

The Kapers

Issue #19 Tuesday 14th May 2024



The Kalannie CRC in partnership with the Kalannie CWA are hosting a free women's health webinar for cervical screening. **Friday 31st May.**



Government of Western Australia
North Metropolitan Health Service
WA Cervical Cancer Prevention Program

NATIONAL
CERVICAL SCREENING
PROGRAM

A joint Australian, State and Territory Government Program

**FREE
WOMEN'S
HEALTH
WEBINAR**



Join our guest speaker Renae to chat about the importance of cervical screening and the self-collection option.



Friday 31 May, 2pm-3pm

INSIDE THIS ISSUE..

CWA CRAFT WORKSHOP - MACRAME, KALANNIE FIRE BRIGADE AGM, SCAMS AWARENESS WITH NBN, DALLY SHIRE NOTICE, KALANNIE COFFEE CART BARISTA COURSE, LIEBE WOMEN'S FIELD DAY, WHEATBELT IN THE BUDGET, DRY SEASON RESPONSE OUTREACH GRANTS, STUDENT ASSISTANCE PAYMENTS, KALANNIE WINTER SPORTS RUGBY JUMPER ORDER FORM, ROUND 5 SPORTS RESULTS....AND MORE

The Kapers is produced by the Kalannie Community Resource Centre

Phone: 96662194

Email: kalanniecrc@kalannie.com.au

Opening Hours

Mon - 9.30am - 4.30pm

Tues - 9.30am - 3.30pm

Wed - 9.30am - 3.30pm

Thur - 9.30am - 4.00pm

Fri - 9.30am - 3.30pm

The Kapers is a free electronic weekly newsletter and runs for 50 weeks.

Submission deadline for advertising is Monday 1.00pm

Email submissions to: kapers@kalannie.com.au

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Primary Industries and
Regional Development

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your Kapers requirements



Kalannie
Community Resource Centre

Your local connection



CWA CRAFT WORKSHOP



WED 22 MAY
9AM - 11.30AM



Kalannie CWA,
73 Roche St
Kalannie 6468

Join Kalannie CWA for a fun and crafty morning making a macrame plant hanger with Suze Stockdale from String Theory Macrame.

Cost: \$20pp including all materials and morning tea

RSVP: kalanniecwa@gmail.com or call Jodie - 0458608104



Wheatbelt Community Calendar

May

Sun	Mon	Tue	Wed	Thur	Fri	Sat
			1	2	3	4 Kalannie Bye
5	6	7 Scams Awareness Workshop @ the CRC 1.00pm	8 Cadoux Mothers Day Market	9	10	11 Kalannie v Muckinbudin
12	13	14	15 CWA Meeting 	16	17	18 Bencubbin v Kalannie
19	20	21	22 CWA Craft Workshop - Macrame 9.00 - 11.30 am	23	24	25 Koorda v Kalannie
26 Kalannie Bowls AGM @ 3pm	27	28	29	30 Kalannie Fire Brigade AGM @ KSRC 6.30pm	31 Womens Health Webinar with the Kalannie CWA & CRC @ CRC 2.00pm	

Disclaimer: The views expressed in articles published in this newsletter are not necessarily the views of the Kalannie CRC or any volunteer who may work to produce this publication. The Editor has the right to withhold, edit or abbreviate any items as considered necessary. No responsibility is accepted for the accuracy of the information presented. No liability is accepted. Thank you

Wheatbelt Community Calendar

June

Sun	Mon	Tue	Wed	Thur	Fri	Sat
30						1 CWNA Country Week BYE
2	3	4	5	6	7	8 Kalannie v Beacon
9	10	11	12	13	14	15 CWLHA Country Week BYE
16	17	18	19 CWA Meeting 	20	21 Graham Peake Memorial Golf Day	22 Kalannie BYE
23	24	25	26	27	28	29 Mukinbuddin v Kalannie

Shire Notices

Place of wheat and wattle....

2023/2024 Rubbish & Recycling Calendar

July 2023						
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30	31					

August 2023						
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October 2023						
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January 2024						
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May 2024						
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June 2024						
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30						

Recycle Days

Dalwallinu & Pithara

Wubin, Buntine &

Kalannie

Christmas Day



WHAT CAN GO INTO YOUR RECYCLE BIN

- **Glass** - All glass and ceramics, whole and broken
- **Plastic** - All plastic containers and plastic wraps (empty with lids off)
- **Paper** - All paper, junk mail and glossy magazines
- **Cardboard** - All cardboard products
- **Aluminium & Steel** - All metals, steel & aluminium excluding aerosol cans
- **Liquid Paperboard** - Milk, juice and laundry detergent cartons.

There will be no changes to the service over the Christmas Period.

National 20-26 MAY 2024
Volunteer
Something for Everyone Week

Thank you

Dalwallinu - Kalannie Sub Centre Volunteers 2024

*Alan Barnes, Kara Barnes, Stewart Benton, Heidi Carlshausen,
Rebecca Chown, Karen Christian, Jimwell Cruz, Ricki Fulwood,
Julie Hathway, Sian Hewton, Sena Lefroy, Kirsten McKay, Ange Mills,
Natasha Mills, Deb Mincherton, Shayla Polak, Caroline Severin,
Sheree Sundstrom-Galyer, Craig Sutherland, Kylie Thiel and Danny Wojcik.*

**To our current and past serving regional St John WA Volunteers,
as well as their friends, families and employers who support them,
we just wanted to say.....**

Thank you for the strength you give to the communities across WA.

Thank you for your resilient, courageous actions.

Thank you for always helping those in need.

Thank you for the vital role you play in building a stronger WA.



Wheatbelt Regional Office Team

St John volunteers are living legends
are we're looking for more. Join Us.

 **St John Volunteer**

KALANNIE FIRE BRIGADE



AGM

**MEETING AT THE KSRC AT
6.30PM ON MAY 30TH**

**If anyone has agenda items
please send to Shannon at
triwish@bigpond.com**

Keeping Up

WITH THE KALANNIE CRC



Scams Awareness Workshop with nbn

Would you be able to spot a scam and know what to do?

Joe from **nbn** was here on Tuesday 6th May to talk to us about the **nbn® network**, internet connectivity and being scams aware.

At **nbn®** we believe everyone should be able to enjoy the benefits and take advantage of the online digital world. Internet connectivity can support so much of what we do every day such as, accessing services, online shopping and banking, streaming music, movies & TV, online education, keeping up to date with current events, staying connected with friends and family and much more.

While there are so many benefits, it is still a good idea to learn how to participate in the online world safely, to avoid being scammed. Let's look at how scams work because they are often structured in a similar way:

Initial contact:

- Scammers usually contact you; not the other way around. This may be an unsolicited phone call, text, or email, but it may be an unexpected pop up while browsing, or even an "advert".

