed straight to our shooters who were hitting them one after the other. The game did not only leave the Komets to celebrate a 51-28 win but also a 50 Games milestone for Mirrante Ryder. Congratulations Mirrante, the Komets look forward to having you play many many more games for the club. Well done our award winners Lexi Campbell for Coach's and Ashlee Gartrell for Player's Choice.



Community Sport Notices



CENTRAL WHEATBELT WINTER SPORTS RESULTS

ROUND 11—Saturday, 18th July 2026



Kalannie: 1.2, 3.4, 5.8, 6.10 (46) def by Bencubbin: 2.1, 5.1, 6.3, 9.3 (57)

GOALS:

Kalannie: T. MacDonald 2, J. Spinner-mainstone 2, T. Giles 1, C. Foster 1

Bencubbin: J. Richardson 4, K. Gillett 2, C. Morgani 1, J. Allen 1, J. Brooks 1

BEST:

Kalannie: T. Giles, C. Stedman, R. Cail, B. King, J. Spinner-mainstone, L. McCreery

Bencubbin: T. Rowling, C. Morgani, D. Manuel, A. Coleman, N. Hube, J. Richardson

Beacon: 0.4, 6.4, 9.11, 11.13 (79) def by Mukinbudin: 3.2, 5.4, 9.6, 12.9 (81)

GOALS:

Beacon: L. Blurton 3, B. Poole 2, L. Munns 1, A. Munns 1, M. Dellar 1, S. Hayden 1, B. Beard 1, B. Andrews 1

Mukinbudin: E. Brooks 5, T. Paterson 2, C. Williams 2, J. McIntosh 1, T. O'Brien 1, C. Shadbolt 1

BEST:

Beacon: S. Hayden, A. Munns, L. Blurton, B. Poole, J. Munns, D. Walsh

Mukinbudin: W. Dobson, E. Brooks, T. O'Brien, R. Walker, M. Massam, J. McIntosh

TEAM	P	PTS	%	W	L	D	BYE
Bencubbin Football Club	9	36	178.66	9	0	0	2
Mukinbudin Football Club	9	20	99.42	5	4	0	2
Kalannie Football Club	9	16	93.00	4	5	0	2
Koorda Football Club	8	12	98.28	3	5	0	3
Beacon Football Club	9	4	62.78	1	8	0	2



Community Sport Notices

Central Wheatbelt Netball Association



Kalannie (51) def Bencubbin (28)

Kalannie: **Players' Choice:** Lexi Campbell

Coach's Award: Ashlee Gartrell

Bencubbin: **Players' Choice:** Lauren Yates

Coach's Award: Violet Gossage

Beacon (11) def by Mukinbudin (47)

Beacon: **Best Player:** Tamara Halit

Coach's Award: Courtney Begley

Mukinbudin: **Players' Choice:** Trinity Onn

Coach's Award: Remy Bent

Community Bank
Mukinbudin

Bendigo Bank

DELTA
AGRIBUSINESS

TEAM	P	PTS	%	W	L	D	BYE
Kalannie Netball Club	9	30	166.53	7	1	1	2
Koorda Netball Club	8	26	168.25	6	1	1	3
Mukinbudin Netball Club	9	24	130.64	6	3	0	2
Bencubbin Netball Club	9	4	77.51	1	8	0	2
Beacon Netball Club	9	4	34.82	1	8	0	2

Central Wheatbelt Ladies Hockey Association



Kalannie (5) def Bencubbin (1)

GOALS:

Kalannie: M. Ryder 3, B. Reeves 2

Bencubbin: F. Morgan 1

AWARDS:

Kalannie: **Players' Choice:** Elissa Cale

Coach's Award: Bella Reeves

Bencubbin: **Best Player:** Dannelle Foley

Coach's Award: Tryphena Gillett

Goal of the Day: Felix Morgan

Beacon (1) def Mukinbudin (9)

GOALS:

Beacon: K. Junk 1

Mukinbudin: U. Gringer 2, H. Paterson 2, E. White 1, D. Cronje 1, L. Scari 1, S. Graham 1

