

The Kapers

Issue #50 16th December 2025

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**KALANNIE
CHRISTMAS
TREE 2025**

The Kapers is produced by the Kalannie Community Resource Centre

Phone: 96662194

Email: kalanniecrc@kalannie.com.au

Opening Hours

Mon - 9.30am - 4.30pm

Tues - 9.30am - 4.00pm

Wed - 9.30am - 4.00pm

Thur - 9.30am - 4.00pm

Fri - 9.30am - 4.00pm

The Kapers is a free electronic weekly newsletter and runs for 50 weeks.

Submission deadline for advertising is Monday 1.00pm

Email submissions to: kapers@kalannie.com.au

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Advertising

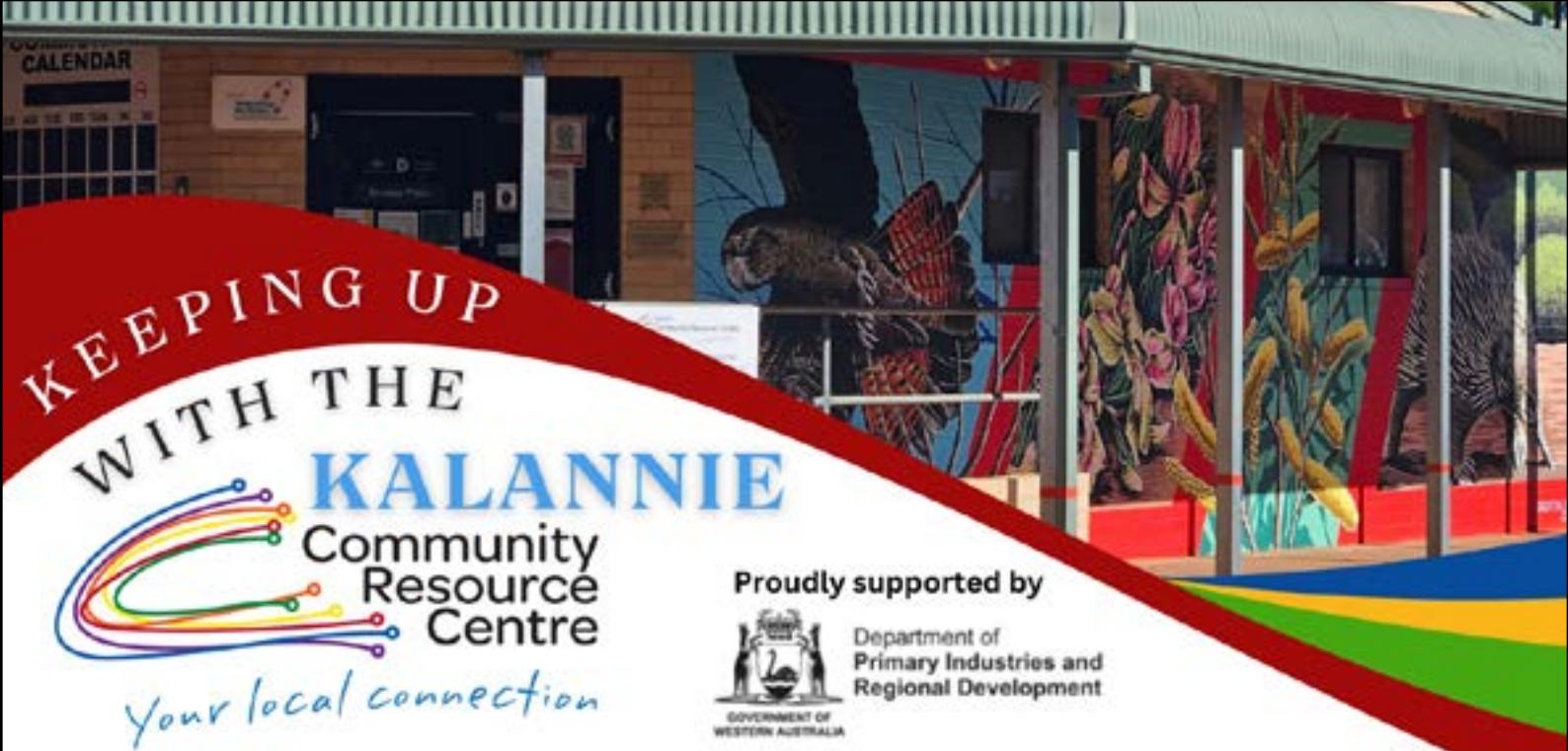
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Quarter Page \$20

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available

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KEEPING UP
WITH THE
KALANNIE
Community
Resource
Centre
your local connection

Proudly supported by

Department of
Primary Industries and
Regional Development

Merry Christmas

The Kalannie CRC staff and committee wishes everyone
a very Merry Christmas & a wonderful New Year

Our Christmas closure dates are:

CLOSED - 22nd December

OPEN - 5th January

See you in
2026

Thank you to everyone who took part in our Christmas lights competition.

Rolinson Drive certainly was the street to beat !

We would also like to give a very big thank you to Santa, who had the hard task of deciding on a winner. We think he chose well ! Congratulations to all our winners, Karen, Rudo & Sydney, Liam & Meg and the McCreery family.

Please follow the Christmas lights map and take a cruise around to check out the amazing light displays.



Wheatbelt Community Calendar

December

Sun	Mon	Tue	Wed	Thur	Fri	Sat
	1	2	3	4	5	6 KFC Wheatdrive @ KSRC 6.30pm
7	8	9	10	11	12 Dally Christmas Street Party	13 Christmas Lights Comp is Judged
14 Kalannie Christmas Tree @5pm 	15 Last Kapers for the Year	16 Kalannie Primary School Concert	17	18	19 School Holidays Begins 	20
21	22 Kalanne CRC Closed for Christmas Re-opening 5th January 	23 Nathan Whippy Griggs @ Sports Club 7pm 	24	25 Christmas Day 	26 Boxing Day	27
28	29	30	31 New Years Eve			

Disclaimer: The views expressed in articles published in this newsletter are not necessarily the views of the Kalannie CRC or any volunteer who may work to produce this publication. The Editor has the right to withhold, edit or abbreviate any items as considered necessary. No responsibility is accepted for the accuracy of the information presented. No liability is accepted. Thank you

Wheatbelt Community Calendar

January

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thur</i>	<i>Fri</i>	<i>Sat</i>
				1 New Years Day 	2	3
4	5 Kalannie CRC Reopens 	6 First Edition of the Kapers	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26 Australia Day Public Holiday 	27	28	29	30	31

kapers@kalannie.com.au
Phone: 9666 2194

Submissions to be received prior to
1pm Mondays

\$2.00 PRINTED
online version Free to subscribers
Click [HERE](#) to Subscribe

Shire Notices



Shire of Dalwallinu Recycle Calendar 2025-2026

July 2025						
S	M	T	W	T	F	S
	1	2	3	4	5	
6	7	8	9	10	11	12
13	14	15	16	17	18	19
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27	28	29	30	31		