Impersonation:

- Most scammers impersonate large businesses or Government Departments. Sometimes they pretend to be a friend or family member, or it could be someone new reaching out trying to make a friend or connection with you. Scammers always have a convincing story as to why they are contacting you.

Call to Action:

- Scammers will usually want you to act quickly – creating a sense of urgency. Whether it is trying to convince you to allow remote access to your computer to 'fix your nbn speed' or selling you an investment opportunity on a special 'never to be repeated' deal.

Here are some top tips to make sure you stay ScamFIT:

F – Focus on the details: What is it the scammer asking of you – trying to get your financial details, personal information or access to this information? Remember, nbn will never call to say you've been hacked, to ask to do a speed test or ask to remotely access your devices.

I – Investigate: If you suspect a caller is not genuine, hang up and call their advertised number back. Read the reviews or do some more research before proceeding. Phone a friend – a problem shared is a problem solved!

T – Take action: Hang up on scammers and delete their texts and emails. Then, report it to Scamwatch through the National Anti-Scam Centre. Protect yourself with good passwords and use Multi Factor Authentication on your accounts when available.



Scams Awareness

For more information – check out these sites.

Protect yourself from nbn scams

www.nbn.com.au/scamadvice

Report a scam

www.scamwatch.gov.au/report-a-scam

Online safety for seniors

www.esafety.gov.au/seniors



**Regional
Tech Hub**

Independent and free advice on phone and internet connections for regional Australians.

📞 1300 081 029

🌐 regionaltechhub.org.au



Preparing for an emergency event where you may lose connectivity



Stay mobile

- Charged mobile phone and portable battery



Stay updated

- Battery-powered radio
- Follow @NBN_Australia



Back-up

- Create a digital back-up of valuable information on a USB or on the cloud



Be prepared

- Alternative communications and power

**For more information visit:
nbn.com.au/Emergency**

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Public Notice

The Shire of Dalwallinu provides public notice in accordance with s. 6.19 of the *Local Government Act 1995* that at the Ordinary Council Meeting of Council held on 23 April 2024, Council proposes to impose following fees & charges as at 1 May 2024:

- Hockey Pavilion Season Hire \$1,200 (inc GST)

Further information may be obtained by contacting Manager Corporate Services, Hanna Jolly – mcs@dalwallinu.wa.gov.au.

Jean Knight

CHIEF EXECUTIVE OFFICER

7 May 2024



EOI: Barista Course

Kalannie Coffee

Kalannie CRC will have a mobile coffee trailer ready to serve the community soon. Register your interest for a training session.

Would you like to learn to use a commercial coffee machine?

We invite individuals and community groups to attend hands-on training at Kalannie CRC.

Groups with trained members can take advantage of unique fundraising opportunities.

Call 9666 2194 or email kalanniecrc@kalannie.com.au



FRRR

Foundation for Rural
Regional Renewal



Kalannie
**Community
Resource
Centre**

Your local connection

LIEBE GROUP PRESENTS THE 2024



Women's Field Day



TUESDAY 11TH JUNE 2024 | 8.00AM - 4.30PM

DALWALLINU RECREATION CENTRE | RSVP BY FRIDAY 31ST MAY



KEYNOTE SPEAKER | Ella Greenslade - her amazing story from a livestock station in the NZ Highlands to Silver Medalist in the Tokyo Olympics to putting the 'crop in' in Kalannie... and the motivating factors in between!!

ON THE AGENDA

The Liebe Group: local research highlights & building capacity *Chris O'Callaghan, Liebe Group EO*

What is Australian grain worth? *Nathan Cattle, Clear Grain Exchange*

Keeping kids safe on farms *Kristen Jamieson, Kidsafe*

Finding your feet on the family farm *Megan Pontifex, Waukalands*

Keeping up to date with HR &WHS *Danielle McNamee, ProcessWorx*

"If you fail to plan you are planning to fail" - Benjamin Franklin *Judy Snell, RSM*

From the farm to the Tokyo Olympics *Ella Greenslade*

You are your business's biggest asset, and its best investment *Kathy Brown, Rabobank*

Negotiations with energy companies *Rebecca Kelly, Nuffield Scholar*

The science behind spray application *Bill Campbell, Campbell Ag*

Sense of self *Jodie Schell, Lot 39*

Succession through the generations - Grower Panel Discussion - *Judy Snell, Rebecca Kelly,*

Jodie Schell, Merrie Carlshausen

TICKETS

Members* \$50

Non-members \$90

Purchase online via

liebegroup.org.au

*Note Liebe Group members receive 2 free tickets per membership

Event Partner

Nutrien
Ag Solutions™

Diamond Partners



The Liebe Group Women's Field Day is focused on increasing the management capacity of women to build a sustainable future for their family, farm business & the agricultural industry.

ENQUIRIES : ☎ 08 9661 1907 | ✉ admin@liebegroup.org.au





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1ST MAY - 30TH JUNE 2024

FOR MORE INFORMATION & TO CLAIM YOUR BBQ VISIT www.waratahfencing.com.au/EOFY2024

*In a single transaction during 1st May - 30th June 2024. Claims must be submitted online by 5pm (AEST) Friday, 12th July 2024. Minimum purchase \$8,500 (incl. GST). MTO products and InfraBuild Black posts not included. Limit one BBQ per customer. Please see website for complete terms and conditions.



LOCAL GROCER

New trading hours

Monday – Friday 6.00am-2.00pm

Wednesday 6.00am - 4.00pm or until truck unloaded

Saturday - 7.00am-12.00pm

Sunday – 9.00am - 12.00pm

Public holidays 9.00am-12.00pm

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7:00am to 5:30pm

SATURDAY 7:30am to 12:30pm

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AFTER HOURS SUPPORT:

PARTS - 0427 084 216

SERVICE - 0427 084 214

AFTER HOURS CALL OUT FEE MAY APPLY

SALES AND PRODUCT SUPPORT:

MATT - 0437 611 725

DOMINIC - 0459 214 350

www.boekemans.com.au | sales@boekemans.com.au

BRANCH MANAGER: JOHAN - 0427 084 210



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SHOP: 9666 2179
admin@kalannieagquip.com.au

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SAT: 7.30AM - 12.00PM

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Media Release

Cook Government delivering on what matters for the Wheatbelt

The Cook Labor Government is doing what's right for the Wheatbelt, with the 2024-25 State Budget delivering significant cost of living relief while investing in health facilities and services, housing, quality jobs and targeted training programs.

The Cook Labor Government is doing what's right for the Wheatbelt, with the 2024-25 State Budget delivering significant cost of living relief while investing in health facilities and services, housing, quality jobs and targeted training programs. The 2024-25 State Budget is focused on Western Australia's regions, with a record \$12.8 billion investment in regional infrastructure, and billions more to fund regional service delivery.