AWARDS:

Beacon: **Best Player:** Tamzin Pederick

Coaches Award: Pixie O'Neill

Mukinbudin: **Players Choice:** Hannah Paterson

Coach's Award: Jack Graham

2026 CWLHA 2026 CWLHA Point Score

DELTA
AGRIBUSINESS

Community Bank
Mukinbudin
Bendigo Bank

Team	Wins	Draws	Losses	BYEs	For	Against	Diff.	Points
1. Mukinbudin	8	1	0	2	49	9	40	17
2. Koorda	5	2	1	2	35	8	27	12
3. Beacon	2	2	5	2	17	35	-18	6
4. Kalannie	2	1	6	2	13	37	-24	5
5. Bencubbin	1	2	6	2	7	32	-25	4

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To create painted leaf prints you will need:

- Plain paper
- Selection of leaves (preferably ones that have already fallen off!)
- Paints
- Paintbrushes



STEP 1

Gather your leaves – try to find a variety of shapes and sizes.

STEP 2

Paint one leaf. You can use a single colour or a few different ones!

STEP 3

While the paint is still wet on your leaf, press it onto the paper. Try not to jiggle it too much while pressing.

STEP 4

Repeat steps 1-3 to fill your page!



Try using coloured paper behind your leaves to create an even more unique look. For the ultra-adventurous, you could even make a leaf mandala pattern!

Community Notices



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CONTAINERS TO
KALANNIE P&C**

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C10350369

Bring your eligible containers to:

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Look for the shuttle. Free bags located inside the store. Please place our ID number inside the bag.

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* The Community Wellbeing Program is funded through the Australian Government's Sheep Industry Transition Assistance Package and administered by the Department of Primary Industries and Regional Development.



Free, confidential counselling in person or by phone for farmers, their families and farm workers impacted by the phase out.

Contact: 1300 327 624

www.ruralaid.org.au/mental-health-wellbeing/

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Community events to build connection and promote positive mental health across regional areas.

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bluetreeproject.com.au/communityevents/



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www.ruralwest.com.au/

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Health and Wellness

Women's Health GP Visits- Dalwallinu Medical Centre- July to December 2026

Dr Irene Dolan Price

30th and 31st July 2026

27th and 28th August 2026

22nd and 23rd October 2026

19th and 20th November 2026

17th and 18th December 2026

Please book your appointment with Dalwallinu Medical Centre receptionist on
(08) 9661 1203

Appointments are for Women's Health and Mental Health issues



*The Outreach programs are delivered by
Rural Health West on behalf of the Australian
Government Department of Health.*

CRISPY

BREAKFAST WRAP

Ingredients

- ▲ Olive oil spray
- ▲ 3 mushrooms, sliced
- ▲ ½ tomato, chopped
- ▲ 2 tbs grated cheese
- ▲ ¼ avocado, sliced
- ▲ ½ cup baby spinach
- ▲ 2 eggs, whisked
- ▲ 1 large wholemeal wrap
- ▲ Black pepper

Method

1. Slice the mushrooms and heat a large frypan the same size as your wrap and spray with a little olive oil. Fry the mushrooms for 3-4 minutes, until softened.
2. While you're waiting for the mushrooms to cook, chop the tomato, slice the avocado and grate the cheese.



Health and Wellness

3. Add the tomato and spinach and stir till spinach has wilted.
4. Pour the whisked eggs into the pan and swirl around so they cover the base.
5. Sprinkle with cheese, wait a few seconds and then place a wrap on top of the egg and press down. The runny eggs and melted cheese should stick the wrap in place.
6. To flip it over, place an upside-down plate on top of the frying pan, hold your hand on top and flip over so the food is on the plate (wrap-side down). Then spray the pan with oil and slide the whole thing back in for a couple more minutes to get the wrap crispy.
7. Slide onto a plate, arrange avocado slices, season with pepper, roll-up and enjoy.