August 2025						
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24	25	26	27	28	29	30
				31		

September 2025						
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28	29	30				

October 2025						
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26	27	28	29	30	31	

November 2025						
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2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
				30		

December 2025						
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28	29	30	31			

January 2026						
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25	26	27	28	29	30	31

February 2026						
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15	16	17	18	19	20	21
22	23	24	25	26	27	28

March 2026						
S	M	T	W	T	F	S
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15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

April 2026						
S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
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19	20	21	22	23	24	25
26	27	28	29	30		

May 2026						
S	M	T	W	T	F	S
				1	2	
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10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
				31		

June 2026						
S	M	T	W	T	F	S
			1	2	3	4
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

Recycle Days						
Wubin, Buntine &						
Kalannie						
Dalwallinu & Pithara						
Christmas Day						



WHAT CAN GO INTO YOUR RECYCLE BIN

- Glass** - All glass and ceramics, whole and broken
- Plastic** - All plastic containers and plastic wraps (empty with lids off)
- Paper** - All paper, junk mail and glossy magazines
- Cardboard** - All cardboard products
- Aluminium & Steel** - All metals, steel & aluminium excluding aerosol cans
- Liquid Paperboard** - Milk, juice and laundry detergent cartons.

There will be changes to the service over the Christmas Period, will advise closer to date.

Shire Notices



Christmas Closure Dates

Closed:

3pm, 23 December 2025 to
8.30am, 5 January 2026



Christmas Bin Collection Days



Shire of Dalwallinu

November 21 at 10:00 AM · 

Changes to Christmas Bin Collection Days

Kalannie, Buntine and Wubin (General Waste) will be serviced on Tuesday 23 December
Dalwallinu (General Waste & Recycling) will be serviced on Wednesday 24 December





Kalannie Christmas LIGHTS WINNERS

HOUSE DECORATIONS

WINNER- Karen Scally at 33 Rolinson Drive

2ND PLACE- Rudo & Sydney Banda at 6 Hathway Drive



FARM / BUSINESS GATE

WINNER- Liam & Meg at 5248 Dalwallinu Kalannie Road

2ND PLACE- McCreery Family 1285 Martin Road





Christmas Lights & Decorations MAP

Pack the snacks, load the kids, and enjoy a magical Christmas drive around Kalannie! Follow the map markers to visit each festive display – start anywhere and take it at your own pace.

Please drive carefully, respect private property, watch for kangaroos, and stay safe when stopping to enjoy the lights.

Enjoy the Christmas cheer and thank you to everyone who's helped light up our town!

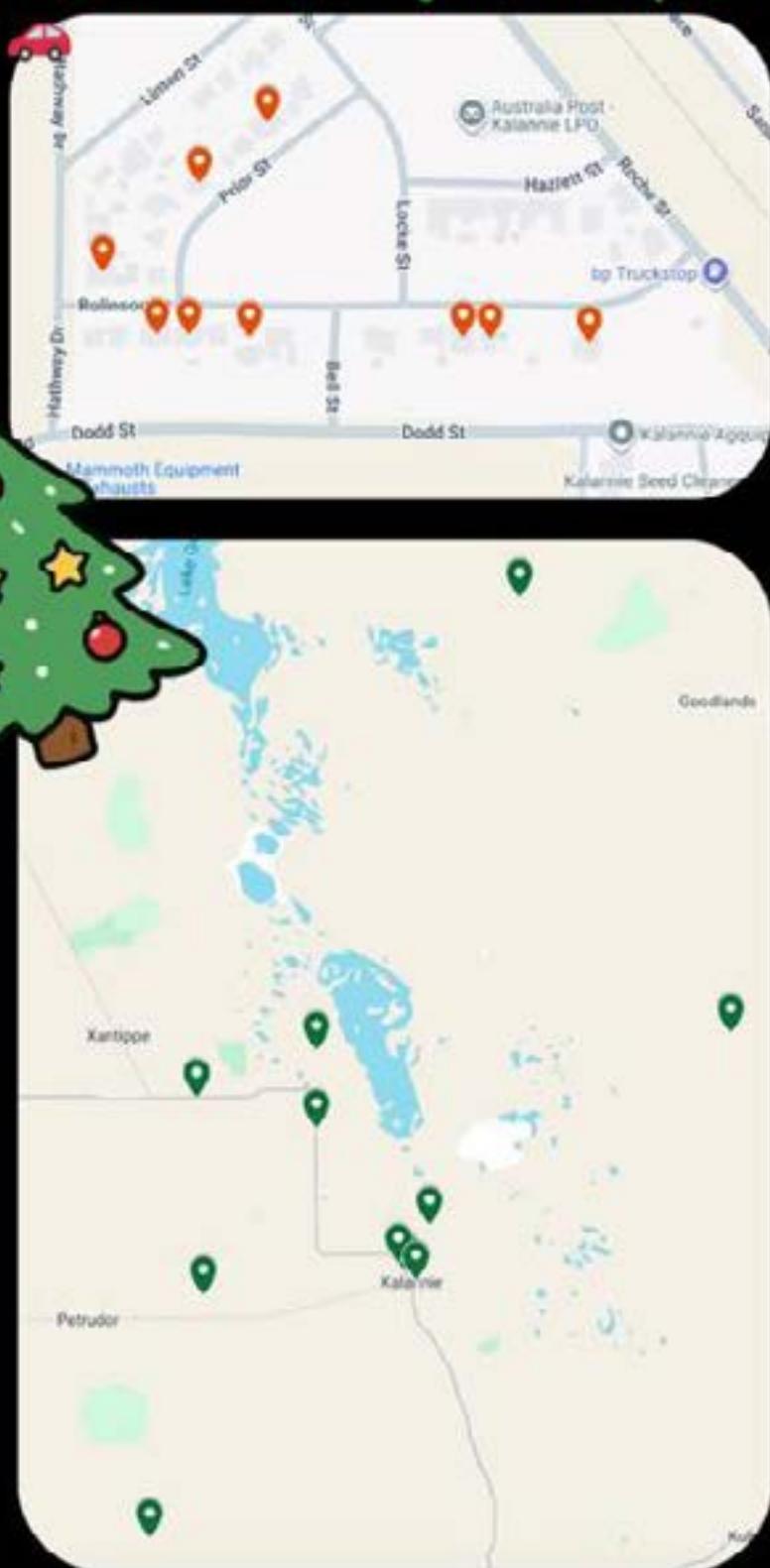
House Lights & Decorations:

- 6 Prior St
- 12 Prior St
- 9 Rolinson Dr
- 15 Rolinson Dr
- 17 Rolinson Dr
- 29 Rolinson Dr
- 33 Rolinson Dr
- 35 Rolinson Dr
- 6 Hathway Dr