More than \$4 billion in Royalties for Regions funding will go towards projects which enrich regional communities, ensuring they remain great places to live, work and raise a family.

Regional Western Australians will benefit from the Cook Government's massive \$762 million investment in cost of living relief measures, which includes:

- \$492.4 million to provide a \$400 electricity credit for every WA household and eligible small businesses;
- \$103.5 million WA Student Assistance Payment initiative, including a \$25.8 million regional allocation, to provide \$150 or \$250 for every WA school student, easing the pressure of school expenses; and
- \$20.3 million to increase the value of the Regional Pensioner Travel Card by \$100 to \$675, reducing transport costs for eligible pensioners in the regions.

This cost of living support to regional families is on top of the Cook Government's \$3 billion commitment over the next four years to subsidise the cost of providing water and electricity to regional Western Australians, to keep services affordable for everyone.

The Cook Government is supporting improved and expanded housing options across the State, with a total investment of \$1.1 billion in housing and homelessness services, including:

- \$400 million for social and affordable housing projects, including in the regions;
- \$60 million for a Regional Community Housing Grants Program, to support community housing providers to deliver new dwellings or refurbish existing dwellings; and
- \$43.8 million in additional investment for Government Regional Officer Housing (GROH), to fund new builds and land acquisitions.

Health facilities will be upgraded, and programs to secure staff will be continued, to ensure Western Australians have access to world-class healthcare, regardless of where they live. The Cook Government's \$3.2 billion investment in health includes:

- More than \$2.6 billion per annum in regional healthcare investment;
- \$405 million to boost regional health service delivery, including \$11.9 million to incentivise nurses and midwives to work in regional WA;
- \$32.5 million to continue the Patient Assisted Travel Scheme, supporting those travelling for treatment;
- Additional funding to finalise contract negotiations with the Royal Flying Doctor Service;
- \$8.6 million to expand child development services in the regions;
- \$7.7 million to refurbish outdated staff accommodation; and
- \$2.5 million to develop an extension plan for the Ronald McDonald House facility, supporting families travelling to Perth for medical treatment.

Media Release

The Cook Government is focused on diversifying regional economies and creating quality local jobs. This includes investments of:

- \$324 million investment into the South West Interconnected System, to support WA's decarbonisation journey, provide certainty to investors, and unlock job-creating renewable energy projects;
- \$1.1 billion in training programs across regional WA, to prepare Western Australians for the jobs of the future;
- \$8 million to extend the highly successful Fee Free TAFE program through the 2025 training year;
- \$16.4 million over the next three years for biosecurity management; and
- \$36.4 million to slash green tape and facilitate approvals for job-creating projects in the regions.

Country roads and regional transport infrastructure will be upgraded, with a \$6.4 billion investment. Key regional transport initiatives include:

- \$169 million in additional funding for regional roads, which forms part of a \$4.5 billion investment in regional roads over the next four years;
- \$29.3 million to upgrade regional and remote airstrips across the State, keeping communities connected;
- \$11.6 million in funding for the Driving Access and Equity Program, improving access to driving services, instructors and vehicles, including in the Wheatbelt; and
- \$12.4 million to upgrade the York-Williams Road and Milo Road River Crossing bridges.

The 2024-25 State Budget will continue to build safe, strong and fair regional communities. Key initiatives include:

- \$23.4 million to extend Operation Regional Shield, which allows WA Police to rapidly deploy officers to the regional areas where they are needed most;
- \$30.2 million to enhance bushfire mitigation activities led by the Department of Biodiversity, Conservation and Attractions;
- \$3.1 million over the next three years to continue funding the Grain Harvest Air Support Strategy;
- \$46.3 million to continue the successful Home Stretch WA program, which provides support for young people leaving Out of Home Care, including in the Wheatbelt;
- \$96.4 million for programs for family and domestic violence across WA, including \$26.4 million specifically for regional initiatives; and
- \$7.7 million for various metropolitan and regional career fire and rescue service stations, including \$4.9 million to provide firefighters with gender-separate facilities and \$2.8 million to install post-incident hygiene showers.

The Cook Government is committed to encouraging Western Australians to explore the State's great outdoors, while supporting regional local businesses. Regional initiatives in the State Budget's Outdoor Adventure Tourism package include:

- \$69.6 million towards boating and maritime facilities across the State, including \$17.5 million over the next three years to extend the breakwater at Jurien Bay Boat Harbour;
- \$36 million for trails and other recreational facilities; and
- \$14.9 million to deliver a range of new and upgraded campgrounds, including \$1.5 million to upgrade the popular Kangaroo Point campground in Nambung National Park.

For more information, visit <https://www.ourstatebudget.wa.gov.au>.



Media Release

Comments attributed to Premier Roger Cook:

"This Budget delivers on my Government's commitment to always do what's right for the Wheatbelt.

"We are focused on providing real cost of living relief, with a major investment to ease the pressure on families in our regions.

"Regional WA props up our nation's economy, and this Budget delivers measures that will drive regional economic growth, diversify regional economies and create jobs for our kids in the regions.

"There's also major funding for programs which enhance regional centres, ensuring they remain great places to live, work and raise a family for generations to come."

Comments attributed to Regional Development Minister Don Punch:

"Western Australia's regions are the heart of our State, and the Cook Government is committed to seeing them thrive.

"We want to ensure that every Western Australian has access to great housing, healthcare, and opportunities to grow - regardless of where they live.

"Our responsible financial management means we are in a position to invest in our regions, with billions of dollars flowing into these areas as part of the 2024-25 State Budget.

"From enhanced tourism infrastructure, to community safety measures, and programs which diversify regional economies, this Budget delivers on what matters for regional Western Australians."

Dry Season Response Outreach



**GROWER
GROUP
ALLIANCE**
Together we grow

GGA is partnering within the WA government's dry season response program. Through the newly formed Dry Season Task Force, GGA will administer a

five-part plan to support mobilisation of on-ground efforts around community wellbeing which includes grants of \$5,000 - \$35,000 for locally run initiatives.

Grants are available for GGA network members, and other agriculture organisations that have already, or would like to mobilise dry season response initiatives in their area.

Examples of how grant funds can be used include, but are not limited to:

- Events – special topic events or social gatherings to provide locally suitable support initiatives.
- Consultants – outside subject-matter experts or contractors to deliver specific services including operational

support eg. communications contractor or guest speakers for events eg. mental health advisor, financial advisor etc

- Wages – funds to cover extra staff resourcing to deliver dry season response activities outside the scope of their normal work.