Variations

- ▲ **Use what you have! Throw in leftover roast vegies or other quick-cooking vegies like capsicum, asparagus, spring onion or thinly sliced zucchini.**
- ▲ **To make this dish gluten-free, use a gluten-free wrap.**

Prep time: 6 minutes
Cook time: 9 minutes
Servings: 4

Health and Wellness

THE BENEFITS OF A DRY JULY



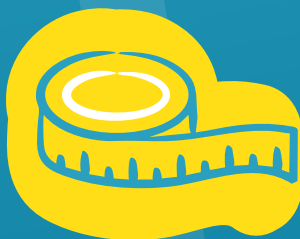
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Health and Wellness



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Health and Wellness

MENTAL HEALTH AND WELLBEING TIPS:



GET ENOUGH SLEEP AND REST

Sleep affects our physical and mental health and can be the first thing we trade in when we get busy or stressed.



SCHEDULE TIME FOR THINGS YOU ENJOY

Balance in life is important, so taking time out for things you enjoy can make a difference to how you think and feel.



BE ACTIVE AND EAT WELL

Our physical and mental health are closely linked, so ensure that you are exercising and eating nutritious food.



NURTURE RELATIONSHIPS AND CONNECT WITH OTHERS

Our connection to others is what keeps us strong, especially during challenging times. Ensure you have people to connect with (face-to-face, over the phone or virtually).



ENSURE YOU ARE ADOPTING STRATEGIES TO MANAGE YOUR STRESS LEVELS

If you are having trouble relaxing or managing intrusive thoughts, the websites below provide an array of tips and tools that can assist you.



MAKE A 'TASKS LIST'

Break large tasks into smaller, more manageable tasks which can be prioritised in order of importance.



FOCUS ON WHAT YOU CAN CONTROL

Direct your time, energy, and resources towards things you have direct influence over, rather than things outside of your control (weather/climate, government regulations, commodity markets).



BRING OTHERS TO THE TABLE

Another set of ears and a logical brain can help with processing and retaining information.



KEEP THE LINES OF COMMUNICATION OPEN

Schedule regular farm business meetings and don't avoid making decisions.



KEEP IN REGULAR CONTACT WITH INDUSTRY PEERS, GROWER GROUPS AND CONSULTANTS

They are sources of trusted and valuable information and can also be a good social connection.



PREPARE AND PLAN FOR THE UNEXPECTED

Contingency planning can avoid further stress.



BE AWARE OF THE RISKS ASSOCIATED WITH BEHAVIOURS OR COPING STRATEGIES THAT ARE UNSAFE AND PUT YOURSELF AND OTHERS AT RISK

Unsafe alcohol consumption, misuse of prescription medication and use of illicit drugs.



TAKE TIME TO PAUSE, BREATHE AND REFLECT

A simple moment of reflection helps us connect our minds with our feelings. It enables us to connect what's happening around us with what's going on in our heads and hearts. Taking the time to ask the right questions of ourselves, and time to get a thoughtful answer, gives us perspective, direction and clarity. By taking time to pause and slow down our breathing (deep circular breaths), we slow down a racing heart, reducing the symptoms of stress headaches and muscle tension.



PARTAKE IN HELP SEEKING BEHAVIOURS

Please see below for information on Support Services and Helplines available.



ORGANISE AN INFORMATION SESSION OR WORKSHOP:

Increasing your own and others understanding of the risks, protective factors, unsafe/risky behaviours, coping strategies, wellbeing, and community resilience is a powerful tool in improving empathy, connections and the overall safety within a community. Please contact Holyoake's Prevention Team if you would like to organise an information session or workshop for your community. Email JDrayton@holyoake.org.au or Jordyn.Drayton@holyoake.org.au

Health and Wellness

Support Services

Phone & Web-based

HOLYOAKE

000 (emergency)

Rural Link: 1800 552 002

Mental Health Emergency Response Line:
1300 555 788

Suicide Call Back Service: 1300 659 467

Lifeline: 13 11 14

Lifeline Text Service:

0477 13 11 14 (only available 6:00 pm to 10:00 pm AEST)