Farm/Business Gate or Fence Lights & Decorations

- Main Street Park
- 1208 Reynolds Rd
- 108 Dodd Prior Road
- 3368 Dalwallinu-Kalannie Rd
- 247 Sanderson Rd
- 4132 Dalwallinu-Kalannie Rd
- 5248 Dalwallinu-Kalannie Rd
- 284 Goodlands Rd
- Urc Road
- 1285 Martin Rd
- 2 Sanderson Terrace



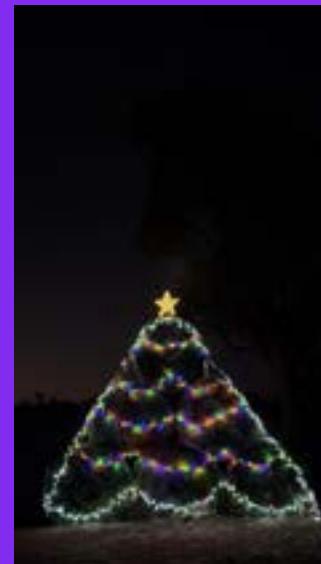
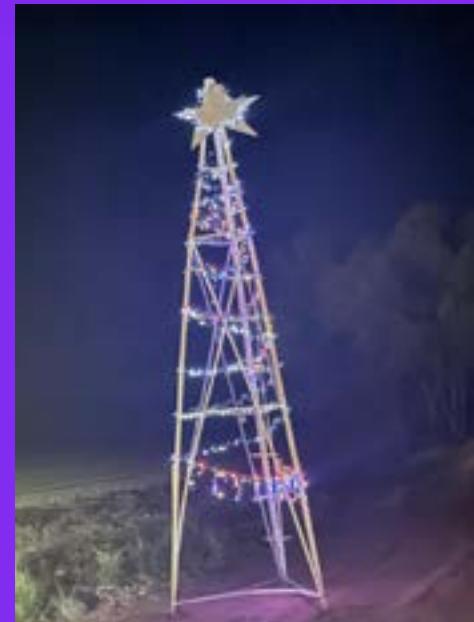


Kalannie Christmas LIGHTS





Kalannie Christmas LIGHTS



KALANNIE PRIMARY SCHOOL
INVITES YOU TO THE

2025 END OF YEAR CONCERT *& Year 6 Graduation*

Join us for a fun
evening of entertainment
as our students perform
“Mystery of the
Moonstone” and to
celebrate our Year 6
Students’ Graduation.

TUESDAY 16TH
DECEMBER 2025

CONCERT BEGINS 6PM
AT THE KALANNIE
TOWN HALL

5 X GUINNESS WORLD RECORD HOLDER

NATHAN

Whippy

GRIGGS

Nathan
Griggs

nathan

"A MUST SEE SHOW. WHIP CRACKING, AUSSIE BANTER, MUSIC AND MORE. DON'T MISS OUT!"



"AMAZING SHOW, SOMETHING FOR EVERYONE. I'VE NEVER SEEN WHIP CRACKING LIKE THIS BEFORE!"



APPEARING LIVE AT

Kalannie Sports Club

DATE: 23/12/25

TIME: 7pm

AUSTRALIA'S *no.1* WHIPCRACKING ENTERTAINER
FUN FOR ALL THE FAMILY | FREE ENTRY | MERCHANDISE AVAILABLE



Phone Number
9666 2040

Stock up for Christmas

Spend \$300 or more in one transaction and get 10% OFF
Excludes alcohol and cigarettes
Cash or EFTPOS only

Have a Merry Christmas and thanks for supporting local

TRADING HOURS

Monday – Friday 5.30am - 5.30pm
Saturday - 6.00am -12.00pm
Sunday – 8.00am - 12.00pm
Public holidays 9.00am-12.00pm



*Merry
Christmas!*

*and Happy
New Year!*



SHANE LOVE MLA

MEMBER FOR MID-WEST

1/17 Moreton Tce, Dongara
(08) 9927 2333
Mid-West@mp.wa.gov.au

20 Robinson St, Carnarvon
(08) 9941 2999

Hazlett Corner Store

Canning Vale Markets Supplying Kalannie Weekly,

Country Pak, well priced fresh fruit and vegetables

Market City Meats well priced quality cuts of fresh meat, poultry, butchers made sausages.

Bovells a WA Family Owned bakery suppling fresh bread and rolls

Bannisters and Masters Milk, Suppliers of fresh WA milk and cream

Katie Joys quality eggs from Gingin

WA owned Dorsogna small goods & Cape Naturaliste Cheese

Groceries from Metcash, suppliers to the majority of country supermarkets

You'll be surprised how good the pricing is compared to the city on day to day pricing.



Opening Hours

Monday to Friday 6am - 5:30pm

Saturday 7am - 12pm

Sunday 9am - 12pm

Phone-96662040

Christmas SHOPPING

At the CRC

Drop in and check out what's
in our retail store



Kalannie
Community Resource Centre
your local connection



Christmas Sale

CRAFT AND ACTIVITY KITS | PUZZLES
| STATIONARY | GAMES



25% OFF

STOCK UP FOR CHRISTMAS AT THE
KALANNIE CRC

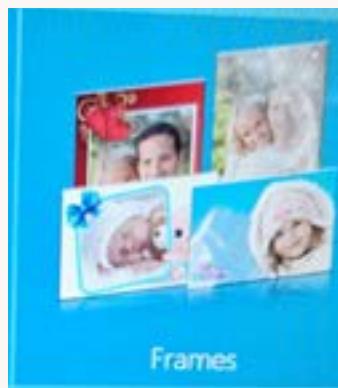
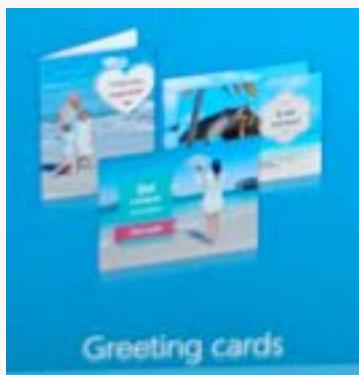
Kalannie
HOME CRAFT & GIFTS



Print Photos at the CRC

FOR A SPECIAL CHRISTMAS
GIFT OR TO CREATE
PERSONALISED CHRISTMAS
CARDS

Head into the Kalannie CRC to see
the variety of different photo printing
we have on offer!





DALWALLINU

Harvest Branch Hours 2025



L - R: Dalwallinu Branch Manager Johan Calitz and Sales Consultant Dominic Sheehy at the Dowerin Field Days 2025

Dalwallinu Tel: (08) 9661 1002

After Hours **Parts**: 0427 084 216

After Hours **Service**: 0427 084 214

After Hours **Sales**: 0427 084 210

Precision Farming Support Line – 0488 844 690

WWW.BOEKEMANS.COM.AU

Boekeman
Machinery
Est 1968

HARVEST OPENING HOURS

7:00am – 6:00pm

From 13th of October

SATURDAY MORNINGS

8:00am - 12:00pm

From October 4th until December 2025

Branch Manager Johan Calitz – 0427 084 210

Service Manager Steve Eaton – 0427 084 214

Parts Manager Kirsty Booth – 0427 084 216

Sales Consultant Dominic Sheehy – 0459 214 350

Sales Consultant Matthew Joyner – 0437 611 725

Group Parts Manager Kevin Dack - 0475 985 947

Group PF Manager Conor McGuckian - 0438 905 875

Group GM Sales Dillan Elliott - 0477 740 707

Group GM Operations Ben Boekeman - 0475 969 169

CASE II



**Farming & Livestock
General Hardware
Home & Garden
Automotive & Hydraulics
Industrial & Household Gas**

Ask us to order something in for you!