Grants will be available until all funds have been allocated. The application process is simple with grants being assessed in weekly batches with a quick notification turnaround. Find out about our full five-part action plan, and apply for a grant via our Dry Season Response Outreach project page here <https://www.gga.org.au/activity/dry-season-response-outreach/>

HAVE YOU SEEN ME?



We need your help to locate and protect important Carnaby White-Tail Black Cockatoo breeding sites!

Carnaby cockatoos are most commonly found to breed in eucalypt woodlands consisting of 150 year old trees such as marri, wandoo and salmon gum.



If you have seen Carnaby Cockatoos or know of a breeding site in the Northern Agricultural Region, please contact:

Samantha Comito

NACC NRM Biodiversity Project Officer

E samantha.comito@nacc.com.au

M 0448 984 899



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Contact your local Area Manager, Saritha Marais

0429 579 541 smarais@summitfertz.com.au

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Dalwallinu

Kalannie Kids

ICPA CWN Notice of AGM

When: 6th June 2024 5pm

Where: The Kennel

What is the ICPA?

The Isolated Parents and Children's Association (ICPA) is a parent based organisation whose purpose is to advocate for equity in education for rural, remote and regional students at all stages of their education, from early childhood, primary, secondary and tertiary studies. We are the Central Wheatbelt North (CWN) branch of the ICPA.

Please consider becoming a member of CWN branch of ICPA. An annual membership is \$103.00, to join please visit: icpa.com.au/wa and look for the membership link and CWN branch. ICPA's ability to influence government policy is only as strong as its membership base.

Why Join?

Lobbying by the ICPA was instrumental in the dental van returning to Kalannie Primary School.

ICPA has successfully negotiated an increase in the school bus conveyancing allowance.

Allowances such as the Assistance for Isolated Children's Scheme (AIC) and Boarding Away From Home Allowance (BAHA) assists parents with the costs of sending their children to boarding school where no suitable or geographical alternative exists. The current allowances are:

AIC: Basic (non means tested) \$9960.00

Additional (means tested) \$ \$2,586.00

BAHA: \$1389.00

ICPA is continually advocating for these allowances to be reviewed and increased.


This is a small sample of the work the ICPA does, to learn more please visit the ICPA website or consider coming to our AGM. Any agenda items can be emailed to icpawa.cwn@gmail.com or to Jane Lang 0427791042.

Kalannie Kids

*ICPA Central
Wheatbelt North Page*

**WE'VE
MOVED!**

Click [here](#), on the image or the QR code, to go directly to our new page to like & follow!



ICPA CWN Branch | Kalannie WA
ICPA CWN Branch, Kalannie, Western Australia. Education website
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Department of Education

It's time to claim the WA Student Assistance Payment

Helping you get the things you need for your kids.

\$150

For each Kindergarten and primary school student

\$250

For each secondary school student

Find out more education.wa.edu.au/wasap

Claim on the ServiceWA app



WA Student Assistance Payment

The WA Student Assistance Payment helps parents and carers with cost-of-living pressures associated with sending their children to school.

All Western Australian school students in Kindergarten to Year 12, with a valid WA student number, are eligible for this cost-of-living payment.

You can claim \$250 for each secondary student and \$150 for students attending primary school or kindergarten.

What you need

- The WA student number (WASN) for each student. This 8-digit number is sometimes called a SCSA or student number. This number can be found on school reports, including previous NAPLAN results. It may also be on a secondary student's SmartRider.
- The name at time of enrolment, date of birth, school name, and year level of each student you are claiming for.
- The bank account details where the payment will be deposited.

The payment is available through the ServiceWA app from 15 April 2024. Parents and carers are encouraged to set up a ServiceWA account and have an active digital identity. More information is available at www.wa.gov.au/servicewaapp.

For more information on eligibility and claiming go to www.education.wa.edu.au/wasap.

If you would like to speak to someone about eligibility or how to claim call 1800 882 345 for support between 8:00 am and 5:00 pm, Monday to Friday.

All claims must be received by Friday 28 June 2024.

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For more information or to download a STAT booking form, visit our website at www.tisc.edu.au or visit us in person at:

Tertiary Institutions Service Centre (TISC)

Level 1, 100 Royal Street
East Perth WA 6004

Telephone: (08) 9318 8000

Office Hours: 9.00am – 4.30pm (Mon to Fri)

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210 Fitzgerald Street, Northam
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Merle Manuel - 0407 933 379
merlemanuel1950@gmail.com

PO Box 19, Bolgart WA 6568

Co-Agents for Nutrien Harcourts



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Community Notices



DONATE THE CASH THAT'S IN YOUR CONTAINERS TO KALANNIE P&C

Just use our scheme ID number:

C10350369

Bring your eligible containers to:

KALANNIE IGA CARPARK

Look for the shuttle. Free bags located inside the store. Please place our ID number inside the bag.

PLEASE NOTE:

All bags placed in the shuttles will be considered a donation to Kalannie P&C.

Collection points for personal drop offs are located in Dalwallinu and Wongan Hills.

ELIGIBLE CONTAINERS



Most glass, plastic, aluminium, steel and paper-based cartons between 150mL and 3L .