Lifeline WA Grief, Loss & Separation free counselling:
9261 4444

Beyond Blue: 1300 224 636

Kids Helpline: 1800 551 800

headspace (9am till 1am EST): 1800 650 890

Samaritans Crisis Line: 135 247

The Salvation Army: 1300 363 622

Crisis Care (Child Protection & Family Support):
1800 199 008

Reachout: www.reachout.com

Mensline: 1300 789 978

13YARN: 13 92 76

Here For You: 1800 437 348

Road Trauma Support: 1300 004 814

Grief Line (midday to 3am AEST): 1300 845 745

Alcohol & Drug Support Line: 1800 198 024 or 9442 5000

Parent and Family Drug Support Line:
1800 653 203 or 9442 5050

Narrogin & Upper Great Southern Domestic Violence Helpline: 1800 007 570

Wheatbelt Domestic Violence Helpline: 1800 353 122

Women's Domestic Violence Helpline: 1800 007 339

Men's Domestic Violence Helpline: 1800 000 599

1800 RESPECT: 1800 737 732

Elder Abuse Helpline WA: 1300 724 679

Sexual Assault Referral Centre: 1800 199 888

HealthDirect: 1800 022 222

Holyoake

Northam: 9621 1055

Narrogin: 9881 1999

Merredin: 9081 3396

Victoria Park: 9416 4444

Midland: 9274 7055

Freecall: 1800 447 172

Northam Medicare Mental Health Centre:
1800 595 212

WACHS Wheatbelt Mental Health Service:
96210999

For more information
Scan the barcode
or CALL 9416 4444

Find us on social media @holyoake





We're closer than you think

Use the free self service facilities at our Access Points to connect with Centrelink, Medicare and other government programs and services.

At our Access Points you can:

- use our computer to access my.gov.au and other government programs and services and to search for jobs
- use the telephone to access our self service options or to speak to us
- access free Wi-Fi 24/7 to connect to government services—no password required
- scan, print, fax and photocopy documents
- have your identity documents certified
- pick up brochures.

Your local access point is:

Kalannie Community Resource Centre
67 Roche Street
Kalannie WA 6468



Australian Government
Services Australia



servicesaustralia.gov.au

Access Point

At a Services Australia Access Point you can:



use our computer to access **my.gov.au** and other government programs and services and to search for jobs



use the telephone to access our self service options or speak to us



access free Wi-Fi 24/7 to connect to government services. No password required



scan, print, fax and photocopy documents



have your confirmation of identity documents certified

There are no Services Australia staff at Access Points. If you need more help, use the telephone provided to call us directly.

Your local Access Point is:

Kalannie Community Resource Centre

Address: 67 Roche Street

Hours of business:

Monday 9.30am - 4.30pm, Tuesday 9.30am-3.30pm,
Wednesday 9.30am - 3.30pm, Thursday 9.30am - 4.00pm,
Friday 9.30am - 3.30pm

To find other Access Point locations go to **servicesaustralia.gov.au**

Self service

You can use your myGov account to access your Centrelink, Medicare and Child Support online accounts. Go to **my.gov.au**

You can also access our services through the Express Plus mobile apps.

For more information go to **servicesaustralia.gov.au/selfservice**

Centrelink phone self service

Phone self service	136 240
To report your income and changes to your circumstances	133 276

How to contact us

Go to **servicesaustralia.gov.au** for more information about payments and services or call the listed '13' or '1800' number most relevant to your situation.

ABSTUDY	Freecall™ 1800 132 317
Assistance for Isolated Children	132 318
BasicsCard balance enquiry	Freecall™ 1800 057 111
Centrelink debt repayment	Freecall™ 1800 076 072
Child Support	131 272
Disability, Sickness and Carers	132 717
Families	136 150
Farmers and their partners	132 316
Financial Information Service	132 300

For information in other languages:

- Centrelink **131 202**
- Medicare and Child Support **131 450**

Grandparent Advisers	Freecall™ 1800 245 965
Income Management and BasicsCard	Freecall™ 1800 132 594
Indigenous Call Centre	Freecall™ 1800 136 380
Indigenous debt repayment	Freecall™ 1800 138 193
Job seekers	132 850
Low Income Health Care Card	132 490
Medicare	132 011
Medicare Aboriginal and Torres Strait Islander Access Line	Freecall™ 1800 556 955
National Redress Scheme	Freecall™ 1800 737 377
Older Australians	132 300
Students and trainees	132 490
TTY* enquiries	Freecall™ 1800 810 586
Complaints and feedback	Freecall™ 1800 132 468