Contact

MARK: 0407 640 614

JULIE: 0400 722 790

SHOP: 9666 2179

admin@kalannieagquip.com.au

Shop Hours

MON - FRI: 7.30 AM - 5.00PM

SAT: 7.30AM - 12.00PM

Nutrien
Ag Solutions



Kochii Eucalyptus Oil has rebranded to become Fasera.

We've changed our name, not our vision.

At the same time we've been producing incomparable Australian eucalyptus oils, we've also been building our position as a global leader in sustainable agricultural carbon sequestration.

Now, operating as Fasera, we produce carbon credits, biochar, wood vinegar and eucalyptus oil via our carefully selected and managed estates of oil mallee trees on land owned by local farmers. Whilst we are changing and expanding, our roots remain firmly in Kalannie, the wheatbelt and Western Australia.



To find out more about our offerings and to purchase Eucalyptus Oil products go to fasera.com



fasera

Kochii
Australian
EUCALYPTUS OIL



**Bridgestone
Service Centre**

Firestone

GOODF^YEAR

MICHELIN

BKT

DALWALLINU

9661 1206

Matt Wilson

After Hrs 0467 492 576

1A Johnston St

Suppliers of:

Passenger, 4WD, truck & agricultural tyres

Supporters of Kalannie Football Club

Our products & services include:

- A service vehicle available for on-site fitting and repairs
- Vulcanised and major repairs on all large tyres
- Wheel alignments
- Range of batteries
- Assorted tubes
- Full range of compressor nitto fittings and industrial brass fittings
- We also sell rubber matting

TYRES TO SUIT ALL BUDGETS



**COUNTRY WIDE
INSURANCE BROKERS**

**Who do you turn
to for insurance
in Kalannie?**

Talk to your local broker about
all things insurance today.



Todd Bein

08 9690 8900

Insurance for your industry,
tailored to your business.

- Agri-business
- Manufacturing
- Tradespeople
- Commercial
- Transport
- Retail
- Clubs



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ABN 56 009 296 824
cwib.com.au

**Real
Understanding**



~ Specialising in Transport ~

*Extendable and Deck Widening Low Loader
Grain Tippers, Side Tippers
Fertilizer, Lime, Gypsum
Wool, Hay and General Freight
Water Carting
Spraying*



Chris - 0427 088 173 / Steve - 0429 662 033



Reporting and payment date changes

- **Christmas Day, Thursday 25 December 2025**
- **Boxing Day, Friday 26 December 2025**
- **New Year's Day, Thursday 1 January 2026.**

If you report to get your Centrelink payment

New dates for these payments:

- Austudy
- Farm Household Allowance
- JobSeeker Payment
- Special Benefit
- Status Resolution Support Services Payment
- Youth Allowance.

Normal reporting date	New reporting date	Revised payment date	Next payment date
Thursday 18 December 2025	Thursday 18 December 2025	Friday 19 December 2025	Friday 2 January 2026
Friday 19 December 2025	Friday 19 December 2025	Monday 22 December 2025	Monday 5 January 2026
Monday 22 December 2025	Friday 19 December 2025	Monday 22 December 2025	Tuesday 6 January 2026
Tuesday 23 December 2025	Monday 22 December 2025	Tuesday 23 December 2025	Wednesday 7 January 2026
Wednesday 24 December 2025	Monday 22 December 2025	Tuesday 23 December 2025	Thursday 8 January 2026
Thursday 25 December 2025	Tuesday 23 December 2025	Wednesday 24 December 2025	Friday 9 January 2026
Friday 26 December 2025	Tuesday 23 December 2025	Wednesday 24 December 2025	Monday 12 January 2026
Monday 29 December 2025	Wednesday 24 December 2025	Monday 29 December 2025	Tuesday 13 January 2026
Tuesday 30 December 2025	Wednesday 24 December 2025	Monday 29 December 2025	Wednesday 14 January 2026
Wednesday 31 December 2025	Tuesday 30 December 2025	Wednesday 31 December 2025	Thursday 15 January 2026
Thursday 1 January 2026	Wednesday 31 December 2025	Friday 2 January 2026	Friday 16 January 2026
Friday 2 January 2026	Friday 2 January 2026	Monday 5 January 2026	Monday 19 January 2026

New payment dates for these payments:

- a families payment
- ABSTUDY
- Age Pension
- Assistance for Isolated Children
- Carer Allowance
- Carer Payment
- Disability Support Pension
- Double Orphan Pension
- Parenting Payment
- Pensioner Education Supplement.

Normal reporting date	New reporting date	Revised payment date	Next payment date
Thursday 18 December 2025	Thursday 18 December 2025	Monday 22 December 2025	Monday 5 January 2026
Friday 19 December 2025	Friday 19 December 2025	Tuesday 23 December 2025	Tuesday 6 January 2026
Monday 22 December 2025	Friday 19 December 2025	Tuesday 23 December 2025	Wednesday 7 January 2026
Tuesday 23 December 2025	Monday 22 December 2025	Wednesday 24 December 2025	Thursday 8 January 2026
Wednesday 24 December 2025	Monday, 22 December 2025	Wednesday 24 December 2025	Friday 9 January 2026
Thursday 25 December 2025	Tuesday 23 December 2025	Monday, 29 December 2025	Monday 12 January 2026
Friday 26 December 2025	Tuesday 23 December 2025	Monday 29 December 2025	Tuesday 13 January 2026
Monday 29 December 2025	Wednesday 24 December 2025	Tuesday 30 December 2025	Wednesday 14 January 2026
Tuesday 30 December 2025	Wednesday 24 December 2025	Tuesday 30 December 2025	Thursday 15 January 2026
Wednesday 31 December 2025	Tuesday 30 December 2025	Friday 2 January 2026	Friday 16 January 2026
Thursday 1 January 2026	Wednesday 31 December 2025	Monday 5 January 2026	Monday 19 January 2026
Friday 2 January 2026	Friday 2 January 2026	Tuesday 6 January 2026	Tuesday 20 January 2026



Australian Government



Services
Australia

Payment date changes

- **Christmas Day, Thursday 25 December 2025**
- **Boxing Day, Friday 26 December 2025**
- **New Year's Day, Thursday 1 January 2026.**

If you don't report to get your Centrelink payment

New dates for these payments:

- Austudy
- Farm Household Allowance
- JobSeeker Payment
- Special Benefit
- Status Resolution Support Services Payment
- Youth Allowance.