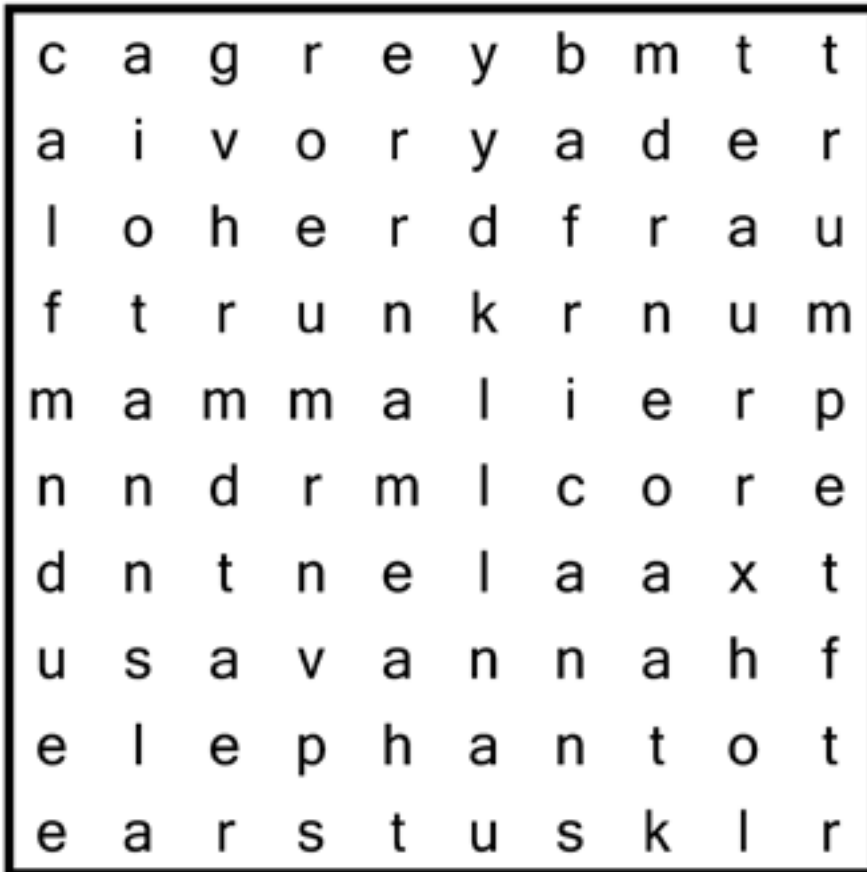


Cute Guinea Pig Colouring In Picture



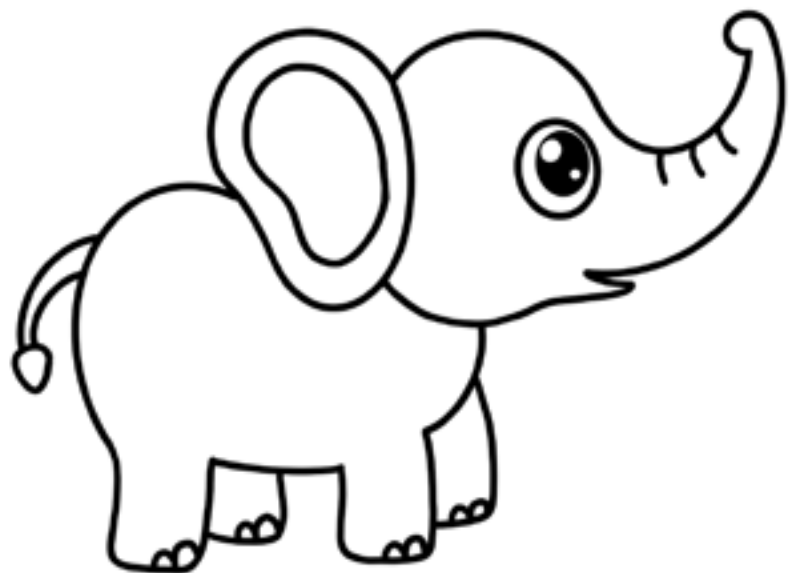


Elephant Word Search



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Chad McKay 0488 158 742
Mike Cail 0447 150 122

AGENDA

9:30 AM Arrival
10:15 AM Shotgun Start

Lunch & Dinner Provided

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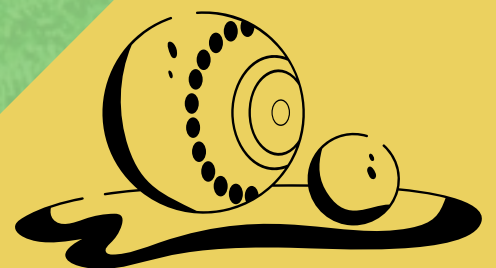
Kalannie Bowls Club AGM 2024
Sunday May 26th 3.00pm

AGENDA

- 1. Open Meeting**
- 2. Apologies**
- 3. Minutes of Previous Meeting**
- 4. Business Arising from Previous Meeting**
- 5. Presidents Report**
- 6. Treasurers Report**
- 7. Club Captain's Report**
- 8. Correspondence In/Out**
- 9. Motions on Notice**
- 10. Election of Office Bearers**
- 11. Close meeting**

President Andy Moore, Treasurer Alan Dodd and Secretary Garry Crossman are all standing down after several years of service.

All existing bowlers are encouraged to attend and new members are most welcome to come along.



Community Sport Notices

CENTRAL WHEATBELT 2024 WINTER SPORTS FIXTURES

ROUND ONE

13th April 2024
ALL SPORTS TO BE PLAYED
IN MUKINBUDIN
Koorda v Beacon
Kalannie v Bencubbin
Mukinbudin BYE

DELTA  **DELTA AG ROUND**

20th April 2024
Kalannie v Koorda
Bencubbin v Mukinbudin
Beacon BYE

27th April 2024
Beacon v Kalannie
Koorda v Mukinbudin
Bencubbin BYE

4th May 2024
Bencubbin v Koorda
Mukinbudin v Beacon
Kalannie BYE

11th May 2024
Kalannie v Mukinbudin
Beacon v Bencubbin
Koorda BYE

ROUND TWO

18th May 2024
Beacon v Koorda
Bencubbin v Kalannie
Mukinbudin BYE

BELT UP ROUND

25th May 2024
Koorda v Kalannie
Mukinbudin v Bencubbin
Beacon BYE

1st June
2024
CWNA
Country
Week BYE

8th June 2024
Kalannie v Beacon
Mukinbudin v Koorda
Bencubbin BYE

THINK MENTAL

15th June
2024
CWLHA
Country
Week BYE

22nd June 2024
Koorda v Bencubbin
Beacon v Mukinbudin
Kalannie BYE

29th June 2024
Mukinbudin v Kalannie
Bencubbin v Beacon
Koorda BYE

ROUND THREE

6th July 2024
Koorda v Beacon
Kalannie v Bencubbin
Mukinbudin BYE

NAIDOC ROUND

13th July
2024
CWFL
Country
Week BYE

20th July 2024
Kalannie v Koorda
Bencubbin v Mukinbudin
Beacon BYE

27th July 2024
Beacon v Kalannie
Koorda v Mukinbudin
Bencubbin BYE

3rd August 2024
Bencubbin v Koorda
Mukinbudin v Beacon
Kalannie BYE

BENDIGO ROUND

10th August 2024
Kalannie v Mukinbudin
Beacon v Bencubbin
Koorda BYE



CBH Group
Finals Series

17th August 2024
Semi-Finals - Bencubbin

24th August 2024
Preliminary Final - Mukinbudin

31st August 2024
Grand final - Koorda



Community Sport Notices



Kalannie Combined Winter Sports

Rugby Jumper Order Form



ADULTS & KIDS JUMPERS \$95

**ORDERS CLOSE 5pm 14TH MAY 2024,
PLEASE RETURN FORM ASAP.**

Name: _____

Phone Number: _____

Please mark sizes on form and return with money to:
Kalannie Hockey Club
C/O Post Office,
Kalannie, WA, 6468

OR text/pm order to;
Ricki on 0428 880 806 or
Ashlee on 0498 778 887,
EFT payments accepted.