Call costs from your home phone to a:

- **13 number** from anywhere in Australia may vary depending on the call plan you have chosen from your telephone service provider—mobiles may incur a higher charge.
- **1800 number (Freecall™)** are free—calls from a public phone and mobiles may be timed and charged at a higher rate.

* TTY is only for people who are deaf or have a hearing or speech

impairment. A TTY phone is required for this service.



Australian Government
Services Australia



servicesaustralia.gov.au



Kalannie Community Directory

COMMUNITY GROUP	CONTACT PERSON	EMAIL
Isolated Children & Parents Ass	Jane Lang	bresland.farming@gmail.com
Kalannie Bowling Club	Andrew Moore	andrew.tracy@westnet.com.au
Kalannie Community Ass	Catherine Hudson	kca@kalannie.com.au
Kalannie Community Church	Helen Nixon	rnixon7@bigpond.com
Kalannie CRC	Catherine Hudson	kalanniecrc@kalannie.com.au
Kalannie Cricket Club - Jnr	Kate McCreery	jkmccreery.family@outlook.com
Kalannie CWA	Jodie Lyndon-James	kalanniecwa@gmail.com
Kalannie Fire Brigade	Paul Burrige	cropit2@yahoo.com.au
Kalannie Football Club	Ashley Sanderson	kalanniefc@gmail.com
Kalannie Golf Club - Men	Grant Hudson	ghuddo22@gmail.com
Kalannie Ladies Hockey Club	Ricki Fulwood	kalanniehockeyclub@gmail.com
Kalannie Netball Club	Ashley Gartrell	kalannienetballclub@gmail.com
Kalannie P&C	Gabrielle Severin	kalanniepandc@gmail.com
Kalannie Playgroup	Ashleigh Haggerty	kalannielittleones@gmail.com
Kalannie Sporting & Recreation Club	Melissa Harms	ksrc@live.com.au
Kalannie St John Ambulance	Stewart Benton	stewartbenton@bigpond.com
Kalannie Tennis Club	Stacey Hudson	shudson@activ8.net.au
Kalannie Young Farmers	Libby Osborne	wildaizy@hotmail.com



Kalannie Business Directory

BUSINESS	PHONE	EMAIL
Central Wheatbelt Physiotherapy	0413 901 057	centralwheatbeltphysio@gmail.com
Gypsum Supplies	0429 662 004	daniel@gypsumsupplies.com.au
Hathway Farm Equipment	9666 2034	admin@hathwayfarm.com.au
Hazlett Corner Store	9666 2040	admin@hazlettcornestore.com.au
Kalannie Agquip	9666 2179	admin@kalannieagquip.com.au
Kalannie Caravan Park	9666 2040	admin@hazlettcornestore.com.au
Kalannie CRC	9666 2194	kalanniecrc@kalannie.com.au
Kalannie Contractors	0427 088 173	admin@kalanniecontractors.com
Kochii Oil	9667 1021	hello@fasera.com
Kalannie Post Office	9666 2040	admin@hazlettcornestore.com.au
Kalannie Seed Cleaners	9666 2075	info@seedcleaners.com.au
Kalannie Sporting & Recreation Club	9666 2032	ksrc@live.com.au
Wheatbelt Photography	0429 017 004	wheatbeltphotography@gmail.com
Wheatbelt Vet Service	Dalwallinu - 9661 1290 Wongan Hills - 9671 1108 After Hours - 0428 671 022 (emergencies only)	info@wheatbeltvet.com.au
Wheatbelt Podiatry	0459 580 005	wheatbeltpod@outlook.com

*Don't see your community group or business listed here? Please submit info (inc phone and email details) to kapers@kalannie.com.au so we can include it in the next edition.

Media Release

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