Normal payment date	Revised payment date	Next payment date
Friday 19 December 2025	Friday 19 December 2025	Friday 2 January 2026
Monday 22 December 2025	Monday 22 December 2025	Monday 5 January 2026
Tuesday 23 December 2025	Monday 22 December 2025	Tuesday 6 January 2026
Wednesday 24 December 2025	Tuesday 23 December 2025	Wednesday 7 January 2026
Thursday 25 December 2025	Tuesday 23 December 2025	Thursday 8 January 2026
Friday 26 December 2025	Wednesday 24 December 2025	Friday 9 January 2026
Monday 29 December 2025	Wednesday 24 December 2025	Monday 12 January 2026
Tuesday 30 December 2025	Monday 29 December 2025	Tuesday 13 January 2026
Wednesday 31 December 2025	Monday 29 December 2025	Wednesday 14 January 2026
Thursday 1 January 2026	Wednesday 31 December 2025	Thursday 15 January 2026
Friday 2 January 2026	Friday 2 January 2026	Friday 16 January 2026
Monday 5 January 2026	Monday 5 January 2026	Monday 19 January 2026



Australian Government



Services
Australia

New payment dates for these payments:

- a families payment
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- Carer Payment
- Disability Support Pension
- Double Orphan Pension
- Parenting Payment
- Pensioner Education Supplement.

Normal payment date	Revised payment date	Next payment date
Monday 22 December 2025	Monday 22 December 2025	Monday 5 January 2026
Tuesday 23 December 2025	Tuesday 23 December 2025	Tuesday 6 January 2026
Wednesday 24 December 2025	Tuesday 23 December 2025	Wednesday 7 January 2026
Thursday 25 December 2025	Wednesday 24 December 2025	Thursday 8 January 2026
Friday 26 December 2025	Wednesday 24 December 2025	Friday 9 January 2026
Monday 29 December 2025	Monday 29 December 2025	Monday 12 January 2026
Tuesday 30 December 2025	Monday 29 December 2025	Tuesday 13 January 2026
Wednesday 31 December 2025	Tuesday 30 December 2025	Wednesday 14 January 2026
Thursday 1 January 2026	Tuesday 30 December 2025	Thursday 15 January 2026
Friday 2 January 2026	Friday 2 January 2026	Friday 16 January 2026
Monday, 5 January 2026	Monday, 5 January 2026	Monday, 19 January 2026
Tuesday, 6 January 2026	Tuesday, 6 January 2026	Tuesday, 20 January 2026

STAY SOCIAL OFF SOCIALS



A NEW LAW IS COMING THAT WILL CHANGE HOW
YOUNG PEOPLE ACCESS SOCIAL MEDIA.

HERE'S WHAT YOU NEED TO KNOW:

What is the new law?

- Starting from 10 December 2025, many social media platforms in Australia must prevent people under 16 from having a social media account.
- The law is not a ban on social media, it's just a change to how old you have to be to sign up and keep/have an account.

Why is it happening?

- The changes aim to reduce the risk from harmful design features that make it hard to switch off from social media. It will help protect the health and wellbeing of young people and give them extra time to develop real world connections and digital literacy skills before they join global platforms.
- As part of the changes, new social norms are being built around social media use, where young people can maintain connections in other ways.

How will it work?

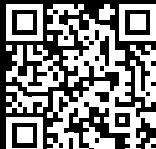
- Once the new law takes effect, platforms should deactivate accounts belonging to anyone under 16.
- They must also take steps to check your age before you can sign up.

What does this all mean?

- If you're under 16, you won't be able to have an account on some social media platforms.
- The new law is intended to capture major platforms like TikTok, Snapchat, Instagram, Facebook, YouTube, X, and Twitch.
- You'll still be able to stay social in other ways.
- You can use platforms that have the sole or primary purpose of online gaming and messaging.
- You can also use professional and development services, and services that are primarily for education and health support.

What do I need to do?

- Nothing, social media platforms are responsible for making sure they follow the new law. They should deactivate any existing accounts for under-16s and monitor new sign-ups.
- The new law will not eliminate every online risk, and the risks will not simply disappear when a young person turns 16. eSafety will continue to help people of all ages understand how to use online services and platforms as safely as possible and get help if they are harmed.
- You can find information, advice and support at esafety.gov.au



Scan the QR code
to learn more or visit
esafety.gov.au



eSafety
Commissioner

Your digital rights

eSafety is making sure the digital rights of children and young people are protected while we work towards and enforce the new social media age restrictions for under-16s that start on 10 December 2025.

We expect social media platforms to also respect these rights.

These are eSafety's commitments.

1. Hearing from children and young people and making sure their views shape our work.
2. Making sure our guidance for platforms reflects children's and young people's best interests, rights and views.
3. Providing information about the social media age restrictions in ways that different people and communities can understand.
4. Promoting wide access to online safety education.
5. Coordinating online safety activities across government and with those who support children and young people.
6. Working with other international regulators to reduce online harm and promote online safety in a way that respects and supports human rights.
7. Making sure online services meet their other legal obligations to be transparent and create safer online experiences for children and young people, and providing support to children and young people who do experience online harms like cyberbullying.
8. Doing research with children and young people to see how the social media age restrictions are going, so we can evaluate and adjust our approach.
9. Being involved in discussions about how any changes to laws can reflect children's and young people's best interests, rights and views.

You can read our full [Statement of Commitment to Children's Rights](#)

[\[esafety.gov.au/about-us/industry-regulation/social-media-age-restrictions/statement-of-commitment-to-childrens-rights\]](http://esafety.gov.au/about-us/industry-regulation/social-media-age-restrictions/statement-of-commitment-to-childrens-rights)

Youth Support Services

Do you or someone you care about need someone to talk to?



Phone-based support:

Lifeline - 13 11 14

Beyond Blue - 1300 224 636

QLife - 1800 184 527

Kids Helpline - 1800 551 800

headspace - 1800 650 890

1800respect - 1800 737 732

13YARN - 13 92 76



Web-based support:

Beyond Blue - youthbeyondblue.com

Kids Helpline - kidshelpline.com.au

headspace - [eheadspace - eheadspace.org.au](http://eheadspace.org.au)

mindspot - [mindspot - mindspot.org.au](http://mindspot.org.au)

reachout - [reachout - au.reachout.com](http://au.reachout.com)

MOST - most.org.au

QLife - qlife.org.au

DALWALLINU

HAULAGE

Contact: Shannon Dawson

Ph: 0429 922 592 Email: Shannon@dallyhaulage.com.au

GENERAL FREIGHT & LOGISTICS



Dalwallinu Haulage has been an integral part of the Dalwallinu and surrounding Wheatbelt for over 20 years.

We are a family owned and run transport company who provide varying services from Perth to the Wheatbelt and the Northwest of WA.

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We pride ourselves on great service and our 'can do' attitude.

We are proud of the way we contribute to our community by sponsoring the local sporting clubs and supporting local businesses.