Account details are as follows:
Kalannie Hockey Club
BSB: 066 519
Account Number:
1013 4138

Kids SIZES:

	A: CHEST	B: WAIST	C: HIP	ORDER QTY
4	60 - 63cm	57 - 59cm	63 - 66cm	
6	63 - 66cm	59 - 61cm	66 - 70cm	
8	66 - 70cm	61 - 63cm	70 - 74cm	
10	70 - 76cm	63 - 65cm	74 - 80cm	
12	76 - 82cm	65 - 67cm	80 - 86cm	
14	82 - 88cm	67 - 69cm	86 - 92cm	
16	88 - 94cm	69 - 71cm	92 - 98cm	
TOTAL x \$95				

ADULTS SIZES:

	A: CHEST	B: WAIST	C: HIP	ORDER QTY
2XS	80 - 85cm	70 - 75cm	85 - 90cm	
XS	85 - 90cm	75 - 80cm	90 - 95cm	
S	90 - 95cm	80 - 85cm	95 - 100cm	
M	95 - 100cm	85 - 90cm	100 - 105cm	
L	100 - 105cm	90 - 95cm	105 - 110cm	
XL	105 - 110cm	95 - 100cm	110 - 115cm	
2XL	110 - 115cm	100 - 105cm	115 - 120cm	
3XL	115 - 120cm	105 - 110cm	120 - 125cm	
4XL	120 - 125cm	110 - 115cm	125 - 130cm	
5XL	125 - 130cm	115 - 120cm	130 - 135cm	
6XL	130 - 135cm	120 - 125cm	135 - 140cm	
7XL	135 - 140cm	125 - 130cm	140 - 145cm	
8XL	140 - 145cm	130 - 135cm	145 - 150cm	
TOTAL X \$95				



Total Paid: \$ _____ Money Enclosed / Direct Deposit (Please circle)

Community Sport Notices

FOOTY REPORT



Kalannie vs Mukinbuddin

The bulldogs hosted the Mukka last Saturday in warm conditions and little breeze, it was a perfect day for footy as long as you weren't playing.

Mukka have a young team of locals who are rebuilding as a footy club, so the doggies were a little unsure of what to expect.

The first quarter was very competitive and although the bulldogs lead 6-3 to 3-3 at the break they weren't getting it all their own way.

Unfortunately for Mukka they couldn't reproduce their first quarter performance and the doggies pushed out to a 11-12 to 3-3 at the main break.

And sadly that was the story of the match, the bulldogs played very well and whilst Mukka hung in there they were simply no match for the the Premiers.

Kalannie 24-20-164 to Mukinbuddin 6-5-41.

For the locals there were many strong performances as you would expect, great to see Matt Dinsdale return and well done Ryan Ekert on kicking 8 goals. Sadly we have lost Ben Johnson, knee injury 8 weeks and Lewis Meldrum 6 weeks calf injury. So things can change very quickly and whilst we have excellent cover we would not want to many more injuries to be tested for numbers, it is a fine line to our big the list should be.

Luke Coleman had a day out in what maybe his last home game of the season, the family migrates to Dunsborough at the end of the month and Luke, Emily and the girls will be sorely missed.

Best on Ground sponsored by Kalannie AgQuip Ryan Ekert

2nd best sponsored Kalannie Contractors Zac Sanderson

3rd best sponsored WA fuels Alex Swain

Coaches award sponsored by Bywaters Transport Nic Bowe

Presidents award sponsored by R n R Auto Electrics Reggie

Bulldog of the day sponsored by JL Agtec Connor Bradbury

A special thanks to Andy Moore who was the team trainer in Cate's absence this week. Glad he was there on a tough day with injuries.

Thanks to the Ambo crew, Canteen and gate ladies and Fi for looking after the kennel, awesome help everyone and appreciated.

See you all at Benny next week in what will be a massive game of footy.



Community Sport Notices

Hockey Wrap Up!

Kalannie vs. Mukinbudin

1 - 4



The girls got a goal! It was an amazing effort by everyone out on the pitch in the unseasonably hot day. We got the first goal; Phoebe pelted it down the middle and was picked up by Lauren who ran it towards the goals. Paige dodged the goalie and snuck it in. It was insanely hot and certainly didn't feel like a winter sport weather that we all signed up for, there were not as many flies this week as we ate them all during those last few games!

We were lucky enough to have the Lobwein family back this week as well as Krisso and Janelle. Tyler McCreery joined us again too! We are always so excited to have these people play with us bringing their expertise and hockey skills! We also welcomed Tinneil back into goals after a few weeks out and are so proud of how far she has come in goals in such a short time! Everyone played fantastically and exceptionally well together. There was a lot of play for both teams mostly in the centre field.

We were joined this week by Lauren Illich who played her first game with us and her first game on a dirt pitch! She was a machine and has awesome hockey skills and along with Phoebe set the goal up. This is why she won players' choice, proudly sponsored by Mark and Helen Sutton.

Coaches award sponsored by Bunnings Northam went to Phoebe Harris who has been playing exceptionally the past few weeks. She always runs and runs and runs to meet the ball and picks it up everywhere! We are so lucky to have Phoebe on our team again this year and love the energy she brings each game.

Thank you to our 2024 sponsors who generously sponsor our club. We would be unable to do this without you all! Thank you to all our supporters who come and watch us each week, the support on the sidelines truly is amazing!

THE KALANNIE HOCKEY CLUB WOULD LIKE TO SAY
A BIG **THANK YOU** TO OUR 2024 SPONSORS



Community Sport Notices



CENTRAL WHEATBELT WINTER SPORTS RESULTS



ROUND FIVE - Saturday, 11th May 2024

Kalannie: 6.3, 11.12, 16.18, 24.20 (164) def Mukinbudin: 3.3, 3.3, 5.4, 6.5 (41)

GOALS:

Kalannie: R. Ekert 8, B. Johnson 4, M. Dinsdale 3, L. Coleman 3, M. Cameron 2, L. Meldrum 1, Z. Sanderson 1, A. Swain 1, C. Bradbury 1.

Mukinbudin: C. Shadbolt 2, T. Paterson 2, J. Hilder 1, C. Markham 1.

BEST:

Kalannie: R. Ekert, Z. Sanderson, A. Swain, M. Dinsdale, N. Bowe, L. Coleman.

Mukinbudin: K. Denney, B. Alvaro, C. Markham, H. Abdullah, C. Shadbolt, L. Britz.

Bencubbin: 4.1, 6.5, 9.12, 13.13 (91) def by Beacon: 4.3, 7.4, 11.7, 17.8 (110)

GOALS:

Beacon: N. Dunne 5, R. Farmer 4, K. Indich 2, M. Warrell 1, D. Headland 1, L. Andrews 1, E. Taylor 1, B. Dunne 1, B. Beard 1.

Bencubbin: B. Matera 5, J. Richardson 3, K. Matera 3, M. Bonuda 1, K. Woods 1.

BEST:

Beacon: E. Taylor, R. Farmer, N. Dunne, T. Wingrave, C. Junk, B. Poole.

Bencubbin: Br. Matera, J. Richardson, D. Patat, Ba. Matera, D. Manuel, M. Guarnaccia.

TEAM	P	PTS	%	W	L	D	BYE
Kalannie Football Club	4	16	226.77	4	0	0	1
Beacon Football Club	4	12	141.57	3	1	0	1
Bencubbin Football Club	4	8	92.35	2	2	0	1
Koorda Football Club	4	4	77.24	1	3	0	1
Mukinbudin Football Club	4	0	41.67	0	4	0	1



Community Sport Notices



Central Wheatbelt Netball Association

Kalannie (39) def by Mukinbudin (55)

Kalannie: **Player Choice:** Ella Greenade

Coach's Award: Ricki Fulwood

Mukinbudin: **Best Player:** Chloe King

Coach's Award: Tanya Turner

Bencubbin (66) def Beacon (5)

Bencubbin: **Player of the day:** Charlotte Crossen **Coach's Award:** Megan Woodfield

Beacon: **Best Player:** Pei-Ching Wu

Coach's Award: Pille Piiraja

TEAM	P	PTS	%	W	L	D	BYE
Koorda Netball Club	4	16	203.64	4	0	0	1
Bencubbin Netball Club	4	12	203.81	3	1	0	1
Mukinbudin Netball Club	4	8	127.89	2	2	0	1
Kalannie Netball Club	4	4	90.30	1	3	0	1
Beacon Netball Club	4	0	10.47	0	4	0	1



Central Wheatbelt Ladies Hockey Association

Kalannie (1) def by Mukinbudin (4)

GOALS:

Kalannie: Paige Lobwein 1

Mukinbudin: Sarah-Kate Graham 1, Ursina Gringer 1, Dale Cronje 1, Julie Uden 1

AWARDS:

Kalannie: **Players' Choice:** Phoebe Harris

Coach's Award: Lauren Ilich

Mukinbudin: **Players' Choice:** Ursina Gringer

Coach's Award: Louise Sellenger

Bencubbin (1) def Beacon (0)

GOALS:

Bencubbin: Zara Metcalfe 1

Beacon: NIL

AWARDS:

Bencubbin: **Player of the day:** Sally Putt

Coach's Award: Jasmine Taylor

Goal of the day: Zara Metcalfe

Team	Wins	Draws	Losses	BYEs	For	Against	Diff.	Points
1.Koorda Hockey Club	4	0	0	0	24	0	24	8
2.Mukinbudin Hockey Club	3	0	1	1	12	5	7	6
3.Bencubbin Hockey Club	2	0	2	1	2	13	-11	4
4.Beacon Hockey Club	0	1	3	1	0	9	-9	1
5.Kalannie Hockey Club	0	1	3	1	1	12	-11	1



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\$35



Health and Wellness



CREAMY CHICKEN PASTA



Traffic light category: **Green**

Serves: **14**

Ingredients

- 3 tablespoons margarine
- 1 brown onion, finely diced
- 2 cloves garlic, finely diced
- 2-3 cups mushrooms, sliced
- 1 red capsicum, diced
- 1 green capsicum, diced
- 1/2 cup plain flour
- 1/4 teaspoon pepper
- 1 teaspoon paprika
- 750mL light evaporated milk
- 3 cups reduced salt chicken stock
- 1/2 cup light cream cheese
- 1kg skinless chicken breast
- 500g pasta e.g. bows or spirals

Method

Sauce and pasta

1. Melt margarine in a large pot, once hot add onion, garlic, mushrooms and capsicum; cook for 5 minutes
2. Blend in flour, pepper and paprika; continue stirring; cook for 1 minute
3. Gradually add milk and chicken stock, and cook for 8 minutes stirring constantly
4. Add cream cheese, cook for 2 minutes, stirring frequently
5. Cook pasta in a large pot of boiling water until tender; drain well

For chicken

1. Place 2-3 litres of water in a saucepan, bring to the boil. Add chicken; return to the boil - Reduce heat to low. Simmer, covered, for 15 minutes - Remove from heat; stand chicken in liquid for 5 minutes; remove from liquid and dice.
2. Combine sauce, pasta and chicken; gently stir.

Recipe adapted with permission from the Western Australian School Canteen Association Inc.

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Health and Wellness

WOMENS HEALTH GP VISITS

DALWALLINU MEDICAL CENTRE

2024

Dr Ellie Brusasco

February	15th & 16th
March	20th & 21st
April	23rd & 24th
May	30th & 31st
June	20th & 21st

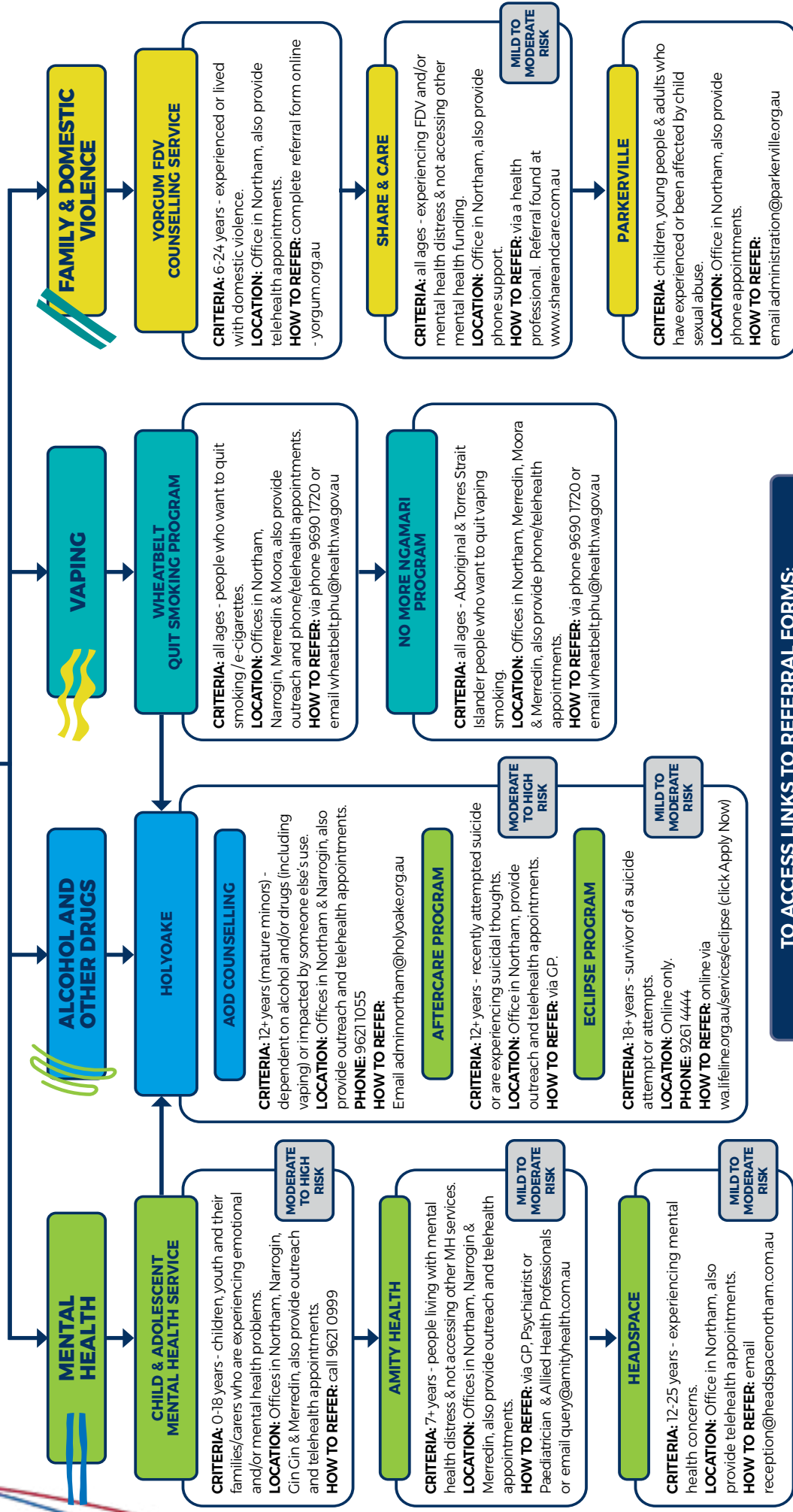
Please book your appointment with Dalwallinu Medical Centre receptionist on (08) 9661 1203