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We have the ability to load liquid & granulated fertiliser from Kwinana to your farm. Our 47ft elevator means we are able to deliver to any granulated fertiliser shed.



Christmas Tree Tracing Page

Can you decorate the Christmas tree?





Christmas Colour Copy

Can you colour the picture to match the one below?



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13 Dandaragan Street, Moora
rsm.com.au/moora

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Keiran Sullivan
T 0419 965 015
210 Fitzgerald Street, Northam
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PO Box 27

Wongan Hills 6603

Phone: 9671 1655

Mobile: 0428 415 089

Email: eion@what.net.au

Website: www.what.net.au



Local Service

Summit Fertilizers Area Managers live and work in your local communities, and understand what matters most for your farm to succeed, backed with over 35 years of agricultural knowledge and recommendations customised for your needs.

For more information on how Summit can partner with you for growing success, please contact your Local Area Manager.

Community Notices



**DONATE THE CASH
THAT'S IN YOUR
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KALANNIE P&C**

Just use our scheme ID number:

C10350369

Bring your eligible containers to:

KALANNIE IGA CARPARK

Look for the shuttle. Free bags located inside the store. Please place our ID number inside the bag.

PLEASE NOTE:

All bags placed in the shuttles will be considered a donation to Kalannie P&C.

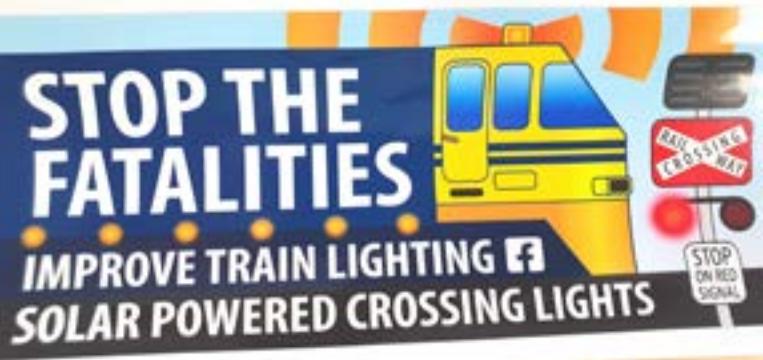
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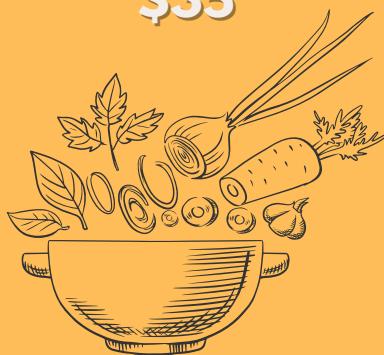


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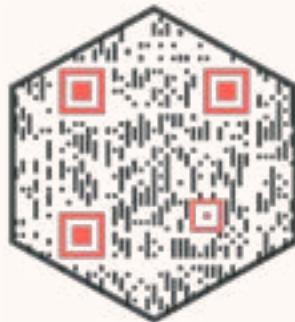
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Clare
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**Outside these hours we will still come to your
rescue! Don't hesitate to call 9661 2222.**

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Kalannie Community Resource Centre

your local connection



BECOME A CRC MEMBER

Sign up for a family or personal membership
All Kalannie CRC members get:

- Free computer use
- 2 x 1 hour free conference room hire
- Free video conferencing

Email the CRC for a membership form at
kalanniecrc@kalannie.com.au or drop in
to pick up a form

SUNDAY



SATURDAY

7	Give kind comments to as many people as possible today
9	Leave a positive message for someone else to find

FRIDAY



THURSDAY

5	Give a gift to someone who is homeless or feeling lonely
4	Support a charity, cause or campaign you really care about

WEDNESDAY



TUESDAY



MONDAY



1	Spread kindness and share the December calendar with others
2	Contact someone you can't be with to see how they are
3	Offer to help someone who is facing difficulties at the moment
5	Give a gift to someone who is homeless or feeling lonely
6	Do something helpful for a friend or family member
7	Leave a positive message for someone else to find
9	Notice when you're hard on yourself or others and be kind instead
10	Listen wholeheartedly to others without judging them
11	Buy an extra item and donate it to a local food bank
12	Be Generous. Feed someone with food, love or kindness today
13	See how many different people you can smile at today
14	Share a happy memory or inspiring thought with a loved one
16	Ask for help and let someone else discover the joy of giving
17	Give thanks. List the kind things others have done for you
18	Look for something positive to say to everyone you speak to
19	Contact someone who may be alone or feeling isolated
21	Appreciate kindness and thank people who do things for you
22	Congratulate someone for an achievement that may go unnoticed
23	Choose to give or receive the gift of forgiveness
24	Bring joy to others. Share something which made you laugh
25	Treat everyone with kindness today, including yourself!
26	Get outside. Pick up litter or do something kind for nature
27	Call a relative who is far away to say hello and have a chat
29	Turn off digital devices and really listen to people
30	Let someone know how much you appreciate them and why
31	Plan some new acts of kindness to do in 2026

December Kindness 2025





GRILLED CHICKEN SALAD BOWL

SERVES: 4

PREP: 10 MINS

COOKING: 10 MINS

INGREDIENTS

2 tablespoons tahini

1 garlic clove, crushed

2 tablespoons lemon juice

Olive oil spray

3 teaspoons olive oil

1 teaspoon honey

400g lean chicken breasts,
halved horizontally

200g can of no added salt lentils, drained

2 medium beetroots, peeled, grated

2 large carrots, peeled, grated

1 large cucumber, cut into thick batons

120g baby spinach

METHOD

1. Combine tahini, garlic, lemon juice, olive oil and honey in a small bowl with 1 teaspoon hot water and mix until a smooth consistency. Set aside.
2. Spray a large pan or non-stick frying pan with olive oil and heat over medium-high heat. Cook chicken 5-6 minutes each side, or until golden and just cooked through. Set aside.
3. To serve, divide the lentils, beetroot, carrot, cucumber, spinach leaves and sliced chicken between 4 bowls.
4. Drizzle each bowl with tahini dressing.





CHICKEN VIETNAMESE PHO

SERVES: 4

PREP: 10 MINS

COOKING: 20 MINS

INGREDIENTS

500ml salt reduced chicken stock (*see tip)

1.5L water

1 brown onion, halved, thinly sliced

2 cloves garlic, peeled

10cm piece ginger, peeled, sliced

2 star anise

1 teaspoon black peppercorns

1 teaspoon salt reduced soy sauce

2 teaspoons fish sauce

2 tablespoons lime juice

4 x 100-120g lean chicken breast fillets

2 bunches bok choy, roughly chopped

150g rice noodles

150g bean shoots

1/2 cup Vietnamese mint leaves

1/2 cup coriander leaves

2 spring onions, chopped

2 teaspoons sliced red chilli

4 lemon wedges

METHOD

1. Combine stock, water, onion, garlic, ginger, star anise, black peppercorns, soy sauce and fish sauce in a large saucepan over medium-high heat. Cover and bring to the boil. Add chicken breast and simmer for 15-17 minutes or until chicken is cooked through. For the last 3 minutes of cooking, add bok choy.
2. Remove garlic, peppercorns, star anise and ginger and discard. Transfer chicken to a plate, and shred when cooled.
3. Prepare noodles according to packet instructions. Drain.
4. Divide chicken, noodles, bok choy and stock between 4 bowls. Top each bowl with bean shoots, Vietnamese mint, coriander, spring onion, chilli and a lemon wedge.