Appointments are for Womens' Health and Mental Health issues.

NB This service is free to patients. Funding is provided by Rural Health West and the Department of Health.

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Health and Wellness



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bit.ly/referralformswheatbelt

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Health and Wellness

Meaningful May 2024

MONDAY



6 Look for people doing good and reasons to be cheerful

TUESDAY



7 Make a list of what matters most to you and why

WEDNESDAY

1 Do something kind for someone you really care about

THURSDAY

2 Focus on what you can do rather than what you can't do

FRIDAY

3 Take a step towards an important goal, however small.

SATURDAY

4 Send your friend a photo from a time you enjoyed together

SUNDAY



5 Let someone know how much they mean to you and why

13 Find out about the values or traditions of another culture

14 Get outside and notice the beauty in nature

15 Do something to contribute to your local community

16 Show your gratitude to people who are helping to make things better

17 Find a way to make what you do today meaningful

18 Send a hand-written note to someone you care about

19 Reflect on what makes you feel valued and purposeful

20 Share photos of 3 things you find meaningful or memorable

21 Look up at the sky. Remember we are all part of something bigger

22 Find a way to help a project or charity you care about

23 Recall three things you've done that you are proud of

24 Make choices that have a positive impact for others today

25 Ask someone else what matters most to them and why

26 Remember an event in your life that was really meaningful

27 Focus on how your actions make a difference for others

28 Do something special and revisit it in your memory tonight

29 Today do something to care for the natural world

30 Share a quote you find inspiring to give others a boost

31 Find three reasons to be hopeful about the future



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At our Access Points you can:

- use our computer to access my.gov.au and other government programs and services and to search for jobs
- use the telephone to access our self service options or to speak to us
- access free Wi-Fi 24/7 to connect to government services—no password required
- scan, print, fax and photocopy documents
- have your identity documents certified
- pick up brochures.

Your local access point is:

Kalannie Community Resource Centre
67 Roche Street
Kalannie WA 6468



Australian Government
Services Australia



servicesaustralia.gov.au

Access Point

At a Services Australia Access Point you can:



use our computer to access **my.gov.au** and other government programs and services and to search for jobs



use the telephone to access our self service options or speak to us



access free Wi-Fi 24/7 to connect to government services. No password required



scan, print, fax and photocopy documents



have your confirmation of identity documents certified

There are no Services Australia staff at Access Points. If you need more help, use the telephone provided to call us directly.

Your local Access Point is:

Kalannie Community Resource Centre

Address: 67 Roche Street

Hours of business:

Monday 9.30am - 4.30pm, Tuesday 9.30am-3.30pm,
Wednesday 9.30am - 3.30pm, Thursday 9.30am - 4.00pm,
Friday 9.30am - 3.30pm

To find other Access Point locations go to **servicesaustralia.gov.au**

Self service

You can use your myGov account to access your Centrelink, Medicare and Child Support online accounts. Go to **my.gov.au**

You can also access our services through the Express Plus mobile apps.

For more information go to **servicesaustralia.gov.au/selfservice**

Centrelink phone self service

Phone self service **136 240**
To report your income and changes to your circumstances **133 276**

How to contact us

Go to **servicesaustralia.gov.au** for more information about payments and services or call the listed '13' or '1800' number most relevant to your situation.

ABSTUDY	Freecall™ 1800 132 317
Assistance for Isolated Children	132 318
BasicsCard balance enquiry	Freecall™ 1800 057 111
Centrelink debt repayment	Freecall™ 1800 076 072
Child Support	131 272
Disability, Sickness and Carers	132 717
Families	136 150
Farmers and their partners	132 316
Financial Information Service	132 300

For information in other languages:

- Centrelink **131 202**
- Medicare and Child Support **131 450**

Grandparent Advisers	Freecall™ 1800 245 965
Income Management and BasicsCard	Freecall™ 1800 132 594
Indigenous Call Centre	Freecall™ 1800 136 380
Indigenous debt repayment	Freecall™ 1800 138 193
Job seekers	132 850
Low Income Health Care Card	132 490
Medicare	132 011
Medicare Aboriginal and Torres Strait Islander Access Line	Freecall™ 1800 556 955
National Redress Scheme	Freecall™ 1800 737 377
Older Australians	132 300
Students and trainees	132 490
TTY* enquiries	Freecall™ 1800 810 586
Complaints and feedback	Freecall™ 1800 132 468

Call costs from your home phone to a:

- **13 number** from anywhere in Australia may vary depending on the call plan you have chosen from your telephone service provider—mobiles may incur a higher charge.
- **1800 number (Freecall™)** are free—calls from a public phone and mobiles may be timed and charged at a higher rate.

* TTY is only for people who are deaf or have a hearing or speech

impairment. A TTY phone is required for this service.



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Media Release

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