TIP: For a healthier alternative to store-bought stock, use our [homemade chicken stock recipe](#) instead.

TIP: This recipe can also be made with green prawns, tofu, or sliced beef.



Health and Wellness

MENTAL HEALTH AND WELLBEING TIPS:



GET ENOUGH SLEEP AND REST

Sleep affects our physical and mental health and can be the first thing we trade in when we get busy or stressed.



SCHEDULE TIME FOR THINGS YOU ENJOY

Balance in life is important, so taking time out for things you enjoy can make a difference to how you think and feel.



BE ACTIVE AND EAT WELL

Our physical and mental health are closely linked, so ensure that you are exercising and eating nutritious food.



NURTURE RELATIONSHIPS AND CONNECT WITH OTHERS

Our connection to others is what keeps us strong, especially during challenging times. Ensure you have people to connect with (face-to-face, over the phone or virtually).



ENSURE YOU ARE ADOPTING STRATEGIES TO MANAGE YOUR STRESS LEVELS

If you have are having trouble relaxing or managing intrusive thoughts, the websites below provide an array of tips and tools that can assist you.



MAKE A 'TASKS LIST'

Break large tasks into smaller, more manageable tasks which can be prioritised in order of importance.



FOCUS ON WHAT YOU CAN CONTROL

Direct your time, energy, and resources towards things you have direct influence over, rather than things outside of your control (weather/climate, government regulations, commodity markets).



BRING OTHERS TO THE TABLE

Another set of ears and a logical brain can help with processing and retaining information.



KEEP THE LINES OF COMMUNICATION OPEN

Schedule regular farm business meetings and don't avoid making decisions.



KEEP IN REGULAR CONTACT WITH INDUSTRY PEERS, GROWER GROUPS AND CONSULTANTS

They are sources of trusted and valuable information and can also be a good social connection.



PREPARE AND PLAN FOR THE UNEXPECTED

Contingency planning can avoid further stress.



BE AWARE OF THE RISKS ASSOCIATED WITH BEHAVIOURS OR COPING STRATEGIES THAT ARE UNSAFE AND PUT YOURSELF AND OTHERS AT RISK

Unsafe alcohol consumption, misuse of prescription medication and use of illicit drugs.



TAKE TIME TO PAUSE, BREATHE AND REFLECT

A simple moment of reflection helps us connect our minds with our feelings. It enables us to connect what's happening around us with what's going on in our heads and hearts. Taking the time to ask the right questions of ourselves, and time to get a thoughtful answer, gives us perspective, direction and clarity. By taking time to pause and slow down our breathing (deep circular breaths), we slow down a racing heart, reducing the symptoms of stress headaches and muscle tension.



PARTAKE IN HELP SEEKING BEHAVIOURS

Please see below for information on Support Services and Helplines available.



ORGANISE AN INFORMATION SESSION OR WORKSHOP:

Increasing your own and others understanding of the risks, protective factors, unsafe/risky behaviours, coping strategies, wellbeing, and community resilience is a powerful tool in improving empathy, connections and the overall safety within a community. Please contact Holyoake's Prevention Team if you would like to organise an information session or workshop for your community. Email JDrayton@holyoake.org.au or Jordyn.Drayton@holyoake.org.au

Health and Wellness

CRISIS LINES			
Lifeline Lifeline WA provides all Western Australians experiencing a personal crisis or thinking about suicide with access to 24-hour crisis support and suicide prevention services.	13 11 14 Lifeline WA	Rural West Rural West provide a free, confidential, mobile, independent financial counselling service to regional small businesses and all primary production enterprises in WA.	1800 612 004 Rural West
Suicide Call Back Service Suicide Call Back Service is a free nationwide service providing 24/7 phone and online counselling to people affected by suicide.	1300 659 467	Wheatbelt Mental Health Including: Adult Mental Health Service, Child & Adolescent Mental Health Service, Aboriginal Mental Health Service & Seniors Mental Health Service.	9621 0999 WA Country Health Service
Beyond Blue Beyond Blue as a reliable source of mental health information, support, and hope.	1300 224 636 Beyond Blue	Amity Health Amity Health provide a range of funded health and community programs across the Wheatbelt region.	9842 2797 Amity Health
MensLine Australia MensLine Australia is a telephone and online counselling service offering support for Australian men anywhere, anytime.	1300 789 978 MensLine Australia	headspace headspace Northam is a free and confidential service for young people aged 12-25. Their service is designed to make it as easy as possible for a young person and their family to get the help they need for problems affecting their wellbeing.	9621 5000 headspace Northam
Drought Response Hotline		WEBSITES FOR INFORMATION & RESOURCES	
The Drought response hotline is available 24/7 hotline for farmers to speak to a trained operator who will be able to connect callers with grant information and services most relevant to their needs.	1300 489 832 Drought Response WA	ifarmwell ifarmwell is a free online tool kit to help farmers cope effectively with life's challenges and get the most out of every day, regardless of the circumstances they face.	ifarmwell
Kids Helpline Kids Helpline is Australia's only free, confidential 24/7 online and phone counselling service for young people aged 5 to 25.	1800 551 800 Kids Helpline	National Centre for Farmer Health The National Centre for Farmer Health supports farmer mental health through research; education; prevention-focused mental health resources including Managing Stress on the Farm, Steering Straight and Campfire; and support services including a farmer health trained online psychology platform.	National Centre for Farmer Health
PLACE-BASED SUPPORTS		Managing Stress on the Farm walks farmers, farming families, farm workers, and farming communities through the common causes of stressors on farms and offers practical ways to deal with them. It also includes the Steering Straight plan, which helps individuals manage their mental health with practical, valuable steps.	Free to download via: Managing Stress on the Farm Booklet
Holyoake Holyoake give Western Australians impacted by alcohol, drugs and mental ill health the support, hope and confidence they need to live the life they choose.	9621 1055 Holyoake	TIACS TIACS is a free, confidential phone and text counselling service offering mental health support to farmers, blue-collar workers and those that care about them Australia-wide.	0488 846 988 (Mon-Fri 8am-10pm AEST) TIACS
Head to Health (co-located with Holyoake) Mental health support for adults (18+ years) with their own or another's mild to moderate mental ill health.	6383 8040 Head to Health Northam	Head to Health Head to Health helps everyone access the mental health and wellbeing services that are right for them. It makes it easier to navigate and choose the most suitable care options, whether that's face-to-face, via phone, or online.	Head to Health
Rural Aid Rural Aid provides critical support to farmers affected by natural disaster through financial, wellbeing and fodder assistance.	1300 327 624 Rural Aid		
The Regional Men's Health Initiative The Regional Men's Health Initiative is a team of people who are passionate about raising awareness of men's health and wellbeing in regional, rural, and remote communities throughout WA.	9314 1436 The Regional Mens Health Initiative		

For more information
Scan the barcode
or **CALL 9416 4444**

Find us on social media @holyoake





We're closer than you think

Use the free self service facilities at our Access Points to connect with Centrelink, Medicare and other government programs and services.

At our Access Points you can:

- use our computer to access my.gov.au and other government programs and services and to search for jobs
- use the telephone to access our self service options or to speak to us
- access free Wi-Fi 24/7 to connect to government services—no password required
- scan, print, fax and photocopy documents
- have your identity documents certified
- pick up brochures.

Your local access point is:

Kalannie Community Resource Centre
67 Roche Street
Kalannie WA 6468



Australian Government
Services Australia



servicesaustralia.gov.au

Access Point

At a Services Australia Access Point you can:

-  use our computer to access **my.gov.au** and other government programs and services and to search for jobs
-  use the telephone to access our self service options or speak to us
-  access free Wi-Fi 24/7 to connect to government services. No password required
-  scan, print, fax and photocopy documents
-  have your confirmation of identity documents certified

There are no Services Australia staff at Access Points. If you need more help, use the telephone provided to call us directly.

Your local Access Point is:

Kalannie Community Resource Centre

Address: 67 Roche Street

Hours of business:

Monday 9.30am - 4.30pm, Tuesday 9.30am-3.30pm,
Wednesday 9.30am - 3.30pm, Thursday 9.30am - 4.00pm,
Friday 9.30am - 3.30pm

To find other Access Point locations go to servicesaustralia.gov.au

Self service

You can use your myGov account to access your Centrelink, Medicare and Child Support online accounts. Go to my.gov.au

You can also access our services through the Express Plus mobile apps.

For more information go to servicesaustralia.gov.au/selfservice

Centrelink phone self service

Phone self service	136 240
To report your income and changes to your circumstances	133 276

How to contact us

Go to servicesaustralia.gov.au for more information about payments and services or call the listed '13' or '1800' number most relevant to your situation.

ABSTUDY	Freecall™ 1800 132 317
Assistance for Isolated Children	132 318
BasicsCard balance enquiry	Freecall™ 1800 057 111
Centrelink debt repayment	Freecall™ 1800 076 072
Child Support	131 272
Disability, Sickness and Carers	132 717
Families	136 150
Farmers and their partners	132 316
Financial Information Service	132 300

For information in other languages:

• Centrelink	131 202
• Medicare and Child Support	131 450
Grandparent Advisers	Freecall™ 1800 245 965
Income Management and BasicsCard	Freecall™ 1800 132 594
Indigenous Call Centre	Freecall™ 1800 136 380
Indigenous debt repayment	Freecall™ 1800 138 193
Job seekers	132 850
Low Income Health Care Card	132 490
Medicare	132 011
Medicare Aboriginal and Torres Strait Islander Access Line	Freecall™ 1800 556 955
National Redress Scheme	Freecall™ 1800 737 377
Older Australians	132 300
Students and trainees	132 490
TTY* enquiries	Freecall™ 1800 810 586
Complaints and feedback	Freecall™ 1800 132 468

Call costs from your home phone to a:

- **13 number** from anywhere in Australia may vary depending on the call plan you have chosen from your telephone service provider—mobiles may incur a higher charge.
- **1800 number (Freecall™)** are free—calls from a public phone and mobiles may be timed and charged at a higher rate.

* TTY is only for people who are deaf or have a hearing or speech

impairment. A TTY phone is required for this service.





Kalannie Community Directory

COMMUNITY GROUP	CONTACT PERSON	EMAIL
Isolated Children & Parents Ass	Jane Lang	bresland.farming@gmail.com
Kalannie Bowling Club	Andrew Moore	andrew.tracy@westnet.com.au
Kalannie Community Ass	Catherine Hudson	kca@kalannie.com.au
Kalannie Community Church	Helen Nixon	rnixon7@bigpond.com
Kalannie CRC	Catherine Hudson	kalanniecrc@kalannie.com.au
Kalannie Cricket Club - Jnr	Kate McCreery	jkmccreery.family@outlook.com
Kalannie CWA	Jodie Lyndon-James	kalanniecwa@gmail.com
Kalannie Fire Brigade	Paul Burridge	cropit2@yahoo.com.au
Kalannie Football Club	Garry Crossman	garrycrossman@rocketmail.com
Kalannie Golf Club - Men	Grant Hudson	ghuddo22@gmail.com
Kalannie Ladies Hockey Club	Ricki Fulwood	kalanniehockeyclub@gmail.com
Kalannie Netball Club	Ashley Gartrell	kalannienetballclub@gmail.com
Kalannie P&C	Gabrielle Severin	kalanniepandc@gmail.com
Kalannie Playgroup	Lexi Wasmann	lexiwasmann@icloud.com
Kalannie Sporting & Recreation Club	Melissa Harms	ksrc@live.com.au
Kalannie St John Ambulance	Stewart Benton	stewartbenton@bigpond.com
Kalannie Tennis Club	Stacey Hudson	shudson@activ8.net.au
Kalannie Young Farmers	Libby Osborne	wildaizy@hotmail.com



Kalannie Business Directory

BUSINESS	PHONE	EMAIL
Central Wheatbelt Physiotherapy	0413 901 057	centralwheatbeltphysio@gmail.com
Gypsum Supplies	0429 662 004	daniel@gypsumsupplies.com.au
Hathway Farm Equipment	9666 2034	admin@hathwayfarm.com.au
Hazlett Corner Store	9666 2040	admin@hazlettcornerstore.com.au
Kalannie Agquip	9666 2179	admin@kalannieagquip.com.au
Kalannie Caravan Park	9666 2040	admin@hazlettcornerstore.com.au
Kalannie CRC	9666 2194	kalanniecrc@kalannie.com.au
Kalannie Contractors	9666 2033	kalcont@bigpond.com
Kochii Oil	9667 1021	hello@fasera.com
Kalannie Post Office	9666 2040	admin@hazlettcornerstore.com.au
Kalannie Seed Cleaners	9666 2075	info@seedcleaners.com.au
Kalannie Sporting & Recreation Club	9666 2032	ksrc@live.com.au
Wheatbelt Photography	0429 017 004	wheatbeltphotography@gmail.com
Wheatbelt Vet Service	Dalwallinu - 9661 1290 Wongan Hills - 9671 1108 After Hours - 0428 671 022 (emergencies only)	info@wheatbeltvet.com.au
Wheatbelt Podiatry	0459 580 005	wheatbeltpod@outlook.com

*Don't see your community group or business listed here? Please submit info (inc phone and email details) to kapers@kalannie.com.au so we can include it in the next edition.

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